

Outline

Understanding personality disorders

Updates to DSM-5® and future changes
The real purpose of diagnosis
Treatment errors and misdiagnosis
Core vs. surface structures
Four central components to diagnosis

Antisocial character

Understanding psychopathology
Developmental progress in childhood
Oppositional defiance
Attachment and family of origin
Primary defenses and affects
Importance of personal power
Managing in-session violence
Suicide attempts and threats
Blockades – manipulation and power struggles
Risk analysis to self and other
Interpersonal theory techniques
Transference and countertransference
Lessen destructive behaviors
Cognitive-behavioral techniques
Psychopharmacology and applicability
Case studies and treatment exercises
Differential diagnoses

Borderline character

Symptom presentation along the spectrum
Attachment and family backgrounds
Feeling identification and behavioral control
Manage rage, boundaries, self-mutilation and suicidality
Facilitate pattern recognition, create stability, and build therapeutic collaboration
Develop true sense of self and lessen maladaptive need for attention
Underlying wishes and fears
Build DBT core mindfulness skills
DBT techniques to dissolve distraction, calm interpersonal upheavals, and focus on the “genuine relationship”
DBT emotion regulation skills
Psychopharmacology and applicability
Case studies and treatment exercises
Differential diagnoses

Narcissistic character

Narcissism and environmental contexts
Attachment and family backgrounds
Primary defenses and affects
Tackle the veneer of perfectionism
Blockades - power struggles, empathy and criticism
The narcissistic/borderline client
Interpersonal strategies for empathy
CBT techniques to clarify behaviors, values and goals
Tactics to avoid arguing
Motivational interviewing to overcome resistance
Prevent sabotage
Build a sense of true self
Psychopharmacology and applicability
Case studies and treatment exercises
Differential diagnoses

Histrionic character

Moody to excited to flamboyant: the erratic client
Attachment and family backgrounds
Primary defenses and affects
Coquettish behavior, avoidance drama, inauthenticity
Dangers of the histrionic client
Link between emotions and behavior
Interpersonal strategies for expression of true self
Enhance sense of self and lessen the “spotlight”
Motivational interviewing techniques
DBT techniques
Interpersonal strategies for positive relationships
Strengthen self-initiative and independent action
Psychopharmacology and applicability
Case studies and treatment exercises
Differential diagnoses

Target Audience

Counselors • Social Workers
Psychologists • Psychotherapists
Therapists • Addiction Counselors
Marriage and Family Therapists
Case Managers • Nurses
Other Mental Health Professionals

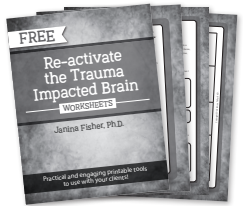
Live Seminar Schedule

7:30 am Registration/Morning Coffee & Tea
8:00 am Program begins
11:50 am - 1:00 pm Lunch (*on your own*)
4:00 pm Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at nrate@pesi.com or 715-855-5291.

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**BORDERLINE,
NARCISSISTIC,
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AND HISTRIONIC
Personality Disorders**

Effective Treatments for Challenging Clients

POUGHKEEPSIE, NY • Wednesday, December 4, 2019
ALBANY, NY • Thursday, December 5, 2019
SPRINGFIELD, MA • Friday, December 6, 2019



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**BORDERLINE,
NARCISSISTIC,
ANTISOCIAL
AND HISTRIONIC
Personality Disorders**

**Effective Treatments for
Challenging Clients**

- Understand the unique traits of antisocial, narcissistic, histrionic and borderline clients
- Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder
- Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!

POUGHKEEPSIE, NY • Wednesday, December 4, 2019
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Join Dr. William Elliott as he delivers an intensive workshop and seminar designed to provide you with the knowledge, skills, and abilities to identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissistic, Histrionic and Borderline Personality Disorder and make a breakthrough in clinical treatment.

- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

Speaker

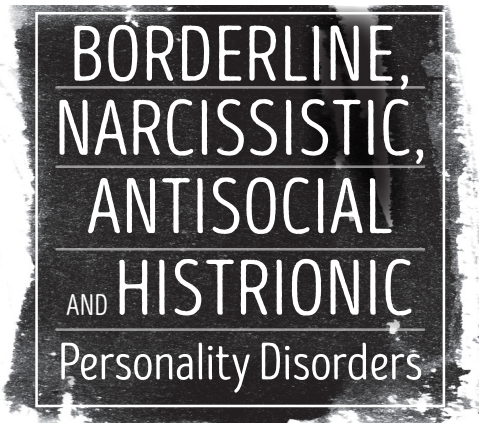
William Elliott, PhD, is a Licensed Clinical Psychologist with 45 years of experience in correctional mental health treatment. His clientele has included juvenile and adult offenders housed in the Federal Bureau of Prisons, Indiana Department of Correction, and Illinois Department of Corrections. Dr. Elliott has worked with hundreds of severely personality disordered clients, both male and female. