

## Outline

### Understanding personality disorders

Updates to DSM-5® and future changes  
The real purpose of diagnosis  
Treatment errors and misdiagnosis  
Core vs. surface structures  
Four central components to diagnosis

### Antisocial character

Understanding psychopathology  
Developmental progress in childhood  
Oppositional defiance  
Attachment and family of origin  
Primary defenses and affects  
Importance of personal power  
Managing in-session violence  
Suicide attempts and threats  
Blockades – manipulation and power struggles  
Risk analysis to self and other  
Interpersonal theory techniques  
Transference and countertransference  
Lessen destructive behaviors  
Cognitive-behavioral techniques  
Psychopharmacology and applicability  
Case studies and treatment exercises  
Differential diagnoses

### Borderline character

Symptom presentation along the spectrum  
Attachment and family backgrounds  
Feeling identification and behavioral control  
Manage rage, boundaries, self-mutilation and suicidality  
Facilitate pattern recognition, create stability, and build therapeutic collaboration  
Develop true sense of self and lessen maladaptive need for attention  
Underlying wishes and fears  
Build DBT core mindfulness skills  
DBT techniques to dissolve distraction, calm interpersonal upheavals, and focus on the “genuine relationship”  
DBT emotion regulation skills  
Psychopharmacology and applicability  
Case studies and treatment exercises  
Differential diagnoses

### Narcissistic character

Narcissism and environmental contexts  
Attachment and family backgrounds  
Primary defenses and affects  
Tackle the veneer of perfectionism  
Blockades - power struggles, empathy and criticism  
The narcissistic/borderline client  
Interpersonal strategies for empathy  
CBT techniques to clarify behaviors, values and goals  
Tactics to avoid arguing  
Motivational interviewing to overcome resistance  
Prevent sabotage  
Build a sense of true self  
Psychopharmacology and applicability  
Case studies and treatment exercises  
Differential diagnoses

### Histrionic character

Moody to excited to flamboyant: the erratic client  
Attachment and family backgrounds  
Primary defenses and affects  
Coquettish behavior, avoidance drama, inauthenticity  
Dangers of the histrionic client  
Link between emotions and behavior  
Interpersonal strategies for expression of true self  
Enhance sense of self and lessen the “spotlight”  
Motivational interviewing techniques  
DBT techniques  
Interpersonal strategies for positive relationships  
Strengthen self-initiative and independent action  
Psychopharmacology and applicability  
Case studies and treatment exercises  
Differential diagnoses

### Target Audience

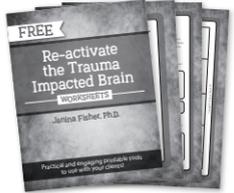
Counselors • Social Workers  
Psychologists • Psychotherapists  
Therapists • Addiction Counselors  
Marriage and Family Therapists  
Case Managers • Nurses  
Other Mental Health Professionals

### Live Seminar Schedule

**7:30 am** Registration/Morning Coffee & Tea  
**8:00 am** Program begins  
**11:50 am - 1:00 pm** Lunch (*on your own*)  
**4:00 pm** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

**FREE**  
**Worksheets & Video**  
To Help The Traumatized Brain



[www.pesi.com/traumabrainws](http://www.pesi.com/traumabrainws)

**Bring any Training On-Site!**

- Cost Effective for Groups
- Customizable
- Flexible

**CE credits included!**

[www.pesi.com/inhouse](http://www.pesi.com/inhouse)

NON-PROFIT ORGANIZATION  
US POSTAGE PAID  
EAU CLAIRE WI  
PERMIT NO 32729

PESI, Inc.  
P.O. Box 1000  
Eau Claire, WI 54702-1000  
A division of PESI, Inc.

**BORDERLINE, NARCISSISTIC, ANTISOCIAL AND HISTRIONIC Personality Disorders**

**Effective Treatments for Challenging Clients**

**POUGHKEEPSIE, NY** • Wednesday, December 4, 2019

**ALBANY, NY** • Thursday, December 5, 2019

**SPRINGFIELD, MA** • Friday, December 6, 2019



**BORDERLINE, NARCISSISTIC, ANTISOCIAL AND HISTRIONIC Personality Disorders**

**Effective Treatments for Challenging Clients**

- Understand the unique traits of antisocial, narcissistic, histrionic and borderline clients
- Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder
- Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!

