

Outline

Executive Functions (EF) Overview

The neuropsychology of Executive Functions
Levels, domains of functioning, arenas of involvement

A closer look at the self-regulation level:
7 clusters encompassing 33 functions

EF development over time

EFs, DSM-5® diagnoses, educational classifications

Limitations of the research and potential risks

Develop an Intervention Plan: Assessment of EF Strengths and Weaknesses

A multidimensional model to guide assessment

Norm referenced tests, rating scales and diagnostic interviewing

Assessing the impact of EF difficulties on academic learning and production

Learning difficulties versus producing difficulties

EF-driven Functional Behavior Assessment

Strategies for EF Development and EF Difficulties

Create an environment for positive change
Develop and use growth mindsets

The EF intervention continuum

Orienting strategies that focus on goals and outcomes

External strategies for modifying behavior:
Cueing, prompting and thinking aloud

Bridging strategies from externally controlled to internally self-regulated

Internally self-regulated strategies: Strengthen independent functioning

Evidence-Based Programs and Resources to Foster Growth

Develop EFs in pre-school and kindergarten

Problem-solving models and programs

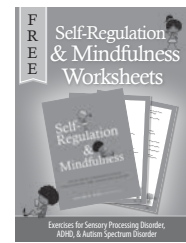
Cognitive strategy instruction and cognitive behavior therapy

Technology-based approaches

Mindfulness techniques and EF growth

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Learning Outcomes

1. Analyze a comprehensive neuropsychological model of executive functions as it relates to clinical treatment.
2. Communicate how executive function difficulties are manifested in individuals diagnosed with various psychological disorders and/or enrolled in special education programs as it pertains to assessment and treatment planning.
3. Apply effective assessment techniques based on a multidimensional framework to determine executive function strengths and weaknesses and to target specific intervention needs.
4. Recommend strategies that are appropriate for fostering executive function development and/or for intervening when executive function difficulties are identified.
5. Implement strategies that bridge the gap between "external control" and "internal self-regulation".
6. Summarize how mindfulness, CBT and other evidence-based programs that foster executive function development and/or remediate difficulties.

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists
Addiction Counselors • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors
School Psychologists • School Social Workers • Educational Paraprofessionals
Occupational Therapists • Occupational Therapy Assistants
Case Managers • Nurses School Administrators • Other Helping
Professionals who Work with Children



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IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to Change Behavior

Featuring George McCloskey, Ph.D.

Saginaw, MI

Wednesday, February 26, 2020

Sterling Heights, MI

Thursday, February 27, 2020

Ann Arbor, MI

Friday, February 28, 2020

IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to
Change Behavior

Proven Interventions to ...

Get organized

Resist impulses

Stay focused

Use time wisely

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Manage emotions

Persist with tasks

Improve memory

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Improve Executive Functions

Executive Function (EF) skills form the foundation of success for people of all ages. But individuals with ADHD, Autism, OCD and other conditions have significant EF deficits – failing to thrive at school, work, home and in their most important relationships.

Your work with individuals struggling with EF issues is some of your most rewarding – yet it's often the work that leaves you the most frustrated and exhausted. Forgotten appointments, unfinished homework, distractibility, procrastination and difficulties organizing thoughts present formidable obstacles to making progress in school or therapy. And the strategies that work so well for other conditions seem to fall short when an EF deficit is present.

Attend this seminar and get the targeted skills and tools you need to cultivate lasting change and transform the lives of those who struggle with executive deficits - the chronically lost, late and unprepared!

Join George McCloskey, Ph.D., the internationally renowned creator of the McCloskey Executive Functions Scale (MEFS) for this incredible one day event. An author, researcher, and clinician with more than 20 years of groundbreaking work with Executive Functions, Dr. McCloskey will teach you how to develop customized interventions that can be used with students or clients across multiple settings from the private practice office to the classroom. Practical and easy to apply, Dr. McCloskey's strategies will help those you serve develop critical time/task management, personal organization, & planning skills, empowering them to elevate their academic and employment performance, relationships, physical & mental health, and more!

Sign up today, whether you're a counselor, teacher, OT, SLP or social worker you'll leave this seminar feeling confident in your ability to end the chaos and dramatically improve the lives of those you work with!

Speaker



George McCloskey, Ph.D., is a Professor and Director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomate status with the American Academy of Pediatric Neuropsychology. He frequently presents at international, national, regional and state meetings on cognitive and neuropsychological assessment and intervention topics. Dr. McCloskey has amassed over 35 years of experience in test development, teaching, research and assessment and intervention work with a wide range of clients. Based on the past 25 years of his research and experience working specifically with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that can be used to assess executive function strengths and difficulties and guide efforts to foster growth and intervene with difficulties. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behavior management, assessment and intervention for executive functions difficulties related to academic and behavior problems. Dr. McCloskey is the author of the *McCloskey Executive Functions Scales (MEFS)* and lead author of the books *Assessment and Intervention for Executive Function Difficulties* and *Essentials of Executive Functions Assessment* and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 11 of the book *Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners*.

Speaker Disclosures:

Financial: George McCloskey has an employment relationship with the Philadelphia College of Osteopathic Medicine. He receives royalties as an author for Taylor & Francis, Wiley & Sons, and Schoolhouse Press. Dr. McCloskey receives a speaking honorarium from PESI, Inc.

Non-financial: George McCloskey has no relevant non-financial relationship to disclose.

***SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!**

Assessment and Intervention for Executive Function Difficulties

By George McCloskey — Your Presenter!



McCloskey, Perkins, and Diviner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focus on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow-up of targeted interventions using the EF model.

Essentials of Executive Functions Assessment

By George McCloskey — Your Presenter!



Executive Function describes a set of mental processes that helps us connect past experience with present action, which is important for successful adaptation and performance in real-life situations. Written by a respected expert and presenter on executive functioning, Essentials of Executive Function Assessment equips mental health practitioners (school, clinical, developmental/pediatric, neuropsychologists, educational diagnosticians, and educational therapists) with all the information they need to administer, score, and interpret assessment instruments that test for executive function deficits associated with a number of psychiatric and developmental disorders.

Questions Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Michigan School Personnel & Educators: An application has been submitted for State Board Continuing Education Units (SB-CEUs) for the face-to-face program only, for location(s) in Saginaw, MI on 2/26/20 and in Sterling Heights on 2/27/20 and in Ann Arbor, MI on 2/28/20 only. Those seeking SB-CEUs must attend 100% of the face-to-face seminar in addition to completing an SB-CEU Participant Application Form (available at the seminar) and following sign-in/sign-out procedures as directed at the program. Additionally, participants will be required to complete the MDE evaluation in the Secure Central Registry. Specific instructions will be provided at the seminar.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.


Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Kate Sample at ksample@pesi.com or call 715-855-5260.

Psychologists: This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
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