

— 2-DAY COMPREHENSIVE COURSE —

ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment

Attend this 2-day certificate course in Animal-Assisted Therapy (AAT) and learn a practical framework that facilitates incorporating evidence-based AAT into your current treatment methodology. You will receive specific, practical examples of how to implement AAT to greatly improve treatment outcomes for children, adolescents, adults, and geriatric client outcomes in a surprisingly broad range of areas, including:

- Reduce stress and anxiety and lower blood pressure
- Lessen symptoms of depression and loneliness
- Enhance mindfulness and attachment
- Lessen the effects of trauma and PTSD
- Improve human-to-human social functioning
- Help people suffering from agoraphobia
- Improve sensory recognition in people recovering from a stroke
- Help individuals with learning disabilities and speech and language deficits
- Improve Activities of Daily Living (ADLs)
- Assist addicts to remain clean and sober
- Increase feelings of acceptance and belonging
- And more!

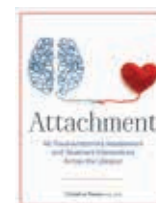
You will receive resources to help you immediately implement your own AAT program, including how to select a therapy animal, tools to assess for the animal's temperament, limitations and stress levels, and how to include AAT on a treatment plan and document it in the progress notes. Learn the latest research outcomes, solid neuroscience about the human-animal emotional bond and information about relevant laws.

AAT improves treatment outcomes in a wide variety of fields, including mental health, speech and language pathology, occupational therapy, physical therapy, education and medical.

Objectives

- 1 Utilize the KADRA Model to incorporate animals in your current treatment to improve clinical outcomes.
- 2 Summarize the role of animals in enhancing mindfulness in humans to help reduce symptomology.
- 3 Explain the difference between a therapy animal and a service animal as it relates to clinical treatment.
- 4 Describe the difference between the roles of the animal handler and the treatment provider in a therapeutic setting.
- 5 Summarize the research related to clinical outcomes of Animal-Assisted Therapy as it relates to assessment and treatment planning.
- 6 Implement Animal-Assisted Therapy (AAT) interventions to reduce symptoms of trauma, stress, anxiety and depression in clients.
- 7 Develop AAT interventions to treat deficits and disabilities related to speech-language pathology, occupational therapy and physical therapy.
- 8 Construct a comprehensive treatment plan that incorporates AAT interventions to improve clinical outcomes.
- 9 Differentiate between the major federal laws that impact AAT to inform clinical treatment.
- 10 Articulate the definition of Animal-Assisted Therapy and how it differs from other animal-assisted interventions.
- 11 Implement three different types of AAT that are included in the KADRA Model.
- 12 Present specific attributes and characteristics to identify when choosing a suitable therapy animal for AAT.

***SAVE by including these products with your conference registration!**



Attachment

60 Trauma-Informed Assessment and Treatment Interventions Across the Lifespan

By Christina May Reese, LCPC, PhD

Attachment is the way that we connect to each other. Without attachment, people feel alone to deal with challenges they face, which leads to distress, dysfunction and mental health disorders. Improve your client's relationships by teaching them **strategies to feel more connected, reestablish trust, and restore positive emotions**. Dr. Christina Reese, a recognized attachment and trauma professional, has created a comprehensive guide that explains attachment over a lifetime, and offers trauma-informed approaches to treat attachment at any age.



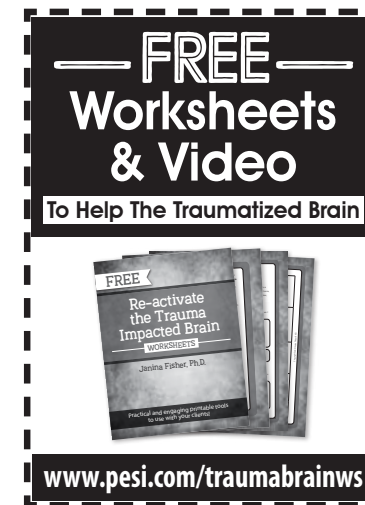
Mindfulness & Nature-Based Therapeutic Techniques for Children

