

Outline

DAY ONE:

Brain Topography, Function, and "Normal Aging"

Temporal Lobe
Frontal Lobe
Parietal Lobe
Occipital Lobe
Impact of dementia on brain structure and functioning
How we view the patient - compassion and sensitivity in your work

Cognitive Disorder and "Forgetfulness"

"Normal aging" and ageism
Transient Cognitive Decline
Pre-cursor to dementia
Mild Neuro-Cognitive Disorder

Clearly Understand Diagnoses for Alzheimer's Disease and Differentiate it from Other Dementias

Alzheimer's
Vascular
Parkinson's
Lewy Body
Frontotemporal
Potentially reversible conditions
Wernicke-Korsakoff

Easy-to-Use Cognitive Assessment Tools

Mini-Mental State Examination
SLUMS
Clinical applications
Administration and scoring
Objective and subjective interpretation

The Latest Medications and Preventative Treatments

Current medications
Early and mid-stage Alzheimer's
Mid and late-stage Alzheimer's
Preventative treatments
Alternate interventions

DAY TWO:

Mental Health Evaluation

Depression
Major depression
Persistent depressive disorder
Adjustment disorder
Grief
Anxiety
Schizophrenia
Bipolar disorder
Alcohol abuse
Differentiate dementia and depression
Practical applications

Mental Health Interventions

Therapy modalities
Cognitive-Behavioral Therapy
Music therapy
Art therapy
Pet therapy
Garden therapy

Difficult Behaviors Related to Dementia: Triggers and Effective Intervention Techniques

Goals and general concepts
Individualizing care - strengths and limitations
Depression
Delusions and hallucinations
Potential causes and complications
Agitation/restlessness - triggers and care planning
Activities of daily living - structure and engagement strategies
Tactics for verbal and physical combativeness
Elopement - reduce risks and action steps
Adapting as the disease progresses

Working with Caregivers: Family as Members of the Care Team

The most common questions from family
Family dynamics
Normalizing change
Anticipatory grief counselling

Caregiver self-assessment scale
Caregiver stress, depression and guilt -- coping mechanisms
Coping for the clinician

Ethics

End of life issues
Responsibility to patient
Reporting abuse
Power of Attorney
Documentation

Live Course & Webcast Schedule

Times Listed in Pacific - both days

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience:

Social Workers • Nurses • Speech-Language Pathologists
Psychologists • Counselors • Nursing Home Administrators
Assisted Living Facility Administrators • Case Managers
Marriage and Family Therapists • Physical Therapists
Long Term/Acute Care Professionals
Occupational Therapists

Questions?

Visit our FAQ page at www.pesi.com/faq
or contact us at www.pesi.com/info

Objectives

1. Assess the impact of dementia on brain structure and function.
2. Determine the difference between "normal forgetfulness" and cognitive impairment.
3. Discriminate Alzheimer's Disease from other dementias by identifying manifestations of each type.
4. Articulate the differences between the Folstein Mini-Mental Status examination, SLUMS and MOCA as screening measuring tools for cognitive impairment and dementia.
5. Communicate how difficult questions from family members can be answered with confidence and sensitivity.
6. Establish how clinicians can effectively intervene in delusions, resisting care and combativeness.
7. Articulate how clinical interventions can be adapted to provide patients with individualized care and promote more effective participation in therapy.
8. Correlate patients' strengths and limitations to potential therapeutic approaches for older adults.
9. Specify how professionals can work in partnership with families to improve care.
10. Investigate the concept of caregiver guilt and its implications for the client, clinicians, and those caring for older adults with dementia.
11. Explore how end of life and elder abuse issues inform decisions regarding patient responsibility and documentation.
12. Characterize how to differentiate dementia from depression despite similar clinical manifestations.

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The Aging Brain & Alzheimer's Disease, & Other Dementias

2-Day Comprehensive Training Course

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Monday & Tuesday
February 3 & 4, 2020

Oakland, CA

Wednesday & Thursday
February 5 & 6, 2020

**Live
Video Webcast**

Wednesday & Thursday
February 5 & 6, 2020

The Aging Brain

& Alzheimer's Disease, & Other Dementias

2-Day Comprehensive Training Course

- Easy-to-use tools to assess for cognitive difficulties
- Effective interventions for difficult behaviors
- Overcome communication issues that can obstruct quality care
- Identify and reduce safety risks

A PESI
Best
Seller!

Sacramento, CA

Monday & Tuesday
February 3 & 4, 2020

Oakland, CA

Wednesday & Thursday
February 5 & 6, 2020

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The Aging Brain: Alzheimer's Disease, and Other Dementias: 2-Day Comprehensive Training Course

Older adults with dementia and other mental health issues interact with a variety of professionals including nursing staff, psychologists, counselors, social workers, OTs, PTs, SLPs, home health aides, adult day center staff, and first responders. Still, many haven't had extensive training on the complexities that make working with this population so challenging.

