

# ADHD CERTIFICATION COURSE

2-day live event with Sharon Saline, Psy.D., ADHD-CCSP



PESI Inc.  
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King of Prussia, PA - or - Live Video Webcast  
Monday & Tuesday, January 27 & 28, 2020



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**TUITION INCLUDES**  
an additional  
**FREE 18 HOURS**  
OF DIGITAL CONTENT  
featuring **Dr. Russell Barkley**  
and other ADHD experts

2-day live event with  
**Sharon Saline, Psy.D., ADHD-CCSP**

# ADHD CERTIFICATION COURSE

# ADHD CERTIFICATION COURSE

Become a leader in the mental health field and elevate your practice with state-of-the-art advancements for working with clients diagnosed with ADHD. This unique offer is a **blend of live and online CE hours** that provide you with **evidence-based, innovative intervention strategies that will revolutionize your ADHD treatment** across the lifespan, using both medication and non-medication approaches.

Begin by joining **Dr. Sharon Saline, ADHD-CCSP**, in this intensive 2-day course packed with tools and techniques you can use immediately with children and adolescents to **improve behavior, gain cooperation and repair relationships**. Using strength-based, collaborative approach that synthesizes neurobiology, behavior and emotion, you can create effective, powerful interventions for kids and families that go beyond medication and crisis management.

You'll walk away with concrete, practical strategies that:

- Create a family-centered treatment plan that the client buys into
- Treat the shame, stress and anxiety that often coincide with ADHD
- Reduce meltdowns and conflicts at home and school
- Empower parents and caregivers to be a part of the solution

Sign up today!



## Become ADHD-CCSP Certified!

Upon completion of Dr. Saline's 2-day seminar, you will be granted access to 18 hours of free content (with CE credit) by leading ADHD experts, including **Dr. Russell Barkley**. Topics include:

- Evidence-based medication and psychosocial treatment of ADHD
- ADHD vs. Sluggish Cognitive Tempo (SCT)
- Adult ADHD treatment considerations
- ODD, ASD & Mood Disorders in children & adolescents

Once you have completed both the live and digital content (30 hours total), you will have met the full educational criteria for ADHD-CCSP (Certified Clinical Services Provider) certification through The Institute of ADHD Professionals, endorsed by CHADD. See inside for more details or visit [www.adhdcert.com](http://www.adhdcert.com)

## LEARNING OBJECTIVES

1. Analyze the biological, behavioral and emotional factors related to ADHD symptoms and executive functioning skills.
2. Appraise the current research on ADHD and executive functioning including medical and non-medical treatment options and socioeconomic and cultural factors affecting young people with ADHD.
3. Assess how the ADHD brain develops through childhood and adolescence and the effect of drugs, alcohol and trauma.
4. Determine how ADHD, learning disabilities and mental health issues impact social and familial relationships.
5. Assess for a range of executive skills in children and adolescents as it relates to treatment planning.
6. Develop effective strategies and collaborative interventions for improving executive functioning skills that increase kids' participation in treatment and promote lasting change.
7. Evaluate how co-existing disorders and learning disabilities impact and interact with ADHD and executive functioning skills.
8. Apply practical treatment interventions that increase motivation and cooperation at home and school for children diagnosed with ADHD.
9. Design an effective treatment plan that integrates CBT, family systems and psychodynamic approaches to engage clients and improve symptomology.
10. Debate successfully on your client's behalf with teachers, administrators, other school personnel or health professionals.
11. Determine warning signs of risky behavior among adolescents diagnosed with ADHD and gain effective tools for addressing them.
12. Investigate the relationship between ADHD and technology and formulate appropriate interventions to help families struggling with screens.

## SPEAKER

**Sharon Saline, Psy.D., ADHD-CCSP**, a licensed clinical psychologist in private practice, is a top expert in how ADHD, learning disabilities and mental health issues affect children, teens and families. Dr. Saline has worked extensively with schools on mental health issues in the classroom, interpreting psychological evaluations and improving teacher/parent communication. She funnels this expertise into her forthcoming book, *What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life*. Heralded as an invaluable resource, she addresses hot topics and offers effective tools designed to improve communication and reduce conflict. Dr. Saline is a monthly contributor the *Dear Parent Teen Coach* column for ADDitudemag.com.

