CERTIFIED CLINICAL TRAUMA PROFESSIONAL

Two-Day Trauma Competency Conference

The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

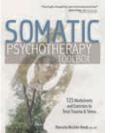
Attend this conference and you will walk away with a step-by-step four-stage framework for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can transform your clinical practice and help improve your trauma treatment outcomes, just as it has for other clinicians around the

**In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)

SAVE by including these products with your seminar registration!

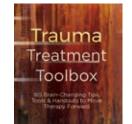


Somatic Psychotherapy Toolbox

125 Worksheets and Exercises to Treat Trauma & Stress

By Manuela Mischke-Reeds, MA, MFT

From over 25 years of clinical experience, Manuela Mischke-Reeds, MA, LMFT, has created the go-to resource for mental health therapists who want to incorporate somatic techniques into their daily practice. Highly-effective for clients dealing with trauma and stress disorders, somatic psychotherapy is the future of healing the entire person-body and mind.



Trauma Treatment Toolbox

165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward By Jennifer Sweeton, Psy.D., M.S., M.A.

The latest research from neuroscience and psychotherapy has shown we can rewire the brain to facilitate trauma recovery. Trauma Treatment Toolbox teaches clinicians how to take that brain-based approach to trauma therapy, showing how to effectively heal clients' brains with straightforward, easy-to-implement treatment techniques. Each tool includes a short list of post trauma symptoms, relevant research, application, and clinician tips on how to complete

More info and resources at www.pesi.com/bookstore

Meet Your Speaker ————

Gale Kelley, Ed.D., LMHC, CETP, is a Doctor of Education, Counseling Psychology; a Licensed Mental Health Counselor in the state of Florida; a Certified Expert Trauma Professional; a National Board Certified Counselor; a qualified supervisor for mental health counseling and marriage and family therapy; an approved clinical supervisor; and approved expert witness in several counties.

Gale develops and teaches trauma-related online continuing education courses with the International Association of Trauma Professionals (IATP). She is the former clinical director of the Child Protection Center in Sarasota, FL, and founder of Trauma Treatment & Mental Health Services which provides individual and family therapy, clinical testing and comprehensive assessments, consultation, and program development and evaluation. She has clinical experience with geriatrics, adults, mentally ill, developmentally challenged, substance abuse, family violence, marital conflict, and family dynamic issues.

Gale is affiliated with the American Counseling Association, the American Mental Health Counselors Association, the Association of Creativity in Counseling, the National Board for Certified Counselors, the International Association of Trauma Professionals, and the Florida Counseling Association.

Financial: Gale Kellev is the founder of Trauma Treatment & Mental Health Services. She is an adjunct faculty at the International Association of Trauma Professionals

Non-financial: Gale Kelley has no relevant non-financial relationship to disclose.

Conference Target Audience:

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Other Mental Health Professionals • Nurses

BECOME CERTIFIED!



This seminar meets ALL the education hours when applying for certification as a Certified Clinical Trauma Professional Level I (CCTP-Level I).

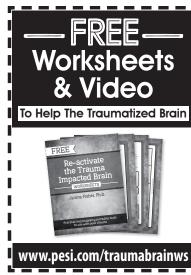
Visit traumapro.net for the full certification requirements.

Seminar on DVD or CD Package:

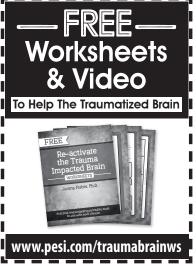
You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.



