# Outline

#### **Affirmative Clinical Practice**

Ethical responsibilities Clinical application of affirmative practice Work with clients across the lifespan Children Adolescents Emerging adults Older adults Elements of support for transition care

#### **Gender Identity and Diversity**

- Coming out Transition experiences (e.g., social, medical, and legal)
- Diagnosis
- Historical perspectives
- Current conceptions of gender diversity Challenges with keeping up with identity labels

#### **Challenges Faced by Gender Diverse** People

- Intersecting identities
- Discrimination and violence
- Clients seeking asylum
- Clinical concerns
- Trauma
- Depression
- Anxiety
- Substance abuse
- Suicidal ideation
- Family considerations Parenting
- Adoption Value of support
- Legal concerns

# **Interrogating One's Gender Beliefs**

Why is this important What is involved in this process How does a clinician integrate this information into their practice?

#### Practice Assessment

- What aspects of one's practice need to be assessed Simple ways to address practice short comings
- **Assessment with Gender Diverse**

## Clients

- Best practice for addressing clinical concerns with assessment
- How to complete assessments that require binary sex indicators
- The purpose of assessment in clinical practice with clients Challenges with personality assessments









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**KING OF PRUSSIA, PA** 

Monday March 16, 2020

**CHERRY HILL, NJ** 

Tuesday

March 17, 2020

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Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- **4:00** Program ends
- There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience: Counselors • Social Workers • Psychiatrists • Psychologists • Psychotherapists Case Managers • Marriage & Family Therapists • Occupational Therapists • Occupational Therapy Assistants Nurses • Addiction Counselors • Other Mental Health Professionals

# **Objectives**

- 1. Appraise the complexities that transgender clients face daily including physical, mental, and social discomfort and how to address these in clinical practice.
- 2. Develop a deep comprehension of the ways that a client's own identity can create a trusting, effective relationship, and how their identity can negatively affect the clinical relationship.
- 3. Apply concepts of affirmative clinical practice with gender diverse clients.
- 4. Appraise the various gender diverse identities and analyze the ways that intersecting identities create further challenges in daily life.
- 5. Assess your current clinical practice to determine how affirmative your practice is for gender diverse clients.
- 6. Create a transition timeline and goals with your client.
- 7. Prepare letters for clients seeking feminizing and masculinizing hormone therapy and gender confirmation surgeries.

# **Transgender & Gender Non-Binary (TGNB) Clients**

# **Clinical Issues and Treatment Strategies**



# **Transgender & Gender Non-Binary** (TGNB) Clients

- Unsure of the terminology to use with your TGNB client
- identities
- Questioning how to analyze transition readiness and write letters of support

# for you.

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# **Clinical Issues and Treatment Strategies**

## If you've ever been:

 Uncomfortable talking about their intersecting

Then this workshop is



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# **Transgender & Gender Non-Binary (TGNB) Clients**

Early in my career, I recognized that without training in affirmative practice, mental health providers are at risk of causing harm to their transgender and gender non-binary clients (TGNB). As a result, mistakes are frequently made by using outdated treatment strategies and having a lack of education of how to work with gender-diverse clients.

Today, I know that providing affirmative care practices are critical to ensure the safety of your TGNB clients. I will give you an insider's perspective and guide you step-by-step through navigating the challenges your clients face that are often overlooked by mainstream clinical approaches.

Join me for this must-attend workshop and I will show you the power of affirmative care for you and your clients to:

- Overcome the knowledge barrier
- Avoid outdated treatment plans
- Learn and differentiate correct terms such as gender gueer, gender fluid and cisgender
- Breakthrough strategies to help your client tell their partner, families, friends and employers
- · Gain tips to discuss hormone treatments and surgical procedures

Don't wait to have your next TGNB client educate you about their challenges and clinical concerns! Begin your journey now to start providing a safe place for all your clients to genuinely be themselves.

### Hope to see you soon! Susan Radzilowski, MSW, ACSW, LMSW

# Speaker

Susan Radzilowski, MSW, ACSW, LMSW, is a fully licensed clinical social worker with over 35 years of experience with children and adolescents. She is the parent of a transgender adult who began his gender transition in 2005. Having little support or reliable sources of information during her son's early days, Susan set out to help other parents and children navigate this transition. Susan is one of two co-founders of SE Michigan GLSEN. She also created and teaches a popular mini-course at the University of Michigan for Social Work Students on effective ways to help TGNB children and their families. Susan is the chair of the NASW-Michigan Chapter Ethics Committee (CEC), member of the National Association of Social Workers, member of Michigan Association for Infant Mental Health, and a member of the World Professional Association for Transgender Health. Susan is also on the faculty in the school of social work at the University of

#### Speaker Disclosures:

Michigan and at Wayne State University.

Financial: Susan Radzilowski has an employment relationship with Detroit Institute for Children. She is a faculty member at the University of Michigan; and Wayne State University. Ms. Radzilowski receives a speaking honorarium from PESI, Inc. Non-financial: Susan Radzilowski is a member of NASW – Michigan chapter; National Association of Social Workers; Michigan Association for Infant Mental Health; and World Professional Association for Transgender Health. Speaker is the parent of an adult who identifies as transgender.

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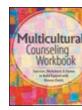
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LGBTQ+

YOUTH

By Leslie Korn, Ph.D., MPH, LMHC

Multicultural Counseling Workbook

Use this powerful tool to explore cultural communities, religion, spirituality, gender, sexuality and disabilities. You'll find unique activities to help you reflect on your own attitudes, prejudices, and develop new skills for working with and building rapport with diverse clients.

## LGBTQ+ Youth

A Guided Workbook to Support Sexual Orientation and Gender Identity

#### By Lee-Anne Gray, Psy.D.

The most comprehensive, practical and user-friendly workbook written specifically for clinicians and educators to engage and support lesbian, gay, transgender, bisexual and questioning youth.

Over 75 different concepts, worksheets, handouts and practices based in mindfulness, meditation and self-compassion that help children, adolescents and their caregivers.

#### **Live Seminar Continuing Education Credit Information**

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or lownload a certificate of completion if in full attendance. For those in partial a (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your uing education requirements and check for reciprocal approval. For other credit

inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed

professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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PENNSYLVANIA COUNSELORS: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at https://www.dos.pa.gov/ProfessionalLicensing/Boardons/. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completic you receive from the activity and contact your state board or organization to determine specific filing requ

PENNSYI VANIA MARRIAGE & FAMILY THERAPISTS: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a sionalLicensing/BoardsCommissions/. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

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OTSÉ d Provider of continuing education. Pro #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

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social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits, Course Level: Intermediate, Full attendance quired; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

NEW JERSEY SOCIAL WORKERS: Transgender & Gender Non-Binary (TGNB) Clients: Clinical Issues & Treatment Strategies, Course #2248, is approved by the Associatio of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by PESI, Inc. as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 03/06/2019 - 03/06/2021. Social workers completing this course receive 6.25 Clinical Practice continuing education credits. Full attendance is required; no partial credits will be offered for partial

PENNSYLVANIA SOCIAL WORKERS: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at https://www.dos.pa.gov/Pro ing/BoardsCommissions/. This Intermediate activity consists of 6.25 clock hours of uing education instruction

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# **REGISTRATION FORM** TRANSGENDER & GENDER NON-BINARY (TGNB) CLIENTS

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