As an internationally sought-after lecturer and workshop facilitator known for combining her expertise in psychology with a background in theater, she addresses a variety of topics such as understanding ADHD and executive functioning, making sense of the teen brain and working with different kinds of learners. Dr. Saline is a part-time lecturer in the continuing education program at the Smith School for Social Work and the founder and co-facilitator of "Got kids? Let's talk!" a monthly parenting series in Western Massachusetts. A graduate of Brown University, she received her master's degree in psychology from New College of California and her doctorate in psychology from the California School of Professional Psychology at Alliant University. Sharon lives with her family in Northampton, MA. More information is available at [www.drsharonsaline.com](http://www.drsharonsaline.com), Facebook and Twitter:

@DrSharonSaline

Speaker Disclosure:

Financial: Sharon Saline maintains a private practice. She is a lecturer at Smith College School for Social Work. Dr. Saline receives a speaking honorarium from PESI, Inc.

Non-financial: Sharon Saline is a member of the American Psychological Association; the Massachusetts Psychological Association; Children and Adults with ADHD (CHADD); and Attention Deficit Disorder Association (ADDA).

## Live Course & Webcast Schedule

(Both days) (Times listed in Eastern)

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch Break (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Limited availability! Register today at  
[pesi.com/express/76340](http://pesi.com/express/76340)



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# COURSE OVERVIEW

## Why an Integrative, Collaborative Approach to ADHD?

Includes the client in the process of change to improve success rates  
Builds self-esteem through strength-based thinking and acquisition of skills  
Normalizes challenges related to living with ADHD – for kids and parents  
Fosters self-acceptance through biology-based information

## Assessment and Treatment Planning

How to obtain an accurate diagnosis  
The neurobiology of ADHD, including the impact of trauma  
Co-Occurring Disorders: Is it ADHD and/or something else?

- ODD, anxiety, OCD, learning disability, autism

Factors to consider:  
• Environmental influences, quality of sleep, video games/social media  
Current population trends in co-existing disorders  
Techniques for differential diagnosis  
Individual v. group therapy  
How to engage the family in treatment  
Limitations of the research and potential risks

## The Critical Role of Executive Functioning (EF) in ADHD Treatment

What are executive functioning skills?  
How to identify EF strengths and weaknesses  
Effective methods for improving EF skills  
Tools for uncovering family patterns related to EF skills

## The Medication Debate: What Every Clinician Needs to Know

Pros and cons of using medication to treat ADHD  
How medications work: Stimulants and non-stimulants  
Providing effective psychoeducation to clients about medication  
Non-compliance: How to respond  
Efficacy of common medication alternatives

## The 5C's Approach: Empower Kids for Success in School and Life

Teaching self-control for parents and kids  
When Compassion is more than empathy  
How Collaboration fosters essential buy-in  
Consistency means steadiness, not perfection  
Celebration encourages effort

## Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on January 27 & 28, 2020, for this live, interactive webcast!** Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$149.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/76399](http://www.pesi.com/webcast/76399)

## ADHD at Home: Help Families Reduce Conflict and Stay Connected

Treatment strategies to:  
• Avoid homework hassles  
• Manage emotional outbursts  
• Reduce meltdowns  
• Improve sibling relationships  
• Create routines and lists that help things run smoother

Getting things done: Improving motivation  
Techniques for working with dispirited, tired adults

## ADHD at School: Boost Academic and Social Success

Why school is the hardest domain of functioning  
Classroom interventions that facilitate learning and self-confidence  
Parent advocacy vs. interference (and what to do about it)

Create effective parent-school alliances  
Strategies for teaching executive functioning skills related to academics  
Tools to improve peer relationships  
Techniques to help kids handle frustration and failure

## ADHD in Your Office: In-Session Strategies for Building Trust and Cooperation

Help kids accept their ADHD brains--strengths and challenges  
Improve communication skills with peers and adults  
Strategies to talk about problematic behavior without a shame response  
Tools for improving family communication – beyond active listening skills  
Navigate setbacks and refusal to participate

## The ADHD Teen: Risky Behaviors and Special Considerations

Identify risk factors unique to teens with ADHD  
Why nicotine, vaping and marijuana are so appealing and how to curb their use  
Early and active sexuality: Help teens make healthy, safe choices  
Vulnerability to bullying: Generate appropriate clinical, parental and school responses

## Technology and ADHD

How today's technology impacts the developing ADHD brain  
The effect of social media on distractibility, self-esteem and peer relationships  
Tips for fostering safe online practices  
Gaming: Fun or an addiction?



