Outline

PRINCIPLES OF MYOFASCIAL CUPPING

- (60 minutes) • Movement, mobility, and motor control
- Movement Pyramid framework
- · Fascial anatomy/physiology
- Physiological/neurological effects of cupping techniques
- Current literature related to cupping techniques
- Blood flow, fascial gliding, and the nervous
- Indications, contraindications, and application safety

SKIN/FASCIAL SCREENING (60 minutes)

Hands-On Lab

FUNDAMENTAL CUPPING TECHNIQUES AND TREATMENT STRATEGIES (60 minutes)

- Direction and pressure
- Decompression/compression forces
- External/internal glide methods
- Graded exposure techniques
- · Sensory-motor retraining
- · Integrating corrective exercise

Hands-On Lab

APPLYING CUPPING EFFECTIVELY

- Upper extremity and arm fascial chains
- Lower extremity and leg fascial chains
- · Core, trunk, lumbopelvic regions, and long fascial chains
- · Hip, trunk, rib cage, diaphragm, and neck
- Condition-specific applications
- Progression and regression protocol

₩ Hands-On Lab

CASE STUDIES AND PROBLEM SOLVING (60 minutes)

Case Studies

Who Should Attend

- Physical Therapists/PTAs
- Occupational Therapists/OTAs
- Athletic Trainers
- Massage Therapists
- Personal Trainers

What to Wear/Bring

Please wear comfortable and loose clothing for labs. Shorts and tank tops are recommended. Please bring yoga mat or massage table (if applicable).

Live Seminar Schedule

7:30: Registration/Morning Coffee & Tea

8:00: Program begins

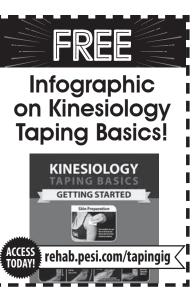
Lunch: 1 hour (on your own)

3:30: Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon)

Actual lunch and break start times are at the discretion of the

A more detailed schedule is available upon request.



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frameworks - to deliver **RESULTS**.

- IASTM Practitioner Certification

 - Myofascial Cupping Practitioner Certification
 - Compression Band Flossing Practitioner Certification



ESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar ion) for veterans and active duty military personnel. Limited seats available; advance online



CERTIFICATION SERIES

Myofascial Cupping Practitioner Certification

Become a Certified Myofascial Cupping Practitioner in this hands-on course, and learn everything you need to know to begin offering cupping services the next day.

- ✓ Learn effective treatments for pain, sprains/strains, swelling, tendinopathies, and more
- therapists and trainers



This event is a member of RockTape's Functional Movement Techniques (FMT) Certification Series.

Tupelo, MS Wednesday

February 26, 2020

Jackson, MS

Thursday

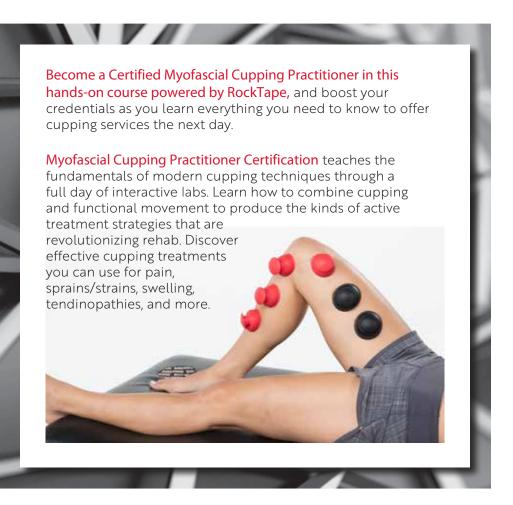
Biloxi, MS Friday

February 28, 2020 February 27, 2020



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Speaker

DANNY PORCELLI, DC, attended Parker College of Chiropractic in Dallas Texas where he obtained a Doctorate in chiropractic medicine and a B.S. in health and wellness. Prior to attending Parker he received a B.S. in psychology from the University of Central Florida, Orlando. Dr. Porcelli was selected to be a treating physician at the 2010 Central American Games in Bogota Colombia and treated the speed skaters and Para-Olympic triathletes. He was also selected for the 2013 & 2014 CrossFit™ Games and CrossFit South East Regionals. He has coordinated the athlete services for CrossFit events such as Wodapalooza, Thunderdome, and Box Battles.

Dr. Porcelli is the primary chiropractic physician and owner of XOC Chiropractic in Naples, FL. He combines joint mobilization, soft tissue treatments, and corrective exercises to obtain fast, effective and lasting results. He holds advanced certifications in soft tissue mobilization techniques such as Active Release Therapy and (ART) Graston Technique. He broke his back in the summer of 2006 and has since dedicated himself to educating and inspiring people to learn more their body and its great potential to perform, adapt, and heal.

Speaker Disclosure

Financial: Danny Porcelli maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Danny Porcelli has no relevant non-financial relationships to disclose.

Objectives

- Review the principles of myofascial cupping and supporting evidence.
- Describe the physiological and neurological effects of cupping.
- Demonstrate how to apply cupping for best results.
- Compare and contrast common cupping techniques and review indications/contraindications for each.
- Demonstrate how cupping techniques can be combined with corrective exercise to improve pain, sprains/strains, swelling, tendinopathies, and
- Develop cupping applications based on your assessment/treatment approach and the individual needs of your patient.



The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Celestee Roufs at croufs@pesi.com or 715-855-5229.



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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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Athletic Trainers: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of Category A continuing

Personal Trainers: This course has been approved by the National Academy of Sports Medicine (NASM-BOC) for 0.6 CEÚs. PESI, Inc. Provider Number is 544.

Massage Therapists: PESI, Inc. is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider #1808. This course is offered for 6.0 CE hours. 100% attendance is required for a Certificate of Completion to be issued, no variable credit is given.

Occupational Therapists & Occupational Therapy Assistants: PESI,

Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.0 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary by state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when

Mississippi Physical Therapists & Physical Therapist Assistants: This course has been submitted to the Professional Licensure Branch of the Mississippi State Department of Health. Credit is

Other Professions: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements



How to Register

MYOFASCIAL CUPPING PRACTITIONER CERTIFICATION Questions? Visit www.pesirehab.com/faqs, or call 800-844-8260

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