Without appropriate training, safety risks grow and opportunities to improve care and quality of life are missed.

This 2-Day comprehensive course is a must-have for anyone working with older adult patients facing Alzheimer's Disease, other dementias, and mental health issues like anxiety and depression. Over two intensive days you'll discover how you can assess for and differentiate between different types of dementias, maximize daily functioning, better work with significant mental health issues like anxiety, depression and substance use in older patients, and safely and effectively intervene when difficult behaviors arise.

No matter your profession, you can't afford to miss this chance to get the skills, tactics and knowledge you need to provide the best care possible!

Sign up today!

Here's What Attendees Are Saying About This Program

"I would recommend this course to anyone who works with older people."

"Probably the best CE program that I have attended."

"Extremely informative and well done. I couldn't possibly think of any way to improve it further."

"Held the audience's interest with every word."

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on February 5 & 6, 2020, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$79.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/77543

Speaker

ROY D. STEINBERG, PhD, a geropsychologist with over 22 years of experience, concentrates his work on diagnosing and facilitating treatment of individuals with Alzheimer's disease and other forms of dementia. He has lectured nationally on the assessment and treatment of individuals with Alzheimer's disease, and on increasing attention on caring for caregivers. Dr. Steinberg is the author of *Forgetting the Memories: A Caregiver's Journey Through Alzheimer's Disease* a guide for caregivers that draws upon his profound knowledge of the disease, its manifestations and treatment, and his great love and tenderness as the son of an Alzheimer's patient.

Dr. Steinberg maintains a private practice devoted exclusively to serving older adults and their caregivers. He provides evaluation, consultation, and psychotherapeutic services to older adults in nursing homes, assisted living, and medical facilities. Dr. Steinberg provides outpatient consultation, educational, and counseling services to families and other caregivers of older adults to facilitate coping with the process of dementia.

Dr. Steinberg is licensed in New Jersey, Pennsylvania, New York, and California. He received his PhD from the California School of Professional Psychology at Berkeley. He has been featured in numerous media venues, including television, radio, and print.

Speaker Disclosure:

Financial: Roy Steinberg maintains a private practice. He is an author for AuthorHouse. He receives a speaking honorarium from PESI, Inc.

Non-financial: Roy Steinberg has no relevant non-financial relationship to disclose.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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If you are interested in becoming a speaker or have a new topic idea, please contact **Ryan Bartholomew at rbartholomew@pesi.com** or call **715-855-8225**.

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Mindful Aging

Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

By **Andrea Brandt, PhD, MFT**

The acclaimed Mindful Aging is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt's psychological insight, you'll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.



Anti-Burnout Card Deck

54 Mindfulness and Compassion Practices To Refresh Your Clinical Work

By **Laura Warren, MD, Mitch R. Abblett, Ph.D., Christopher Willard, Psy.D.**

Stay attuned and empathic towards even the most challenging clients. The Anti-Burnout Card Deck will help you let go of emotional residue and countertransference between sessions, and finish each day with a sense of satisfaction.

Live Course Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

California Counselors: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This intermediate level activity consists of 12.0 clock hours of continuing education instruction.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

California Marriage & Family Therapists: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This intermediate level activity consists of 12.5 clock hours of continuing education instruction.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

California Nurses: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 17118 for 12.5 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance.

Pharmacology Nurse Practitioners: This program offers 165 instructional minutes of pharmacology content which is designed to qualify for 2.75 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Nursing Home Administrators: This educational offering has been reviewed by the National Continuing Education Review Service (NCEERS) of the National Association of Long Term Care Administrator Boards (NALB) and approved for 12.5 clock hours and 12.5 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 12.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

California Physical Therapists & Physical Therapist Assistants: PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers. This lecture qualifies for 12.5 continuing competency hours.

Psychologists: This activity consists of 12.5 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

California Psychologists: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES1010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 12.5 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

California Speech-Language Pathologists and Audiologists: PESI, Inc. is an approved provider with the California Speech-Language Pathology and Audiology Board, #PDP 319. This course meets the qualifications for 12.5 hours of continuing professional development credit for Speech-Language Pathologists or Audiologists, as required by the California Speech-Language Pathology and Audiology Board.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

California Social Workers: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This intermediate level activity consists of 12.0 clock hours of continuing education instruction.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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\$439.99 – per person for both days (postmarked 3 wks prior to event)

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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

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Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students for details.

QUESTIONS

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