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Two-Day Trauma Competency Conference



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Featuring trauma expert and author Gale Kelley, Ed.D., LMHC, CETP

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A Brief History and Evolution of **Traumatic Stress, Grief & Loss**

Systemic traumatic stress theory Symptom review Review of effective treatments Tri Phasic model

Most commonly used instruments to assess traumatic stress

Core Competencies of Traumatic Stress, Grief & Loss

Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress

Precipitating events Meaning making Physiology of trauma Perception

Psychosocial model

Adaptive and maladaptive coping behaviors

Trauma adaptation Systemic influences **Emotional & psychological stressors** Integrated theoretical concepts from stress, crisis & trauma theories Information processing model

Interventions Cognitive Behavioral Techniques (PE, CPT & SIT)

EMDR & Bilateral Stimulation Thought Field Therapy (TFT)/Emotional

Review of Effective Treatment

Sensorimotor

The Biochemical, Affective, and Cognitive **Impacts of Traumatic Stress**

Affective volatility The body keeps the score

Neurobiology and biology of traumatic stress

The Impacts of Traumatic Stress **Over Time & Across & Within Developmental Stages**

Epigenetics

Reactive Attachment Disorder Adrenal fatique

The Role of Traumatic Stress in Clinical Disorders such as **Personality Disorders, Dissociative Identity Disorder, and More**

Comorbidity

Objectives

- 1. Examine the nature of traumatic stress, grief, & loss and their sequelae.
- 2. Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3. Evaluate traumatic stress, grief & loss from neurobiological, biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4. Examine the clinical research that supports the imperative factors that influence the efficacy of trauma treatment.
- 5. Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identity Disorder, and identify appropriate treatment Interventions.
- 6. Provide psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.

- Freedom Techniques (EFT)

Traumagenesis Traumaddiction

- 7. Determine the efficacy of self-regulation skills as a preliminary treatment intervention for trauma.
- 8. Articulate the 10 core competencies of traumatic stress, grief and loss and specify the clinical application of each.
- 9. Incorporate clinical interventions and techniques for the initial assessment, safety and stabilization phase of treatment as well as the remembrance and mourning phases of trauma treatment.
- 10. Examine the potential clinical limitations and benefits of completing a needs assessment for better progress in treatment.
- 11. Develop clinical skills to support and facilitate recovery from complicated bereavement in clients.
- 12. Incorporate CBT skills to promote the development of stability, self-efficacy, anxiety management, and relational capacities in traumatized clients.

Conceptualizing a Framework of **Healing for Survivors of Traumatic** Stress

Systemic perspective Strengths perspective Survivor metaphor

Traumatic Stress Exists Across the Continuum of Systemic Levels

Systemic trauma theory Community trauma Vicarious secondary traumatization

Theories of Traumatic Stress, Loss and Grief

Information processing model Psychosocial model Contemporary thoughts

Bereavement and Adjustment Disorders

Supporting normal bereavement Treating complicated bereavement

Assessment of Traumatic Stress Disorders

Diagnostic and Statistical Manual of the APA DSM-5® changes ACE & developmental trauma Diagnosing PTSD with the PCL-5

Evidence-Based Techniques/ Interventions

Relaxation/self-regulation Grounding

Containment

Drawing art Healing metaphors Transitional objects

Bilateral Stimulation

Writing/journaling

Demonstrations: Interactive Exercises/Application of Skills

Cognitive Behavioral Techniques Narrative Exposure Therapy Technique Thought Field Therapy (TFT)

Limitations of the Research and **Potential Risks**

Limitations of many accepted models of trauma

Weaknesses and limitations of evidence-based trauma treatment models

Limitations of the diagnostic (DSM-5 ®) system Limitations and potential risks in grief work, due to research scarcity on the topic

Closure: Lessons Learned

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.

Live Seminar Schedule (both days)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own) **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Hassle-Free Cancellation Policy: If you contact us before the event

date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or

Credits listed below are for full attendance at the

If your profession is not listed, please contact your *licensing board to determine your continuing education* requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Mississippi Marriage & Family Therapists: PESI, Inc. is an approved provider with the Mississippi State Board of Examiners for Social Workers and Marriage & Family Therapists. Provider #: TCE0005. This course has been approved for 12.5 continuing education hours.

Clinical Nurse Specialists: PESI, Inc. is

accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

Psychologists & Psychiatrists: Psychiatrists

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

Live Seminar Continuing Education Information

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

of the program to social workers who complete the

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

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Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar

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