

Outline

- Normal Aging, Dementia, Depression or Delirium**
- Normal aging changes of the mind
 - Depression, dementia, and delirium
 - Alzheimer's disease and other dementias
 - Diagnose, differentiate, and develop a plan of care

- Alzheimer's Disease**
- Stages
 - Assessment
 - Getting a diagnosis
 - Behavioral issues of early diagnosis
 - Management and interventions
 - Pharmacological treatments

- Driving with Dementia**
- Driving safety
 - Legal issues
 - Assess driving abilities
 - How to take the keys away

- Wandering**
- Reasons why cognitively impaired individuals wander
 - Is wandering a bad thing?
 - Issues to consider
 - Manage a wanderer's behavior

- Physical Aggression**
- Identify the cause of aggression
 - Loss of impulse control
 - Regression of the mind/child-like mind
 - Manage the problem

- Inappropriate Sexual Behaviors**
- Normal sexual drive or inappropriate behavior
 - Cognitively impaired individuals
 - Medication management
 - Ethical considerations

- Refusing to Eat/Forgetting to Eat**
- Reasons why geriatric patients slow or stop eating
 - Nutritional needs in a geriatric patient
 - Improve nutritional status
 - Malnutrition and dehydration
 - Alternatives to eating

- Sleepless Nights**
- Sundowning and behavioral problems in the evening
 - Why does sundowning occur?
 - Environmental interventions to decrease aggressive behaviors
 - Medication management when it becomes problematic

- Caregiver Stress**
- Physical, psychological, and emotional stress
 - Identify caregiver burnout and ways to help
 - Assist the caregiver

- Other Issues**
- Ways to identify potential falls and prevent injury
 - Causes for orthostatic hypotension
 - Ways to avoid using restraints

- Case Studies: Learning from Experience and Mistakes**
- How to manage sundowners
 - Strategies to improve hygiene
 - Reassurance and redirection

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Seminar on DVD or Digital Format:

You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

QUESTIONS?

Visit our FAQ page at www.pesihc.com/faq or contact us at www.pesihc.com/info

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Challenging Geriatric Behaviors



Featuring Speaker
Edward G. Shaw, MD, MA


BISMARCK, ND
August 26, 2020

FARGO, ND
August 27, 2020

RAPID CITY, SD
August 28, 2020

Challenging Geriatric Behaviors

Featuring Speaker
Edward G. Shaw, MD, MA



- Dementia, depression & delirium
- Sundowning & wandering
- Physical & sexual aggression
- Eating issues & nutrition
- Driving issues
- Caregiver stress & burn out
- Caregiver survival tips

BISMARCK, ND
Wednesday
August 26, 2020

FARGO, ND
Thursday
August 27, 2020

RAPID CITY, SD
Friday
August 28, 2020

HASSLE-FREE CANCELLATION POLICY: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Challenging Geriatric Behaviors

This is the best seminar on challenging geriatric behaviors that you will ever attend – **GUARANTEED!** Join Edward G. Shaw, MD, MA, speaker on geriatrics for a high-energy, dynamic seminar filled with interesting case studies, insightful discussions and interactive learning. You will leave this seminar with practical techniques that you can apply the next day!

Dealing with cognitively-impaired geriatric patients can be challenging even for the experienced healthcare professional. You will learn strategies to manage behaviors such as:

- Dementia
- Aggression
- Anxiety and depression
- Refusal of food and fluids
- Inappropriate sexual advances

If older adults are routinely under your care, minimize your risk of escalating the problems associated with troublesome, often irrational behavior by attending this program. Gain valuable insights into the causes of challenging geriatric behaviors and learn innovative and practical intervention strategies to improve the care you provide.

Speaker

Edward G. Shaw, MD, MA, is dually trained as a physician and mental health counselor. He was the primary care partner for his late wife, Rebecca, who was diagnosed with early-onset Alzheimer’s disease in 2008 at age 53 and died in 2016 after a 9-year journey.

Following training at the Mayo Clinic, Ed was a practicing academic radiation oncologist for 23 years, at Mayo then Wake Forest School of Medicine. In 2010, inspired by Rebecca’s journey, his medical interest shifted to dementia diagnosis and treatment, and with his additional training in mental health counseling, he founded the Memory Counseling Program in 2011, part of the Section on Gerontology and Geriatric Medicine and the Sticht Center on Healthy Aging and Alzheimer’s Prevention at Wake Forest Baptist Health in Winston-Salem, North Carolina. The Program serves individuals, couples, and families affected by Alzheimer’s disease or another type of dementia.

Along with coauthors Dr. Gary Chapman and Deborah Barr, in 2016 Ed wrote *Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer’s Journey*, which describes his moving personal story of caring for Rebecca coupled with an innovative use of the five love languages in dementia counseling. His newest books, *The Dementia Care Partner’s Workbook* and *A Leader’s Manual for Dementia Care-Partner Support Groups*, were released in June 2019.

