Outline

Behaviors that Make Us Crazy

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Disorders

Oppositional Defiant Disorder ADHD

Mood disorders

Anxiety disorders

Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory Pain

Control

Mental Health Disorder or Behavior Problem

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful

assessment tool

The art of choosing a diagnosis (if you have

to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive

Behavior plans Motivational incentives Set the stage for success Remember the initial goal

Appropriately address the functions of the behavior

Reactive

Corrective measures It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Treatment Strategies Part III Specific Strategies for the Following

Disorders: ODD ADHD

Mood disorders

Anxiety disorders

Working with unsafe behaviors

Treatment Strategies Part IV **Special Populations & Circumstances**

Asperger's disorder

Divorce, separation

Abuse and neglect Parent misbehavior

Foster care

8:00 Program begins

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). A more detailed schedule is available upon request

Live Seminar Schedule

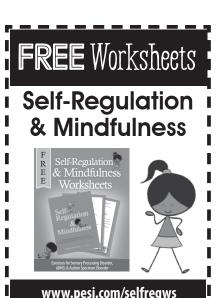
7:30 Registration/Morning Coffee & Tea

11:50-1:00 Lunch (on your own)

Actual lunch and break start times are at the discretion of the speaker.

Objectives

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- 3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms
- **4.** Communicate how a skilled observation of behavior informs your treatment approach.
- **5.** Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in
- **6.** Effectively develop a behavior intervention plan and safety plan across all settings including home and school



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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the **Most Challenging Behaviors**

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SUGAR LAND, TX Thursday, December 5, 2019

THE WOODLANDS, TX Friday, December 6, 2019

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders

 Positive alternatives for your most challenging kids



SUGAR LAND, TX Thursday, December 5, 2019

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the **Most Challenging Behaviors**

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

•Tantrums

Running out/away

Noncompliance

Nagging

•Refusing to work/help

Yelling/screaming Bullying

 Lack of follow through Not following directions

Panic/anxiety reactions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Susan Kane-Ronning, Ph.D., is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Susan Kane-Ronning, Ph.D., is a licensed psychologist who has served as an educator, therapist, and psychologist to children, adults and families for 30 years. As a former special education teacher, Dr. Kane-Ronning understands firsthand the challenges in managing challenging and disruptive behaviors. She earned a Ph.D. in Counseling Psychology from the University of Oregon over 20 years ago, with a specialization in child behavior disorders and family therapy. For the past 20 years, Dr. Kane-Ronning has held a private practice as a child psychologist and serves as a consultant to school districts and agencies. She evaluates and treats children, adults, and families. She also provides forensic evaluation and testimony to the court system. She has taught extensively as well, serving as an adjunct faculty member for several colleges. A dynamic speaker, Dr. Kane-Ronning has given numerous lectures over the years, including such topics as: "Broken childhood and shattered dreams"; "The importance of self-care," and "Interventions with adolescents with learning and behavior problems." She is the author of a moving memoir, Mirror, Mirror on the Wall: I Am My Mother After All.

Speaker Disclosures:

Financial: Dr. Susan Kane-Ronning maintains a private practice. She is the director of ArmchairEd. Dr. Kane-Ronning is an author for Capacity Publishing and receives royalties. She receives a speaking honorarium from PESI, Inc.

Non-financial: Dr. Susan Kane-Ronning has no relevant non-financial relationship to disclose

Questions? Call customer service at 800-844-8260



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The Challenging Child Toolbox

75 Mindfulness-Based Practices, Tools and Tips for Therapists

By Mitch R Abblett, Ph.D.

Working with resistant, oppositional, emotionally dysregulated, and angry kids can be exhausting, frustrating and leave clinicians feeling burnt out. Dr. Mitch Abblett has created the remedy-with a new quide that will take you step-by-step through mindfulness-based principles, pointers and best practices to ease your work and dramatically improve the lives of kids and their families.



Oppositional, Defiant & Disruptive Children and Adolescents:

Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yellng/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

Target Audience: Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists Teachers • Guidance Counselors • Case Managers • Nurses • Administrators • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children



This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

Visit adhdcert.com for the full certification requirements.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education.

procedures by AOTA. Course Level: Intermediate

vider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and

Occupational Therapy Process, Partial credit will be issued for partial attendance. The assignmen

Psychologists: This live activity consists of 6.25 clock hours of continuing education instruction

of AOTA CEUs does not imply endorsement of specific course content, products, or clinical

Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of

School Psychologists to offer professional development for school psychologists. PESI mainta responsibility for the program. Provider #1140, PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required, no partial credits will be offered for

more information on your state board or organization specific filing requirements. American

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, ore-reaistered attendees will receive an email from PESI Customer Service with the subject line. "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch

If your profession is not listed, please contact your licensing board to determine your continuing education equirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on nome study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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Speech-Language Pathologists: This course is offered for <u>.6</u> ASHA CEUs (<u>Intermediate</u> level

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