# BECOME CERTIFIED!

## 3 Easy Steps to Certification

1. Attend this 2-day ADHD live event or webcast with Sharon Saline, PsyD., ADHD-CCSP

2. Complete **Free 18 hours** of digital content

**A \$540 VALUE!**

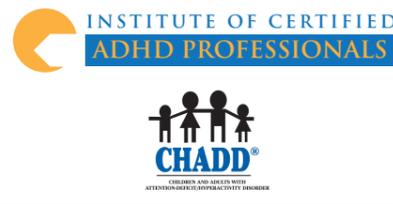
*Advances in the Management of ADHD: Evidence-Based Medication and Psychosocial Treatments* by Russell Barkley, Ph.D. (3 CE hours) **\$69.99 FREE**

*The Two Attention Disorders: Identifying, Diagnosing and Managing ADHD vs. SCT* by Russell Barkley, Ph.D. (3 CE hours) **\$69.99 FREE**

*Smart but Scattered Adults: Manage ADHD by Targeting Executive Skills* by Peg Dawson, Ed.D., NCSP (6 CE hours) **\$199.99 FREE**

*ODD, ASD & Mood Disorders: Over 50 Techniques for Children and Adolescents* by Jennifer Wilke-Deaton, MA, LPA, ADHD-CCSP (6 CE hours) **\$199.99 FREE**

3. Visit The Institute of Certified ADHD Professionals at [www.adhdcert.com](http://www.adhdcert.com) to view full certification standards and application instructions.



## Target Audience:

Counselors • Social Workers • Psychologists  
Marriage and Family Therapists • Teachers  
School Administrators • Speech-Language Pathologists  
Nurses • Occupational Therapists  
Occupational Therapy Assistants • Other Helping Professionals Who Work with Children

## Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cpes@pesi.com](mailto:cpes@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**Counselors:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Pennsylvania Counselors:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 12.5 clock hours of continuing education instruction.

**Educators/Teachers:** This course is designed to qualify toward your professional development requirement. The program is 12.5 clock hours in length.

**Pennsylvania Educators & School Personnel:** 12.5 ACT 48 Hours will be made available through Capital Area Intermediate Unit (CAIU) Live Webcast on 01/27/19. Those requesting ACT 48 Hours will be required to sign in and provide their Pennsylvania Certification Number and will receive instructions at the seminar on how to create a free online account with CAIU; only those individuals who have a CAIU online account are eligible to receive ACT 48 Hours.

**Marriage & Family Therapists:** This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Pennsylvania Marriage & Family Therapists:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 12.5 clock hours of continuing education instruction.

**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

**Occupational Therapists & Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**Psychologists:** This activity consists of 12.5 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Pennsylvania Psychologists:** PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. PESI maintains responsibility for the program(s). This program qualifies for 12.5 continuing education hours.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Speech-Language Pathologists:** This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program. \*\* Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Materials Section of the webcast.

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Pennsylvania Social Workers:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 12.5 clock hours of continuing education instruction.

**Other Professions:** This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## How to Register

**ONLINE** [pesi.com/express/76340](http://pesi.com/express/76340)

**PHONE** 800-844-8260

Please have credit card available

**FAX** 800-554-9775

**MAIL** PESI, Inc.  
PO BOX 1000  
Eau Claire, WI  
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## Registration Form: 2-Day: ADHD Certification Course

1 Please complete entire form (to notify you of seminar changes):  
please print; staple duplicate forms.

**Mail Code:** \_\_\_\_\_

See mail code box on address panel on reverse side

Name \_\_\_\_\_ Profession \_\_\_\_\_

Employer Name \_\_\_\_\_

Employer Address \_\_\_\_\_

Dept/Floor/Suite \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Ph ( ) \_\_\_\_\_

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\*E-mail address \_\_\_\_\_

\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

2 Check location: (make copy of locations)

KING OF PRUSSIA, PA

January 27 & 28, 2020

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January 27 & 28, 2020

Broadcast LIVE to your computer!

3 Check tuition:

**ON-SITE TUITION** with seminar manual

**\$439.99** – choose one of the options below:

- per person for 2 or more preregistering together —OR—
- single registration postmarked 3 weeks prior to seminar date

**\$499.99** standard

**DIGITAL CONTENT (INCLUDED WITH SEMINAR TUITION)**

- \$69.99 FREE** *Advances in the Management of ADHD: Evidence-Based Medication and Psychosocial Treatments* by Russell Barkley, Ph.D.
- \$69.99 FREE** *The Two Attention Disorders: Identifying, Diagnosing and Managing ADHD vs. SCT* by Russell Barkley, Ph.D.
- \$199.99 FREE** *Smart but Scattered Adults: Manage ADHD by Targeting Executive Skills* by Peg Dawson, Ed.D., NCSP
- \$199.99 FREE** *ODD, ASD & Mood Disorders: Over 50 Techniques for Children and Adolescents* by Jennifer Wilke-Deaton, MA, LPA, ADHD-CCSP

**WEBCAST with downloadable seminar manual**

**\$439.99** registration (+ tax in HI, NM)

4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**  
Purchase orders welcome (attach copy).

Check enclosed payable to **PESI, Inc.**

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PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.

