#### Outline ..

#### **Nothing as Practical as a Good Theory**

How theories of ethical decision-making inform practice

What's your ethical theory? (And yes, you do have one)

Consequentialism, Deontology, and other theories

#### **Understanding Ethical Decision-Making**

Models of ethical decision-making The pre-critical process of decision-making Values, morals, laws, and other "cousins" of ethics

#### **Identify Contemporary Challenges**

Technology

How the codes written for paper records apply to electronic records

Digital communication

Distance therapy

Professional guidelines and positions papers Skype anyone?

Social media

Internet

Website content and structure

When and if to blog

Navigating consumer review sites

#### **Informed Consent**

What information should be included? How much information is enough? Updated content for your Informed Consent Form

Case examples

- I know what I signed, but that's not what I understand
- And now my insurance won't pay

#### **Clinical Competence**

Boundaries of competence Understanding emotional competence Addressing cultural competence Supervision vs. consultation Case examples

- Re-specializing
- When you can't refer

#### Confidentiality

Online disclosures

ICD-10, HIPAA, and communicating with third party payers

Encryption, storage, and the cloud Case examples

- Confidentiality online
- Alternate forms of communication

#### **Multiple Relationships**

What kind of online relationship is really a "relationship"?

Managing beneficial multiple relationships Gifts, bartering, and social contact Case examples

- One of 5,000 friends
- It's my party and I'll cry if I want to

#### **Put it all Together**

Anticipating future ethical challenges
Using a decision-making model that will work in
the future

Understanding the role of ethics in quality client care

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**When Clinical Goes Digital** 

### Objectives \_

- Explain how a practical model for ethical decision-making informs the clinical practice setting.
- Articulate the legal and ethical codes that relate to utilizing technology while providing mental health services.
- Establish ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing distance mental health services.
- Consider cultural differences when using technology and articulate how this may inform the clinician's choice of treatment interventions.
- Establish clear ethical guidelines to address the potential for a dual relationship when interacting with clients via technology.
- Explore potential ethical issues for a clinician relating to social media, blogs and websites.

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**STOCKTON, CA**Thursday, December 12, 2019

SACRAMENTO, CA

Friday, December 13, 2019





Is it appropriate to Google my client? If so, when?

How should I respond to a negative online client review? Or should I?

Is it ok to text my client?
Under what circumstances?

How much digital transparency is ok for a therapist?

How do self-disclosure, confidentiality, boundaries, and dual relationships change in the digital landscape?

CHICO, CA
Wednesday, December 11, 2019

STOCKTON, CA
Thursday, December 12, 2019

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Friday, December 13, 2019



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#### Digital Technology Has Changed the Way We **Serve and Interact with Clients**

Let's face it—the digital age is here to stay, and it has ushered in a complete paradigm shift in what it means to provide quality, ethical mental health treatment. Your current clients. and potential new ones, are accustomed to being able to receive every imaginable service using technology as the format. It only stands to reason that they are seeking, and even expecting, the type of services you provide to be available in the same fashion. Whether you are already in the digital space, or you realize that



you want and even need to be, the ethical considerations are unique, complex, and exciting all at the same time.

Let LOIS FENNER, R.N., M.S., Attorney at Law, be your guide as you explore the ethical issues related to social media, blogs, websites, and more. Through discussion, case examples, and experiential exercises, learn how to address complex ethical dilemmas while maintaining the highest standards of clinical practice.

#### Speaker

LOIS FENNER, R.N., M.S., Attorney at Law, is an honor graduate of the University of Maryland Graduate School of Nursing, Undergraduate School of Nursing and University of Maryland Law School. She is an attorney admitted to practice before the United States Supreme Court, a registered nurse and a certified clinical specialist. Ms. Fenner is a founding member of The American Nurse Attorneys Association, past president of the Monumental Bar Association, member of the Women's Bar Association, Phi Kappa Phi and Sigma Theta Tau Honor Societies and the National Exchange Club. She has been recognized by the Alliance of Black Women Attorneys with the Distinguished Women in Law Award; the Baltimore Marketing Association Harold Young Leadership Award, and the Baltimore County Diversity Award. Additionally, she is a three-time recipient of the Daily Record's Top 100 Women in Maryland award and was inducted into the Circle of Excellence. Attorney Fenner has been recognized as a Baltimore Business Journals Who's Who in Law and was selected as one of the Super Lawyers twice. Her practice focuses on medical litigation and health care including medical malpractice, personal injury, accreditation, wrongful death, Professional Board and licensure issues. She is a recognized educator and lecturer throughout the country providing realistic and current information in dynamic presentations...

Financial: Lois A. Fenner is in private practice. She receives a speaking honorarium from PESI, Inc. Non-financial: Lois A. Fenner has no relevant non-financial relationships to disclose

"Been a counselor for 30 years and this was the best ethics workshop I've been to. Highly informative and done in a way that did not leave me extremely stressed but just more knowledgeable."

--Mary, LPC

#### **Live Seminar Schedule**

**7:30** Registration/Morning Coffee & Tea

8:00 Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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Best Practices for Avoiding Litigation, Complaints and Malpractice By Susan J. Lewis, Ph.D., J.D.

Guidance, strategies, solutions and up-to-date information to help keep you out of court and jail. Easy-to-understand language to step you through the legalese, highlighted by 30 engaging case examples to illustrate how you can overcome legal and ethical challenges, including risk management, contracts, HIPAA privileged communication, licensing complaints, supervision pitfalls, rights of minors and technology.

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--Celina, Psychotherapist/Counselor

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