**POUGHKEEPSIE, NY** • Wednesday, December 4, 2019

**ALBANY, NY** • Thursday, December 5, 2019

**SPRINGFIELD, MA** • Friday, December 6, 2019



A Non-Profit Organization  
CONNECTING KNOWLEDGE WITH NEED SINCE 1979

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at [nrate@pesi.com](mailto:nrate@pesi.com) or 715-855-5291.

**REGISTER NOW! [pesi.com/express/75525](http://pesi.com/express/75525)**

**REGISTER NOW! [pesi.com/express/75525](http://pesi.com/express/75525)**

Join Dr. William Elliott as he delivers an intensive workshop and seminar designed to provide you with the knowledge, skills, and abilities to identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissistic, Histrionic and Borderline Personality Disorder and make a breakthrough in clinical treatment.

- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

## Speaker

**William Elliott, PhD**, is a Licensed Clinical Psychologist with 45 years of experience in correctional mental health treatment. His clientele has included juvenile and adult offenders housed in the Federal Bureau of Prisons, Indiana Department of Correction, and Illinois Department of Corrections. Dr. Elliott has worked with hundreds of severely personality disordered clients, both male and female. Moreover, he has conducted specialized training in the management and treatment of Cluster B personality disorders with scores of psychologists, substance abuse counselors, and other mental health professionals. Dr. Elliott served as an Adjunct Assistant Professor of Criminology at Indiana State University for 25 years. He is the author of *Game Over! Strategies for Managing Inmate Deception*, as well as numerous professional journal articles.

### Speaker Disclosures:

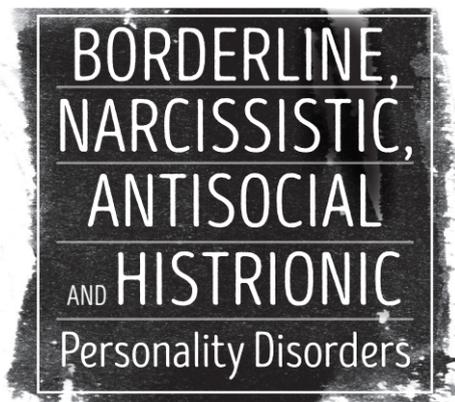
Financial: William Elliott is self-employed as a correctional mental health consultant. He receives a speaking honorarium from PESI, Inc.

Non-financial: William Elliott has no relevant non-financial relationship to disclose.

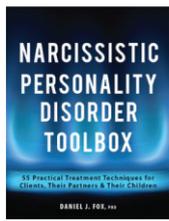
## Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Identify and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Implement CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Incorporate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.

Questions? Call customer service at **800-844-8260**



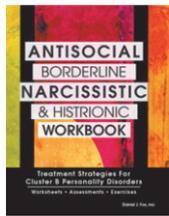
## INCLUDE THESE PRODUCTS WITH REGISTRATION AND SAVE!



**Narcissistic Personality Disorder Toolbox:**  
*55 Practical Treatment Techniques for Clients, Their Partners & Their Children*

By Daniel J. Fox, PhD

Invaluable tools you need to treat clients on the narcissistic spectrum, AND help their partners and children grow beyond the hurt and pain. Narcissism is a treatable condition, but working with these clients is no easy task. Developed from years of experience, Daniel Fox, PhD has created a three-sectioned approach, filled with unique worksheets, checklists and impactful exercises to help clients, their partners and their children.



**Antisocial, Borderline, Narcissistic and Histrionic Workbook:**  
*Treatment Strategies for Cluster B Personality Disorders*

By Daniel J. Fox, Ph.D.

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.

### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



### Seminar on DVD or CD Package:

You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**



## Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepsi@pesi.com](mailto:cepsi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc. as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #7553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**CONNECTICUT ADDICTION COUNSELORS:** Provider #120924. This course has been approved as a CCB approved training and has been awarded 6.25 hours by the Connecticut Certification Board.

**NEW YORK ADDICTION PROFESSIONALS:** This course has been submitted to OASAS for review.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**CONNECTICUT COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**MASSACHUSETTS COUNSELORS:** Application for MaMHCA/MMCEP continuing education credits has been submitted. Please contact us at 800-844-8260 or [info@pesi.com](mailto:info@pesi.com) for the status of LMHC CE certification.

**NEW YORK COUNSELORS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**VERMONT COUNSELORS:** This course has been submitted to the Board of Allied Mental Health Practitioners (BAMHP) for review.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**MASSACHUSETTS MARRIAGE & FAMILY THERAPISTS:** This course has been submitted for review for continuing education approval. Credit is pending.

