

Outline

Play Therapy – Why Play

Getting Started

Therapeutic benefit
Limitations & potential risks
Assessment and diagnostic
From intake to termination
An ongoing process
Therapeutic benefits
Engaging children in play
Neurobiology of play
Repair of developmental trauma
Tools for self-regulation

Disorders and Client Situations

Trauma/PTSD
Anxiety
OCD
Depression and self-esteem issues
ADHD
Abuse
Divorce
Loss

Play Therapy Techniques

Non-Directive Techniques:
Client-centered play therapy
Sandtray
Music and art

Directive Techniques:

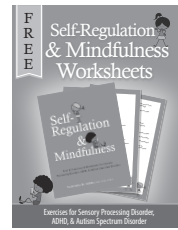
3 Animals
Red Light / Green Light Scribble
Fun with feathers
Puppet Play
Bubble Tennis
7 Sentence Story
Build a House®
Kinesthetic Storytelling®
Mind Jars
Worry Dolls
Fantasy Island
Superhero Gadgets
Mindful Freeze Dance
Worry Brain Trap
Self Care Mind Maps
Labyrinths
Sandtray Interventions

Areas of Caution

Wet and dry
Selecting the right mediums
The Limbic System
Importance of collaboration
Children who have been abused
Sexualized and acting out behaviors
Importance of self-care

FREE Worksheets

Self-Regulation & Mindfulness



www.pesi.com/selfregws

NON-PROFIT ORG
US POSTAGE PAID
EAU CLAIRE WI
PERMIT NO 32729

Bring any Training On-Site!

- Cost Effective for Groups
- Customizable
- Flexible

CE
credits
included!

www.pesi.com/inhouse

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

Objectives

1. Assess anxiety symptoms through play therapy techniques to better inform treatment outcomes.
2. Consider the ethical implications and clinical limitations of using play therapy in clinical practice.
3. Incorporate attachment-based play activities into your practice to improve client engagement in treatment.
4. Determine the neurobiological implications of using play therapy among clients with various diagnoses.
5. Develop a plan for introducing play therapy into clinical practice for treatment resistant and challenging children and families.
6. Characterize how play therapy can reframe trauma experiences, increase self-regulation and connect to a mind-body awareness.

Target Audience: Play Therapists
Psychologists • Counselors • Social Workers
Educators • Marriage and Family Therapists
Occupational Therapists • Occupational
Therapy Assistants • Speech-Language
Pathologists

Questions?
Call customer service at 800-844-8260

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.



REGISTER NOW:
pesi.com/express/75486

CHERRY HILL, NJ
Wednesday, December 11, 2019

TREVOSE, PA
Thursday, December 12, 2019

KING OF PRUSSIA, PA
Thursday, December 13, 2019

PLAY Therapy

Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

PLAY Therapy

Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

Featuring Tammi Van Hollander, LCSW, RPT-S,
Author, International Presenter and Play Therapy Expert

Powerful techniques for your toolbox:

Sand Tray

Art Therapy

Mindfulness

Bibliotherapy

CHERRY HILL, NJ
Wednesday, December 11, 2019

TREVOSE, PA
Thursday, December 12, 2019

KING OF PRUSSIA, PA
Thursday, December 13, 2019

 **PESI®**
www.pesi.com
A Non-Profit Organization Connecting
Knowledge with Need Since 1979

REGISTER NOW:
pesi.com/express/75486

PLAY Therapy

Attachment-Based Treatment Interventions
for Trauma, Anxiety, OCD and More!

You will leave with a toolbox filled with ready to use Play Therapy techniques that you can immediately implement in your work with children and also adapt for clients of all ages.

Attend this workshop and you will learn how to to communicate with children through play, strengthen relationships, help children regulate their minds and bodies, and to help them create a safe space to heal. Experience the fun-filled power of play therapy and other expressive arts modalities. Tammi Van Hollander, LCSW, RPT-S, will show you how to effectively use sand trays, bibliotherapy, mindfulness and so many other powerful techniques. Much of this conference will include active learning and hands-on participation. Get ready to learn and have fun!

Speaker

TAMMI VAN HOLLANDER, LCSW, RPT-S, is a licensed clinical social worker and registered play therapist. She is the owner of Main Line Play Therapy in Ardmore, PA. Tammi is an international speaker and play advocate. She is a certified trainer for the Nurtured Heart Approach®, a certified FirstPlay® practitioner, trained in level one Theraplay® and EMDR. Her work and creative interventions in the field of play therapy have been published and internationally recognized. Her Facebook community is internationally recognized for her resources and interventions that are shared with teachers, parents, clinicians and other professionals. She specializes in attachment, sandtray play therapy & sensory integration working with children, families, and adults of all ages. Tammi is the author of an attachment-based multi-sensory story titled *Casey's Greatness Wings: Teaching Mindfulness, Connection and Courage to Children*. For more information on Tammi's publications and work, visit her website at www.mainlineplaytherapy.com

Speaker Disclosure:

Financial: Tammi Van Hollander is the owner of Main Line Therapy, LLC. She receives a speaking honorarium from PESI, Inc.

