

OUTLINE

Manifestations and Prognosis for Each Type of Dementia

Cognitive decline vs. normal aging
Mild Neuro-Cognitive Disorder
Manifestations and prognosis for:
Alzheimer's
Vascular Dementia
Lewy Body Dementia
Frontotemporal Dementia
Parkinson's

Stages of dementia
Pseudo-dementias and reversible conditions

Cognitive Assessment Tools and Advances in Early-Detection

MOCA and SLUMS
Step-by-step utilization
What they tell you and what they don't
Brain imaging
Research on biomarkers
Genetic risk profiling
When to refer for a formal neuropsychological assessment

Behavioral Interventions Toolbox: Causes of and Solutions to Challenging Behaviors

Identifying triggers for challenging behaviors
Assess for pain in dementia patients
What to do for sundowning?
Techniques to minimize combativeness and aggressive behaviors
Strategies to redirect wandering
Paranoia – causes and management
Effective responses to hallucinations and delusions
Strategies to reduce repetitive behaviors
How to improve personal care and activities of daily living

Communication Strategies to Improve Care

Successful non-verbal communication – find meaning behind gestures
Best practices to avoid arguments
Questions to ask, and how to ask them
Innovative communication tools

Psychopharmacology and Nutrition: The Latest Medications and Preventative Treatments

Approved medications for behavioral and cognitive symptoms
Nutritive interventions for Alzheimer's prevention
Disease modifying medication

Ethical Issues Related to Dementia

End of life issues
Reporting abuse (physical, sexual, financial)
Multicultural considerations

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

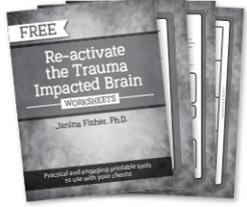
There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

OBJECTIVES

1. Communicate how the manifestations of each type of dementia impacts identification and prognosis.
2. Provide a synopsis of 2 assessment tools that can be employed to screen for possible cognitive difficulty.
3. Specify how non-verbal communication skills can help professionals identify meanings behind gestures when working with patients who have dementia.
4. Characterize how patient safety can be enhanced with strategies to redirect wandering and manage paranoia.
5. Establish how the latest medications, preventative treatments, and advances in early detection could impact care of people with dementia.
6. Explore end of life issues and elder abuse and correlate how the ethics of dying impacts the clinician, client, and their family.

Target Audience: Social Workers • Counselors • Psychologists • Psychotherapists • Psychiatrists
Case Managers • Marriage & Family Therapists • Nursing Home Administrator • Speech-Language Pathologists
Occupational Therapists • Occupational Therapy Assistants • Physical Therapists • Physical Therapist Assistants
Nurses • Nurse Practitioners • Licensed Practical Nurses • Certified Nurses Assistants • Homecare Workers
Other Rehab, Medical and Mental Health Professionals

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Alzheimer's Disease & Other Dementias

Certification Training

ASHEVILLE, NC
Tuesday, January 14, 2020

CHARLOTTE, NC
Wednesday, January 15, 2020

GREENSBORO, NC
Thursday, January 16, 2020

RALEIGH, NC
Friday, January 17, 2020

Alzheimer's Disease & Other Dementias

Certification Training

Attend and let colleagues, employers, and families know that you've invested the time and effort to provide quality care.

- Must-have cognitive assessment tools
- Safe and effective interventions for challenging behaviors
- Practical strategies to improve communication and care
- Stay up-to-date on the latest medications and treatments

ASHEVILLE, NC
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Friday, January 17, 2020

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Alzheimer's Disease & Other Dementias

Certification Training

This one-day program is vital for anyone who works with dementia and needs skills and proven strategies to provide optimal care!

Join Dr. Sherrie All as she provides you with the assessment tools and critical interventions you need to identify and differentiate between dementias, prevent and reduce difficult behaviors, and improve your ability to communicate with cognitively impaired patients!

More than just an overview of dementia and Alzheimer's, this program will offer **practical solutions to some of the most challenging real-life situations you face** and bring you up to speed on the latest medications, preventative treatments, and advances in early detection that could impact your work.

Better still you'll build essential skills, better understand the complexities of the disease, and discover how you can employ safe and effective best practices to provide quality care in just one day.

Sign up today! No matter your profession, you'll leave this comprehensive program more confident in your ability to minimize challenging behavioral issues associated with dementia, improve communication with your patients, and provide the best care possible for this vulnerable population!

