

Outline

Behaviors that Make Us Crazy

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Disorders

- Oppositional Defiant Disorder
- ADHD
- Mood disorders
- Anxiety disorders
- Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

- Fear-based (Fight, Flight, Freeze or Submit)
- Escape
- Attention
- Sensory
- Pain
- Control

Mental Health Disorder or Behavior Problem

- The power of skilled observations
- The interview
- Comparison to the group
- The FBA-Incredibly powerful assessment tool
- The art of choosing a diagnosis (if you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive

- Behavior plans
- Motivational incentives
- Set the stage for success
- Remember the initial goal
- Appropriately address the functions of the behavior

Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Questions Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Reactive

- Corrective measures
- It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

- ODD
- ADHD
- Mood disorders
- Anxiety disorders
- Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

- Asperger's disorder
- Divorce, separation
- Abuse and neglect
- Parent misbehavior
- Foster care

Live Seminar Schedule

- 7:30 Registration/Morning Coffee & Tea
- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.


FREE Worksheets

Self-Regulation & Mindfulness

FREE

Self-Regulation & Mindfulness Worksheets

Exercises for Sensory Processing Disorder, ADHD, & Autism Spectrum Disorder



www.pesi.com/selfregulationws

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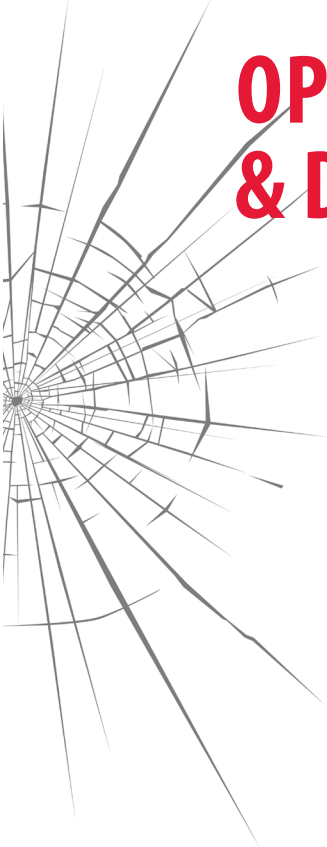
- Cost Effective for Groups
- Customizable
- Flexible

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

LISLE, IL

Monday, March 2, 2020

OAK PARK, IL

Tuesday, March 3, 2020

ARLINGTON HEIGHTS, IL

Wednesday, March 4, 2020



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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids

LISLE, IL

Monday, March 2, 2020

OAK PARK, IL

Tuesday, March 3, 2020

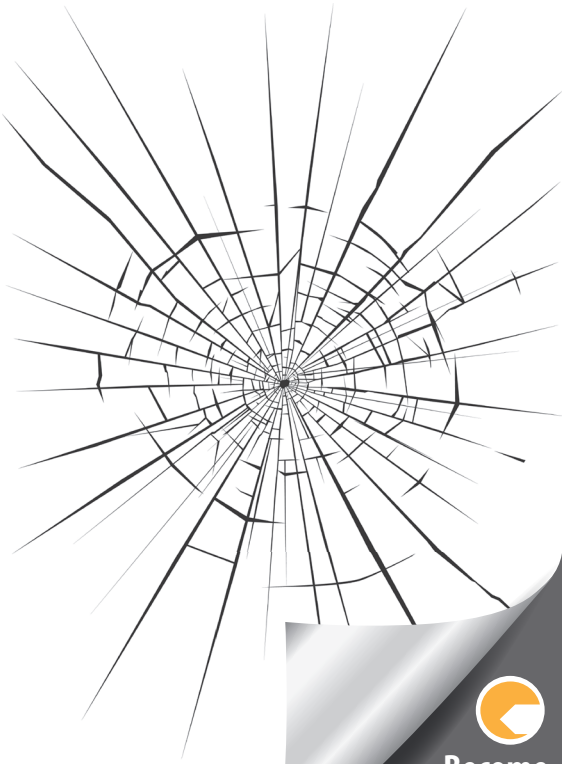
ARLINGTON HEIGHTS, IL

Wednesday, March 4, 2020



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Become
ADHD-CCSP
Certified!
Details Inside

OPPOSITIONAL, DEFIANT
& DISRUPTIVE CHILDREN
AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger’s, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients’ most challenging behaviors including:

- Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

You will walk away with immediate strategies for out of control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Jennifer Wilke-Deaton is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Jennifer Wilke-Deaton, M.A., L.P.A., is a licensed behavioral health therapist in a private practice setting in Richmond, KY. Jen has more than 21 years of experience working with crisis management, psychological testing, inpatient/outpatient treatment, groups, families, and the court system. A tireless and passionate advocate for children and families, she developed a parent training program recognized by the Governor’s Commission for the Treatment of Families and Kentucky’s Child Protective Services. Jen helped create a regional children’s crisis stabilization unit, children’s advocacy center, and an intensive after-school program for behaviorally-challenged youth. She has published the *Creative Parenting Handbook, CD Awareness In Focus: Modern Guided Imagery Techniques for Immediate Practice, Awareness in Focus By Kids For Kids: Modern Guided Imagery Activities for Immediate Practice*, and *The Mandala Workbook: Activities Across the Lifespan*.

