## **OUTLINE**

# Uncover Misbehavior's Hidden Motives

The 5 "needs" that drive all misbehavior 15 maladaptive ways teens guard against feeling hurt

14 keys to stop misbehavior

### **Use High-Impact Interviewing**

Respond effectively to "I don't know," "It's not my fault," and "I don't care" 10 dynamite probes to unearth hidden motives

Reduce defensiveness and build trust

# Improve Social Skills and Self-control

Bolster temptation resistance Sharpen decision-making and problemsolving

Upgrade apology skills
Impart healthy handling of anger

# Resolve Attention-seeking and Power-displaying behavior

Effective strategies for "You can't make me!" 16 techniques for the bossy teen 10 tools for "notice me more"

### **Resolve Malicious Misbehavior**

Teach important insights about revenge Prevent bullying and threats Decrease vandalism

9 answers for the "look tough, act tough" teen

# Resolve Irresponsible and Self-destructive Misbehavior

30 answers for "I can't do it" cop-outs Rebuild self-confidence Strengthen stress coping skills

### Adapt Your Intervention to Each Client

Recognize the limitations of every approach The client's unique perspective is pivotal Determine how the child perceives the world/people/self

Interpret the child's actions as an attempt to express autonomy and belonging

### **Help Teachers and Parents**

Stay out of "ignore-nag-yell-punish" cycles Develop conscience without punishing or attacking

Refine empathy skills

Sidestep power struggles

Improve cooperation with chores and routines Reduce sibling rivalry and improve family dynamics

### **Live Seminar Schedule**

7:30 Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

# **OBJECTIVES**

- 1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
- 2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
- 3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
- 4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
- 5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
- 6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.* 

**Target Audience:** Psychologists • Social Workers • Counselors • Occupational Therapists • Speech-Language Pathologists Psychiatrists • Educators • Probation Officers and Other Helping Professional who work with children



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# OPPOSITIONAL, AGGRESSIVE, ATTENTION-SEEKING & UNCOOPERATIVE

# **Children, Teens and Young Adults**

High-Impact Strategies to Reduce Chronic Misbehavior

## **Traverse City, MI**

Wednesday February 19, 2020

## **Grand Rapids, MI**

Thursday February 20, 2020

## Kalamazoo, MI

Friday February 21, 2020

# OPPOSITIONAL, AGGRESSIVE, ATTENTION-SEEKING & UNCOOPERATIVE

# **Children, Teens and Young Adults**

High-Impact Strategies to Reduce
Chronic Misbehavior

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

## **Traverse City, MI**

Wednesday February 19, 2020

## **Grand Rapids, MI**

Thursday February 20, 2020

## Kalamazoo, MI

y Friday 2020 February 21, 2020



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A Non-Profit Organization serving the educational needs of mental health professionals since 197

REGISTER NOW: pesi.com/express/77077

This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- · Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and
- · Engage in property destruction, fire-setting, vandalism
- Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- Snicker at charts-and-stars and other "behavior modification" attempts

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying. You'll learn key strategies for "reading" misbehavior to uncover its underlying needs and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

## **SPEAKER**

John F. Taylor, Ph.D. is a prominent innovator and highly regarded authority on child discipline from the Adlerian perspective. During his over 40 years of clinical practice he has specialized in diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of Parentology, an information and resource provider for Attention Deficit Hyperactivity Disorder and related conditions. The author and producer of over 200 professional journal articles, newspaper columns, journal columns, books, video DVDs, audio CDs and booklets, he is perhaps best known for his landmark parent-teacher-counselor guidebook "Helping Your ADD Child" and his best-selling "The Survival Guide for Kids with ADHD." Among his most popular publications on child discipline are "From Defiance to Cooperation," "Understanding Misbehavior," "Correcting Without Criticizing," "Anger Control Training," and "Diagnostic Interviewing of the Misbehaving Child." His resources are available at his website, www.parentology.guide.

Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI. Inc. Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time

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& UNCOOPERATIVE

Children, Teens and Young Adults

High-Impact Strategies to Reduce

Chronic Misbehavior

### Trauma Treatment Toolbox for Teens

144 Trauma-Informed Worksheets and Exercises to Promote Resilience, Growth & Healina By Kristina Hallett, PHD, ABPP & Jill Donelan, PSYD

Drawing from evidence-based interventions and the most effective treatment approaches, the *Trauma Treatment Toolbox* for Teens is a practical workbook for clinicians working with teenagers who have experienced trauma, PTSD, and stress. nside you'll find **144 unique trauma-informed worksheets and exercises** to connect, relate and engage with teens and help them understand how trauma impacts the mind and body, to promote growth and healing.



### **Creative Interventions for Challenging Children & Adolescents**

186 Techniques, Activities, Worksheets & Communication Tips To Change Behaviors

By Susan P. Epstein, LCSW, Parent Coach

Working on behavioral changes can be fun and successful for children and teens -- if you have the right tools and approach. Experienced therapist and sought-after parent coach Susan Epstein brings her signature style of innovation and fun in her latest book, providing proven and ready-to-use ideas to improve behaviors.

### Live Seminar Continuina Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar. evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards

PESI. Inc. offers continuing education programs and products under the brand names PESI. PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Educators/Teachers:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Michigan School Personnel & Educators: An application has been submitted for State Board Continuing Education Units (SB-CEUs) for the face-to-face program only in Traverse City, MI on 02/19/2020, Grand Rapids, MI on 02/20/2020, and Kalamazoon, MI on 02/21/2020. Those seeking SB-CEUs must attend 100% of the face-to-face seminar in addition to completing an SB-CEU Participant Application Form (available at the seminar) and following sign-in/sign-out procedures as directed at the program. Additionally, participants will be required to complete the MDE evaluation in the Secure Central Registry. Specific instructions will be provided at the seminar.

**Occupational Therapists &** 

Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of

continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process, Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists: This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not

Indiana Psychologists: PESI, Inc is an approved provider with the Indiana Board of Psychology. Certificate #: 98000998A - Category I. PESI maintains full responsibility for this program and its contents. Full attendance at this course qualifies for 6.25 contact hours.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists, PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Speech-Language Pathologists:** This course is offered for <u>.6</u> ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit, PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

## **REGISTRATION FORM**

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- □ \$29.99\* Trauma Treatment Toolbox for Teens book (PUB085975)
- □ \$29.99\* Creative Interventions for Challenging Children & Adolescents
- \*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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