**NEW YORK MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**PSYCHOLOGISTS:** This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**NEW YORK PSYCHOLOGISTS:** This live activity consists of 380 minutes of continuing education instruction and is related to the practice of psychology.

**VERMONT PSYCHOLOGISTS:** For the most up-to-date credit information, please go to: [www.pesi.com/events/detail/75525](http://www.pesi.com/events/detail/75525).

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**NEW YORK SOCIAL WORKERS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



PLEASE RETURN ENTIRE REGISTRATION FORM

### 2 Check location: (make copy of locations)

**POUGHKEEPSIE, NY** December 4, 2019  
Poughkeepsie Grand Hotel  
40 Civic Center Plaza • 12601  
(845) 485-5300

75525POU

**ALBANY, NY** December 5, 2019  
Hilton Garden Inn Albany/SUNY Area  
1389 Washington Ave • 12206  
(518) 453-1300

75525ABY

**SPRINGFIELD, MA** December 6, 2019  
Sheraton Springfield Hotel  
1 Monarch Pl • 01144  
(413) 781-1010

75525SGF

**Register now!**  
[pesi.com/express/75525](http://pesi.com/express/75525)

### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

### WALK-INS:

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### TUITION OPTIONS

• **FREE MILITARY TUITION:** PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details.

**Advance registration required.**  
Cannot be combined with other discounts.

QUESTIONS? Call **800-844-8260** or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

**ONLINE**  
[pesi.com/express/75525](http://pesi.com/express/75525)

**PHONE**  
**800-844-8260**  
Please have credit card available

**FAX**  
**800-554-9775**

**MAIL**  
PESI, Inc.  
PO BOX 1000  
Eau Claire, WI  
54702-1000

**1 Please complete entire form** (to notify you of seminar changes):  
*please print; staple duplicate forms.*

**Mail Code** \_\_\_\_\_  
*See mail code box on address panel on reverse side*

Name \_\_\_\_\_ Profession \_\_\_\_\_

Employer Name \_\_\_\_\_

Employer Address \_\_\_\_\_

Dept/Floor/Suite \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Ph ( ) \_\_\_\_\_

Dept. Ph ( ) \_\_\_\_\_

\*E-mail address \_\_\_\_\_

\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

### 3 Check tuition:

**TUITION** with seminar manual

**\$219.99** – choose one of the options below:

per person for 2 or more preregistering together —OR—

single registration postmarked 3 weeks prior to seminar date

**\$249.99** standard

**ADD-ON PRODUCTS** Distributed at seminar—FREE SHIPPING!

**\$29.99\* Narcissistic Personality Disorder Toolbox**

**\$29.99\* Antisocial, Borderline, Narcissistic and Histrionic Workbook**

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

### 4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**  
**Purchase orders welcome (attach copy).**

Check enclosed payable to **PESI, Inc.**

MC 16 digits  VISA 13-16 digits  AE 15 digits  Discover Novus 16 digits

Card # \_\_\_\_\_

Card Exp. \_\_\_\_\_ V-Code #\*: \_\_\_\_\_

Signature \_\_\_\_\_

(\*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)

(\*American Express: 4-digit # above account # on face of card.)

CAN'T ATTEND THE SEMINAR? See below for individual product orders

**Borderline, Narcissistic, Antisocial and Histrionic Personality Disorders: Effective Treatments for Challenging Clients**

\_\_\_ Seminar on DVD\* (video) \$219.99 (RNV054270)

\_\_\_ Seminar on CD\* (audio) \$219.99 (RNA054270)

\_\_\_ **Narcissistic Personality Disorder Toolbox\*** \$29.99 (PUB085505)

\_\_\_ **Antisocial, Borderline, Narcissistic and Histrionic Workbook\*** \$29.99 (PUB083610)

CE hours and approvals on products may differ from live CE approvals. Product total \$ \_\_\_\_\_

\*Shipping is \$6.95 first item + \$2.00 each add'l item. \*Shipping Subtotal \_\_\_\_\_

\*\*Residents add applicable state and local taxes except in AK, DE, MT, NH, OR. \*\*Tax \_\_\_\_\_

**TOTAL** \_\_\_\_\_



FOR OFFICE USE ONLY  
Fed ID # 26-3896894 © 2019 PESI, Inc. NR

