

Outline

Executive Skills

- Underlying theory
- Executive skills in the context of brain function and child development
- Limitations of the research and potential risks

Assessment of Executive Skills

- Parent/teacher/student interviews
- Behavior rating scales
- Observations
- Informal assessment
- Formal assessment

Intervention Strategies

- Environmental modifications to reduce the impact of weak executive skills
- Teaching strategies to help children develop/improve executive functioning
- Using incentives to help practice or use skills that are difficult

Keys to Effective Intervention Design

- Match the child's developmental level
- Use the child's innate drive for mastery and control
- Begin with environmental modifications
- Effortful tasks and ways to make them less difficult
- Use incentives to augment instruction
- Provide the minimum support necessary

Apply supports and interventions until the child achieves mastery or success

Gradually fade supports, supervision and incentives

Coaching: An Effective Strategy for Building Executive Skills

- Description of 2-stage process
- Coaching with younger children
- Clinical case examples
- Research studies supporting the efficacy of coaching

Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (*on your own*)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



PESI Inc. is proud to offer this seminar (at these locations only) *free of charge* (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Objectives

- 1 Determine the neurological processes involved with executive skill development in both neurotypical children and those with executive dysfunction, such as ADHD.
- 2 Differentiate between a variety of formal and informal executive function assessments.
- 3 Develop environmental modifications to support weak executive skills at home and school.
- 4 Design student-centered interventions that target problem scenarios associated with executive skills deficits.
- 5 Utilize coaching methods that support executive skills development to improve school performance.
- 6 Construct effective protocols for teaching specific executive skills, including working memory, cognitive flexibility, and inhibitory control.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

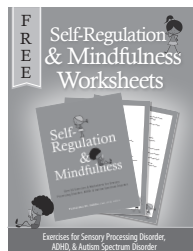
Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Kate Sample at ksample@pesi.com or call 715-855-5260.



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EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Smart but Scattered

Featuring
Peg Dawson, Ed.D., NCSP



WOBURN, MA
Tuesday, March 17, 2020

WALTHAM, MA
Wednesday, March 18, 2020

DEDHAM, MA
Thursday, March 19, 2020

EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Smart but Scattered

Effective Strategies to Boost Any Child's Ability to...

- Get organized
- Resist impulses
- Stay focused
- Use time wisely
- Plan ahead
- Manage emotions
- Persist with tasks
- Improve memory

Featuring
Peg Dawson, Ed.D., NCSP

- A leading expert in executive dysfunction assessment and intervention strategies
- Co-author of the best-selling books, *Executive Skills in Children and Adolescents*, 3rd Ed., *Smart but Scattered* and *Smart but Scattered Teens*

WOBURN, MA
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ADHD-CCSP
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Details Inside

Children who have deficient executive skills often have trouble getting started on tasks, get distracted easily, lose papers or assignments and forget to hand in homework. They make careless mistakes, put off work until the last minute and have no sense of time urgency. Workspaces are disorganized and teachers often refer to their backpacks or lockers as “black holes.” Often considered chronic underachievers, these children are at risk for academic failure as well as emotional and behavioral difficulties.

Dr. Dawson, co-author of the best-selling books *Executive Skills in Children and Adolescents*, 2nd Ed. (Guilford, 2010), *Smart but Scattered* (Guilford, 2009) and *Smart but Scattered Teens* (Guilford, 2013), uses case examples along with interactive discussion to demonstrate how the executive skills manifest in daily home and school activities. Learn how to assess these skills and take home evidence-based strategies to help children and adolescents overcome executive skills weaknesses.

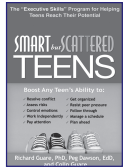
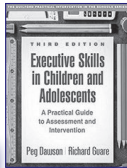
Leave this seminar with a set of tools that includes strategies for task/ environmental modifications, skill development through cognitive/behavioral techniques and creation of incentive systems. You will be able to give teachers and parents a means for developing and improving the following:

- Organization
- Time management
- Impulse control
- Goal-directed persistence
- Executive skills critical for independent functioning

Dr. Dawson developed a widely used assessment, and intervention strategies for executive skill deficits in children and adolescents.

EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Smart but Scattered



*SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Executive Skills in Children & Adolescents, 3rd Edition

By Peg Dawson, Ed.D., NCSPP, **Your Presenter** and Richard Guare, Ph.D., D-BCBA

Concise and practitioner friendly, this bestselling guide has helped put executive skills on the map for school-based clinicians and educators. The book explains how these critical cognitive processes develop and why they play such a key role in children's behavior and school performance. Provided are step-by-step guidelines and many practical tools to promote executive skill development by implementing environmental modifications, individualized instruction, coaching, and whole-class interventions. In a large-size format with convenient lay-flat binding, the book includes more than two dozen reproducible assessment tools, checklists, and planning sheets.

Smart but Scattered

By Peg Dawson, Ed.D., NCSPP, **Your Presenter** and Richard Guare, Ph.D., D-BCBA

Smart but Scattered provides ways to assess children's strengths and weaknesses and offers guidance on day-to-day issues like following instructions in the classroom, doing homework, completing chores, reducing performance anxiety, and staying cool under pressure. Small steps add up to big improvements, enabling these kids to build the skills they need to live up to their full potential. More than 40 reproducibles are included.

Smart But Scattered Teens

The “Executive Skills” Program for Helping Teens Reach Their Potential

By Peg Dawson, Ed.D., NCSPP, **Your Presenter**, Richard Guare, Ph.D., D-BCBA & Colin Guare

Many tens of thousands of parents have used the bestselling *Smart but Scattered* to teach young kids vital skills for living up to their potential. Now Drs. Richard Guare and Peg Dawson apply their groundbreaking approach to the unique challenges of adolescence. Despite high intelligence, teens with executive skills deficits can be frustratingly disorganized, distractible, forgetful, and moody—leaving worried parents torn between micromanaging and throwing up their hands. This positive guide gives parents step-by-step strategies for promoting teens’

independence by helping them get organized, stay focused, and control their impulses. Drs. Guare and Dawson—joined by Colin Guare, a young adult who has successfully faced these issues himself—present proven tools, vivid stories, and insightful tips for reducing parent-teen conflicts.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Massachusetts Counselors: Application for MaMHCA/MMCEP continuing education credits has been submitted. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77735.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Massachusetts School Personnel: This course may be applicable for 6.25 Professional Development Points toward your Professional Development Plan per the Massachusetts Department of Education recertification guidelines; check with your licensing authority for more information.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Massachusetts Marriage & Family Therapists: This course has been submitted for review for continuing education approval. Credit is pending.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.


Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists: This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

APPROVED PROVIDER

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL: SMART BUT SCATTERED

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☐ **DEDHAM, MA • March 19, 2020** (77735DED)

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3 Select Tuition

TUITION including seminar manual

\$219.99 – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
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☐ **\$249.99** standard

ADD-ON PRODUCTS — Save on Shipping! —Products Distributed at Seminar

☐ **\$42.00*** *Executive Skills in Children & Adolescents, 3rd Ed.* book (SAM010890)

☐ **\$17.95*** *Smart but Scattered* book (SAM041455)

☐ **\$17.95*** *Smart but Scattered Teens* book (SAM045350)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Select Payment Method

All registrations must be prepaid.

☐ Check enclosed payable to PESI, Inc.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students for details.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

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Smart but Scattered

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This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

Visit adhdcert.com for the full certification requirements.

TARGET AUDIENCE

Counselors • Social Workers • Psychologists • Psychotherapists • Addiction Counselors • Marriage and Family Therapists • Speech-Language Pathologists
Teachers • School Guidance Counselors • School Psychologists • School Social Workers • Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants • Case Managers • Nurses • School Administrators • Other Helping Professionals Who Work with Children

Questions?

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