Creative Activities for Emotion Regulation, Resilience and Connectedness

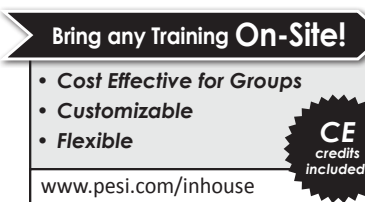
By Cheryl Fisher, PhD, NCC, LCPC

Whether you're in the therapy office, a classroom, in the city, or the countryside, using nature-based activities with children is always possible, and incredibly therapeutic. By integrating these activities with mindfulness, therapists and educators can harness the power of both treatments, and help children become calm, alert and happier human beings. *Mindfulness and Nature-Based Therapeutic Techniques for Children* provides evidence-based, practical, accessible and FUN activities.

More info and resources at www.pesi.com/bookstore



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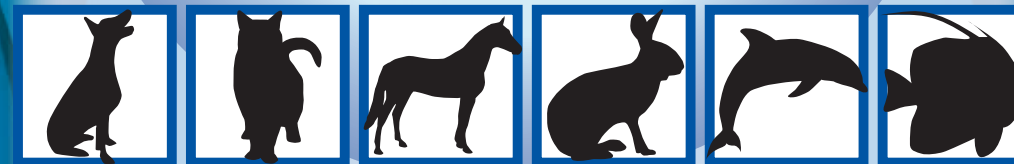


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Eau Claire, WI 54702
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— 2-DAY COMPREHENSIVE COURSE —

ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment



Nashville, TN

Thursday & Friday, February 20 & 21, 2020

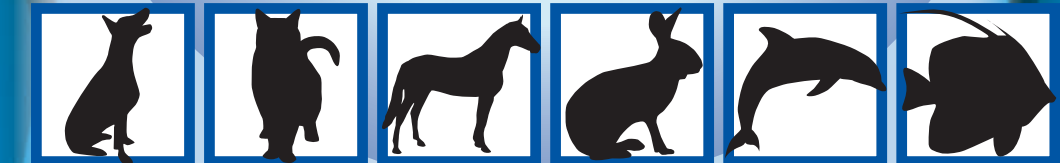


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— 2-DAY COMPREHENSIVE COURSE —

ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment



Harness the Power of the Human-Animal Bond for Treatment of:

- Anxiety, depression and other mental health disorders
- Trauma and attachment issues
- Autism Spectrum Disorder and Sensory Processing Disorder
- ADHD and learning disabilities
- Fine and gross motor skills deficits
- Language and literacy concerns
- Stroke and other geriatric issues
- Activities of Daily Living (ADLs)
- And more!

Nashville, TN

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Outline

A Framework to Harness the Power of the Human-Animal Bond in Treatment

The KADRA Model of Animal-Assisted Interventions
Incorporate AAT with other evidence-based therapies
The major categories of AAT

Mindfulness of Animals - Help Humans Thrive Not Just Survive

The neuroscience of the human-animal emotional bond
Why zebras don't get ulcers
How animals help us overcome trauma

The Incredible Range of Therapeutic Benefits in Animal-Assisted Therapy (AAT)

Evidence-based research and outcomes
Therapy animals, service animals and emotional support animals
Disorders that respond well to AAT
Enhance the therapeutic relationship
Limitations and potentials risks

“The relationship between a therapy animal and a patient extends far deeper than simple companionship; there are physical, emotional, and mental benefits to this type of treatment.”
—Jackie Pavelski, NHA

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Cyndi Postlewaite at cpostlewaite@pesi.com or call 715-855-5253.



PRACTICAL APPLICATION OF THE KADRA MODEL

Treatment Planning and Goals

How to include AAT on a treatment plan
How to document AAT in progress notes
What you need to know about billing
Considerations for closure
Interaction techniques for client and animal

Practical Examples/Case Studies of AAT for:

Mental, Emotional and Behavioral Disorders

Trauma and PTSD
Anxiety and depression
Attachment
Conduct Disorders
Autistic Spectrum Disorder
ADHD
Social-emotional regulation
Loneliness and self-esteem

Speech-Language and Learning Disabilities

Dyslexia
Language and literacy
Vocabulary improvement
Increase verbal interactions and communication

Physical and Occupational Issues

Fine and gross motor skills
Standing balance
Stroke and geriatric issues
Sensory processing
Activities of Daily Living (ADLs)

