Outline

Behavioral Overview

Etiology

Nature v. nurture

Hormones, neuropsychology, behaviorism Gender differences

"Eye of the beholder"

DSM-5® Updates

ADHD

Oppositional defiant disorder

Conduct disorder

Autism spectrum disorders

Bipolar disorder

Childhood anxiety and depression

Medication Interventions

Psycho-stimulants

Mood stabilizers

Anti-depressants/anti-anxiety

Atypical anti-psychotics

Illegal/illicit substances and treatment effects

Tools for Helping Behavior Problems

Quick Techniques to Manage Anger

Time in!

Restitution

The peace table & empathy building

Actor/observer

Standing 8 count

Art of compromise

...And many more!

Quick Techniques to Manage Depression

Cut-n-paste

The mirror effect

Inside movie

Types of journaling

...And many more!

Quick Techniques to Manage Anxiety

Ceiling fan breathing

Set the clock

Progressive relaxation

Top dog/underdog

...And many more!

Quick Techniques to Manage Autism/Asperger's

Facial expressions and social cues
Building a broader structure

The burrito

Island of Solace

...And many more!

Quick Techniques to Manage ADHD

Noise to the system

Anticipation

Therapeutic games

...And many more!

Techniques to Help the Client's World

Parents/Caregivers and Teachers/Schools

Intentional dialogue

The listening jar

Time out/quiet time

Token economies/response cost (and avoiding pitfalls)

The good behavior game

Manage Therapist Frustration

Limitations of Research and Potential Risks

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

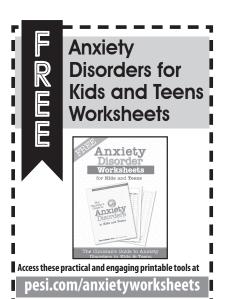
A more detailed schedule is available upon request.

Questions?

Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

Objectives

- 1. Utilize effective, clinical techniques for the treatment of behavior disorders in children.
- 2. Develop specific behavioral interventions that address the developmental stage of the child and adolescent.
- 3. Appraise the efficacy of biologically-based interventions to address behavioral and emotional disorders in children.
- 4. Analyze clinical manifestations among anxiety disorders, ADHD, mood disorders, ODD and Conduct Disorder as it relates to diagnosis.
- 5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- 6. Analyze the diagnostic symptoms of behavioral/emotional disorders in children and adolescents and establish how this informs your choice of intervention strategies.



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EMOTIONAL AND BEHAVIORAL PROBLEMS

Over 2/3 of seminar contains teachable and proven behavior-changing techniques

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Monday June 15, 2020

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Tuesday June 16, 2020

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Featuring

Steven T. Olivas, Ph.D., HSP

Nationally-renowned speaker, behavior consultant & author

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OVER 75 QUICK, "ON-THE-SPOT" TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBL

Leaving nothing to the abstract, "75 Quick, 'On-the-Spot' Techniques for Children and Adolescents with Emotional and Behavioral Problems" will guide you through focused, clear and successful methods for treating children. Every professional who seeks to fill their toolbox with tested methods will leave this seminar with a wealth of fresh ideas and rejuvenated spirits.

If you do not have a lot of experience working with children and teens, you will leave with a defined strategy for success. If you are a seasoned professional, you will learn new tricks and techniques to re-energize and revitalize your practice!

With nearly 25 years of clinical experience and a background in improvisational comedy, Dr. Steve is a strong proponent of "Edu-tainment." Namely, he uses charm, wit and humor to enhance your seminar experience, thus improving the retention and utilization of the specific skills covered. We change the world when we touch a child's life!

Speaker

Steven T. Olivas, Ph.D., HSP, nationally renowned speaker, author and behavior consultant, is a licensed psychologist in private practice in Middle Tennessee. He began his practice career in 1991 when ADHD was exploding onto the scene and has enjoyed working with the energy and spontaneous creativity of children ever since. Throughout his career, he has taught courses at nine colleges and universities, been a national public speaker, a regular columnist for a local newspaper and co-host of a popular radio show. He is the author of the book When Good Kids Go Bad: Effective Solutions for Problem Behaviors and the acclaimed book Bad Kids...or Bad Behavior?

For nearly 25 years, he has been helping clinicians, school systems and parents around the country understand and manage the kids and teens most likely to act out in impulsive and aggressive manners.

Financial: Steven T. Olivas is an author for Premier Publishing & Media and receives royalty payments. He is an author for Author's Corner Publishing and receives royalty payments. He is a speaker who receives an honorarium for PESI, Inc. Non-financial: Steven T. Olivas has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a selfstudy package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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When Good Kids Go Bad: Effective Solutions for Problem Behaviors By Steven T. Olivas, Ph.D., HSP

Presenter!

Informative, artful, and fun, When Good Kids Go Bad takes readers inside the minds of our troubled kids and teens. Whether they are mildly irritating or well out of control, readers will leave armed with a broad range of proven techniques to curb negative behaviors and encourage positive ones. Therapists, parents, teachers, and all professionals interacting with these kids will have their questions answered and be given clear instructions on how to begin the road to behavioral and



Creative Interventions for Challenging Children & Adolescents

186 Techniques, Activities, Worksheets & Communication Tips To Change Behaviors

By Susan P. Epstein, LCSW, Parent Coach

Working on behavioral changes can be fun and successful for children and teens – if you have the right tools and approach. Experienced therapist and sought-after parent coach Susan Epstein brings her signature style of innovation and fun in her latest book, providing proven and ready-to-use ideas to improve behaviors.

- Target Audience -

Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children

BECOME CERTIFIED!



This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP)

Visit adhdcert.com for the full certification requirements



PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.

Live Seminar Continuing Education Credit Information _

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance for engletion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit vauilability, please contact epesiepesi.com or 800-844-8200 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible wing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's star PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Virginia Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Educators/Teachers: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's ssion on Accreditation

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider



of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA, Course

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance

APPROVED PROVIDER

PESI, Inc. is approved by s the Continuing Education Board of the American Speech-Language-Hearing CONTINUING Association (ASHA) to provide EDUCATION continuing education activities and audiology. See course

information for number of ASHA CEUs, instructional level and content **area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for <u>.6</u> ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit, PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

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ADA NEEDS

☐ Home ☐ Work

SAME DAY REGISTRATION

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- \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
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QUESTIONS

OTHER WAYS TO REGISTER

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