SPEAKER

Sherrie All, Ph.D., is a licensed clinical neuropsychologist who has specialized in treating people with dementia, Parkinson's disease, TBI, MS and other neurological disorders for over a decade. Dr. All is the founder and director of the Chicago Center for Cognitive Wellness, a private neuropsychology practice specializing in cognitive rehabilitation and brain health. The evidence-based cognitive rehabilitation interventions she uses have helped hundreds of adults experiencing cognitive declines improve their thinking skills, expand their functional independence and enhance their brain health.

Dr. All has worked as a consultant to the Mather LifeWays Institute on Aging, helping to develop and evaluate a holistic brain fitness program, and her work with individuals on ways to lower their personal risk for dementia has earned the attention of media outlets including *The New Yorker* and *Crain's Chicago Business*. Dr. All earned her Ph.D. in Clinical Psychology from Rosalind Franklin University of Medicine and Science and is a member of the American Psychological Association.

Speaker Disclosures:

Financial: Sherrie All is the owner of the Chicago Center for Cognitive Wellness. She receives a speaking honorarium from PESI, Inc.

Non-financial: Sherrie All has no relevant non-financial relationship to disclose.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

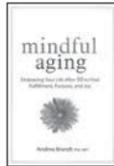
Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at rbartholomew@pesi.com or call 715-855-8225.



PESI Inc. is proud to offer this seminar (at these locations only) **free of charge** (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

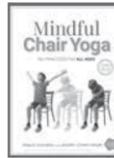
SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



Mindful Aging: Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

By Andrea Brandt, PhD, MFT

The acclaimed *Mindful Aging* is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt's psychological insight, you'll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.



Mindful Chair Yoga Card Deck: 50+ Practices for All Ages

By Jennifer Cohen Harper, MA, E-RYT and Mayuri Breen Gonzalez

Mindful Chair Yoga is a powerful way to harness key benefits of the practice: become stronger, more flexible, navigate challenging situations without becoming overwhelmed, rest when you need it, and much more. Each card includes a reflection question to help engage fully with the activities. This easy-to-use card deck contains 50+ practices that can support everyone - children, teens and adults - in living a happier, healthier life.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

CASE MANAGERS: This course has been submitted to the Commission for Case Manager Certification for approval. Full attendance is required.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NORTH CAROLINA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

SOUTH CAROLINA COUNSELORS: This program has been approved for 6.0 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

SOUTH CAROLINA MARRIAGE & FAMILY THERAPISTS: This program has been approved for 6.0 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

NURSING HOME ADMINISTRATORS: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

NORTH CAROLINA PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: PESI, Inc. is an approved provider with the Illinois Division of Professional Regulation, Provider Number: 216-000071. This intermediate course is approved by the North Carolina Board of Physical Therapy Examiners by virtue of PESI Inc. approved provider status with the Illinois Division of Professional Regulation. This course qualifies for 6.0 continuing education hours. PLEASE BRING YOUR LICENSE NUMBER WITH YOU TO THE PROGRAM.

SOUTH CAROLINA PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This course has been submitted to the South Carolina Physical Therapy Association.

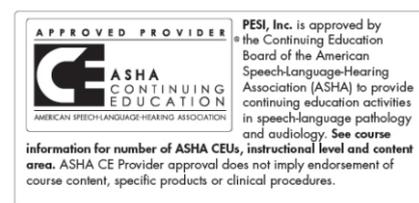
PSYCHIATRISTS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCM) to provide continuing medical education for physicians.

PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NORTH CAROLINA PSYCHOLOGISTS: This course is designed to meet the Category B Requirements of the North Carolina Psychology Board, provided it is within your scope of practice of psychology. Please retain all documents to provide to your board should this be requested of you. This activity consists of 380 minutes of continuing education instruction.

PENNSYLVANIA PSYCHOLOGISTS: PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. PESI maintains responsibility for the program(s). This program qualifies for 6.25 continuing education hours.

SOUTH CAROLINA PSYCHOLOGISTS: This course is designed to meet the Category B Requirements of the South Carolina Department of Labor, Licensing, and Regulation, provided it is within your scope of practice of psychology. Please retain all documents to provide to your board should this be requested of you. This activity consists of 380 minutes of continuing education instruction.



SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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2 Check location: (make copy of locations)

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. **Advance registration required.** Cannot be combined with other discounts.

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___ Seminar on CD* (audio) \$219.99 (RNA054880)
___ **Mindful Aging** book* \$16.99 (PUB085125)
___ **Mindful Chair Yoga Card Deck*** \$19.99 (PUB085920)

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