Ed speaks locally, regionally, and nationally to audiences of dementia-focused healthcare professionals and care partners on the dementia journey. His dynamic, interactive speaking style and expertise as doctor, counselor, and caregiver resonate with those he shares with.

Speaker Disclosures:

Financial: Edward Shaw is the founder of the Memory Counseling Program. He is an author for Companion Press and receives royalties. Dr. Shaw receives a speaking honorarium from PESI, Inc.

Non-financial: Edward Shaw has no relevant non-financial relationships to disclose.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Target Audience: Nurses • Physical Therapists • Physical Therapist Assistants • Occupational Therapists
Occupational Therapy Assistants • Speech-Language Pathologists • Social Workers • Home Healthcare Providers
Nursing Home Administrators • Registered Dietitians & Dietetic Technicians • Recreation Therapists

Have a seminar idea? The nation’s top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

Objectives

1. Develop strategies to manage difficult behaviors in seniors who have an altered perception of reality.
2. Identify the signs and symptoms of Alzheimer’s Disease and other dementias.
3. Discuss current research on the prevention of Alzheimer’s disease, as well as lifestyle factors to slow the disease progression.
4. Summarize the safety issues associated with geriatric patients who drive and identify individuals who pose a safety threat.
5. Explain why wandering occurs in individuals with cognitive impairment and develop strategies to minimize or redirect this behavior.
6. Describe the environmental and behavioral causes of agitation.
7. Differentiate between appropriate and inappropriate sexual behaviors in individuals with dementia.
8. Distinguish between normal sleeping patterns and bedtime issues which could lead to increased health problems.
9. Analyze the physical and psychological changes that affect an elder’s desire and ability to eat including the changes in nutritional requirements.
10. Identify the signs of caregiver stress and develop intervention strategies to prevent burnout.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Registered Dietitians & Dietetic Technicians: PESI, Inc. PE001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from July 1, 2019 through June 30, 2022. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6.0 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. This program/material is designated as LEVEL 2.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

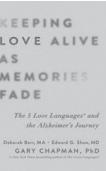
Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Nursing Home Administrators: This program has been submitted (but not yet approved) for 6.25 continuing education clock hours and 6.25 participant hours from NAB/NCERS. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77044.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



Keeping Love Alive as Memories Fade

The 5 Love Languages and the Alzheimer’s Journey

By Edward G. Shaw, MD, MA, - **Seminar Speaker!**
Deborah Barr, MA, and Gary Chapman, Ph.D.

This collaborative, groundbreaking work between a healthcare professional, caregiver, and relationship expert will: Provide an overview of the love languages and Alzheimer’s disease, correlate the love languages with the developments of the stages of AD, discuss how both the caregiver and care receiver can apply the love languages, address the challenges and stresses of the caregiver journey, offer personal stories and case studies about maintaining emotional intimacy amidst AD.



The Dementia Care-Partner’s Workbook

A Guide for Understanding, Education, and Hope

By Edward G. Shaw, MD, MA - **Seminar Speaker!**

The Dementia Care Partner’s Workbook includes a foreword by world-renowned dementia educator Teepa Snow, who said, “This resource offers what is so needed in dementia care: a combination of practical, emotional, intellectual, social, and spiritual support for those who have to make the journey. This workbook provides individual family members with greater awareness, knowledge, and skill to improve life, relationships, and care throughout the disease process.”

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Minnesota Physical Therapists & Physical Therapist Assistants: This course has been submitted to the Minnesota Board of Physical Therapy for review. Credit is pending.

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Information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc. #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Minnesota Social Workers: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for 6.0 continuing education hours.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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REGISTRATION FORM CHALLENGING GERIATRIC BEHAVIORS

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Please complete entire form if sending by mail

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Select Location

(make copy for your records)

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☐ **FARGO, ND • August 27, 2020** (77044FGO)
Ramada By Wyndham Fargo
3333 13th Ave S • 58103 • (701) 235-3333

☐ **RAPID CITY, SD • August 28, 2020** (77044RAP)
Alex Johnson Hotel
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Select Tuition

TUITION including seminar manual

\$219.99 – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$209.99** per person for 5 or more pregitesting together

☐ **\$249.99** standard

ADD-ON PRODUCTS — Save on Shipping!—Products Distributed at Seminar

☐ **\$15.99*** *Keeping Love Alive as Memories Fade* book (SAM086220)

☐ **\$19.95*** *The Dementia Care-Partner’s Workbook* (SAM086225)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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Select Payment Method

All registrations must be prepaid.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesihealthcare.com/coord for availability and job description, first come, first serve.

• **Groups of 10 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. *Advance online registration required.*

QUESTIONS

Visit pesihc.com/faq or contact us at pesihc.com/info

OTHER WAYS TO REGISTER

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Mail: PESI Healthcare
PO Box 1000
Eau Claire, WI 54702-1000

Phone: 800-844-8260

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Challenging Geriatric Behaviors

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