In addition to delivering her nationally recognized training programs for PESI and keynote presentations, Jen regularly speaks on mental health issues and child abuse for Morehead State University, Eastern Kentucky University, and National Public Radio; as well as psychological evaluations for the Department of Disability Determinations and the Office of Vocational Rehabilitation. Jennifer consults regularly for private/state foster care organizations, social services, schools, psychiatric hospitals, Head Start programs, in-home therapy programs, disability determinations, and case management services. Her specialties are in the areas of child abuse, PTSD, DBT, behavioral disorders, anxiety, autistic spectrum, and attachment. Jen shares time-tested, real approaches from the trenches, using humor, energy and passion for an engaging and effortless day of practical learning.

Speaker Disclosures:
Financial: Jennifer Wilke-Deaton has an employment relationship with Hundley Psychological Services. She has developed audio products for Media Integrated Applied Psychology, LLC. and receives royalties. She is an author for Premier Publishing and Media and receives royalties. She is a compensated speaker for Morehead State University, Eastern Kentucky University, and National Public Radio. She receives a speaking honorarium from PESI, Inc.
Non-financial: Jennifer Wilke-Deaton has no relevant non-financial relationship to disclose.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at msullivan@pesi.com or call 715-855-8226.



PESI Inc. is proud to offer this seminar (at these locations only) *free of charge* (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Parenting Better Children: An 8 Week Skills Training Guide To Reach, Teach & Empower

By Jennifer Wilke-Deaton, MA, LPA **Seminar presenter!**

Parenting Better Children is an all-in-one package to manage behavior before it becomes clinically significant. Author Jennifer Wilke-Deaton has gone back to the basics and provides a fresh start to develop a new set of building blocks, detailing an 8-week course that includes straightforward teaching methods, outlines and handouts for skills training, and troubleshooting solutions.

The Challenging Child Toolbox: 75 Mindfulness-Based Practices, Tools and Tips for Therapists

By Mitch R Abblett, Ph.D.

Working with resistant, oppositional, emotionally dysregulated, and angry kids can be exhausting, frustrating and leave clinicians feeling burnt out. Dr. Mitch Abblett has created the remedy-with a new guide that will take you step-by-step through mindfulness-based principles, pointers and best practices to ease your work and dramatically improve the lives of kids and their families.

Target Audience Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children

This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

Visit adhdcert.com for the full certification requirements.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Illinois Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Illinois Educators: 6.0 ISBE Professional Development (PD) Clock Hours will be made available through Quincy University.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Illinois Marriage & Family Therapists: PESI, Inc. has been approved as a provider of continuing education by the State of Illinois, Department of Professional Regulation. Provider #: 168-000156. Full attendance at this course qualifies for 6.0 credits.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Illinois Psychologists: PESI, Inc is an approved provider with the State of Illinois, Department of Professional Regulation. License #: 268.000102. Full attendance at this course qualifies for 6.0 contact hours.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

APPROVED PROVIDER

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AMERICAN SPEECH-LANGUAGE HEARING ASSOCIATION

information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Illinois Social Workers: PESI, Inc is an approved provider with the State of Illinois, Department of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for 6.0 contact hours.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

ACE
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By The American Speech-Language-Hearing Association Inc.

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1

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2

Select Location

(make copy for your records)

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☐ OAK PARK, IL • March 3, 2020 (77724OPR)
The Carleton of Oak Park
1110 Pleasant St • 60302 • (708) 848-5000

☐ ARLINGTON HEIGHTS, IL • March 4, 2020 (77724ALH)
DoubleTree Hotel Chicago Arlington Heights
75 West Algonquin Rd • 60005 • (847) 364-7600

3

Select Tuition

TUITION including seminar manual

\$219.99 – choose one of the options below:
☐ per person for 2 or more preregistering together —OR—
☐ single registration postmarked 3 weeks prior to seminar date

☐ \$249.99 standard

☐ \$20.00 IL ISBE Certificate Processing Fee
For more information on this fee contact cepesi@pesi.com

ADD-ON PRODUCTS — Save on Shipping! — Products Distributed at Seminar

☐ \$24.99* Parenting Better Children book (PUB083185)
☐ \$29.99* The Challenging Child Toolbox book (PUB085715)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4

Select Payment Method

All registrations must be prepaid.

☐ Check enclosed payable to PESI, Inc.
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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students for details.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

OTHER WAYS TO REGISTER

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Eau Claire, WI 54702-1000
Phone: 800-844-8260
Online: pesi.com/express/77724

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Oppositional, Defiant & Disruptive Children and Adolescents:
Non-medication Approaches to the Most Challenging Behaviors

Online Digital Seminar*
\$219.99 (POS062135) (Email required)

Seminar on DVD**
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