Start Your Own Animal-Assisted Program

How to choose your therapy animal:
Qualifications and characteristics
Common and less common animal species involved in treatment
Dog training basics
Protocol for introducing animal and client
Organizations and resources



Meet Your Speaker

Jonathan Jordan, MSW, LCSW, ACSW, is a renowned licensed psychotherapist and clinical supervisor who has a love for both animals and neuroscience. For decades, he has combined these two loves by incorporating animal-assisted interventions into his brain-based professional practice. Over the years Jonathan has trained several of his own dogs to be successful therapy animals. Not only does he integrate his therapy dogs into his own practice, Jonathan also works closely

with a variety of other medical and mental health professionals to engage his therapy animals in their respective treatment modalities. He has co-developed a unique and evidence-based approach to animal-assisted intervention, the KADRA Model, which engages animals to enhance mindfulness in humans. Jonathan is a long-time member of the prestigious Society for Neuroscience and is a charter member of the Society for Social Neuroscience. Thus, he has extensive knowledge of both human and animal neuroscience research.

Jonathan is an international speaker and author on the topic of animal-assisted interventions motivating others to harness the power of the human-animal bond. He has trained thousands of professionals in his unique synthesis of East-West brain-based practices and AAT. Jonathan is currently writing a book about animal-assisted interventions that explains the incredible range of therapeutic benefits that come from the human-animal emotional bond. He serves as a faculty fellow of Florida State University and was engaged by the United States Senate to deliver brain-based professional development workshops to the entire Senate Staff on Capitol Hill in Washington, DC.

Speaker Disclosures:
Financial: Jonathan Jordan is the President and part owner of Global Change Management, Inc. He is a financial donor to Pet Partners; and Canine Companions for Independence. Mr. Jordan receives a speaking honorarium from PESI, Inc.
Non-financial: Jonathan Jordan is a member of the National Association of Social Workers; Society for Neuroscience; and Society for Social Neuroscience.

The Legal Landscape

Major federal laws that impact animal-assisted interventions
Client rights and when not to involve an animal
Informed consent

Live Conference Schedule (Both Days)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Questions?

Visit our FAQ page at www.pesi.com/faq
or contact us at www.pesi.com/info

Live Conference Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Kentucky Counselors: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77193.

Tennessee Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 12.5 clock hours in length.

Kentucky Educators: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77193.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Kentucky Marriage & Family Therapists: This course has been submitted to the Kentucky Board of Licensure of Marriage & Family Therapists for review.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

Nursing Home Administrators: This program has been submitted (but not yet approved) for 12.5 continuing education clock hours and 12.5 participant hours from NAB/NCERS. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77193.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 12.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Kentucky Physical Therapists & Physical Therapist Assistants: This course has been submitted to the Kentucky Physical Therapy Association for review.

Tennessee Physical Therapists & Physical Therapist Assistants: This course has been submitted to the Tennessee Physical Therapy Association for review. Credit is pending. Please contact our customer service department for the most current information.

Kentucky Psychologists: PESI, Inc. is approved by the Kentucky Board of Examiners of Psychology to offer continuing education for psychologists. PESI maintains responsibility for this program and its content. This activity will qualify for 12.5 contact hours.

Tennessee Psychologists: This course is designed to meet Type II CE of the Tennessee Board of Examiners of Psychology. The Board accepts approvals by any recognized national credentialing body. Please retain all documents to provide to your board should this be requested of you. This activity consists of 12.5 clock hours of continuing education instruction.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 1.25 ASHA CEUs (intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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Conference Target Audience:

Social Workers • Counselors • Psychologists • Occupational Therapists • Physical Therapists
Speech-Language Pathologists • Educators • School-Based Personnel • Activity Directors
Addiction Professionals • Marriage & Family Therapists • Nurses • Nursing Home Administrators

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**



REGISTRATION FORM

2-DAY COMPREHENSIVE COURSE IN ANIMAL-ASSISTED THERAPY:
A PRACTICAL MODEL TO INCORPORATE ANIMALS IN YOUR CURRENT TREATMENT

SAVE TIME! Express Register Online: pesi.com/express/77193

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3

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