Non-financial: Tammi Van Hollander is a member of the Association for Play Therapy.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Graf at mgraf@pesi.com or call 715-855-8199.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

*SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



2,4,6,8 This Is How We Regulate:
75 Play Therapy Activities to Increase Mindfulness in Children

By Tracy Turner-Bumberry, LPC, RPT-S, CAS

Learning mindfulness strategies can be difficult for children and adolescents, let alone when kids have autism, anxiety, ADHD or other emotional regulation issues. That's why play therapist and counselor, Tracy Turner-Bumberry, LPC, RPT-S, CAS, has created 75 simple, playful and on-point interventions that combines mindfulness, expressive arts and play to help kids achieve greater self-regulation, focus more and stress less.

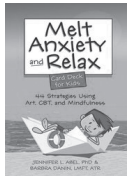


Play Therapy

Engaging & Powerful Techniques for the Treatment of Childhood Disorders

By Clair Mellenthin, LCSW, RPT-S

Play Therapy is filled with dozens of powerful play techniques adapted for use in individual, family, and group therapy, for schools, and at home. Discover how to use play therapy to treat: ADHD — Anxiety — Autism — Disruptive Behavior Disorders — Depression — OCD — PTSD — Trauma — Self-Esteem — Social Skills



Melt Anxiety and Relax Card Deck for Kids
44 Strategies Using Art, CBT and Mindfulness

By Jennifer L. Abel, Ph.D. & Barbara Danin, LMFT

The Melt Anxiety & Relax Card Deck for Kids provides 44 fun, easy, and effective practices to help anxious and worried young minds. Using the best strategies from CBT, Mindfulness and Art Therapy, kids can learn how to regulate their thoughts and emotions, and find ways to express themselves in a healthy way. Best for ages 4-12.

BONUS! 12 tips and strategies for caregivers to help relieve anxiety and worry.

Visit our Online Product Store @ www.pesi.com/bookstore

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for regional approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ce@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Play Therapists: PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for 6.0 contact hours. Play therapy credit will not be awarded to non-mental health professionals.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Delaware Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

New Jersey Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Pennsylvania Counselors: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This intermediate activity consists of 6.25 clock hours of continuing education instruction.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

New Jersey Educators, Administrators & Education Services Personnel: This activity will offer 6.0 Actual Professional Development Hours. PESI, Inc., powered by MEDS-PDN, is a registered New Jersey Professional Development Provider with the NJ Dept. of Education.

Pennsylvania Educators & School Personnel: 6.5 ACT 48 Hours will be made available through Capital Area Intermediate Unit (CAIU). Those requesting ACT 48 Hours will be required to sign in and provide their Pennsylvania Certification Number and will receive instructions at the seminar on how to create a free online account with CAIU; only those individuals who have a CAIU online account are eligible to receive ACT 48 Hours.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists: Psychologists: This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pennsylvania Psychologists: PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. PESI maintains responsibility for the program(s). This program qualifies for 6.25 continuing education hours.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

APPROVED PROVIDER

AMERICAN SPEECH-LANGUAGE HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

New Jersey Social Workers: Play Therapy: Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!, Course #2149, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by PESI, Inc. as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 10/31/2018 - 10/31/2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Full attendance is required; no partial credits will be offered for partial attendance.

Pennsylvania Social Workers: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This intermediate activity consists of 6.25 clock hours of continuing education instruction.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



SCAN HERE
FOR A SPECIAL OFFER ON
BOOKS & CARD DECKS

How to Register PLAY THERAPY Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

ONLINE

pesi.com/express/75486

PHONE

800-844-8260

Please have credit card available

FAX

800-554-9775

MAIL

PESI, Inc.
PO BOX 1000
Eau Claire, WI
54702-1000

1 Please complete entire form (to notify you of seminar changes):
please print; staple duplicate forms.

Mail Code: _____

See mail code box on address panel on reverse side

Name _____ Profession _____

Employer Name _____

Employer Address _____

Dept/Floor/Suite _____

City _____ County _____

State _____ Zip _____

Home/Cell Ph () _____

Dept. Ph () _____

*E-mail address _____

*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

2 Check location: (make copy of locations)

☐ **CHERRY HILL, NJ**
December 11, 2019 75486CHE
Holiday Inn Cherry Hill
2175 West Marlton Pike • 08002
(856) 663-5300

☐ **TREVOSE, PA**
December 12, 2019 75486TRV
Wyndham Philadelphia Bucks County
4700 E Street Road • 19053
(215) 364-2000

☐ **KING OF PRUSSIA, PA**
December 13, 2019 75486KOP
Crowne Plaza Valley Forge
260 Mall Boulevard • 19406
(610) 265-7500

REGISTER NOW:

pesi.com/express/75486

ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details.

Advance registration required.

Cannot be combined with other discounts.



FOR OFFICE USE ONLY
Fed ID # 26-3896894
© 2019 PESI, Inc.

CAN'T ATTEND THE SEMINAR?
See below for individual product orders

Play Therapy: Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

___ Seminar on DVD* (video) \$219.99 (RNV063470)
___ Seminar on CD* (audio) \$219.99 (RNA063470)
___ **2,4,6,8 This Is How We Regulate** book* \$24.99 (PUB085710)
___ **Play Therapy** book* \$29.99 (PUB085380)
___ **Melt Anxiety and Relax Card Deck for Kids** \$17.99 (PUB086025)

CE hours and approvals on products may differ from live CE approvals.
*Shipping is \$6.95 first item + \$2.00 each add'l item.
**Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

Product total \$ _____
*Shipping _____
Subtotal _____
**Tax _____
TOTAL _____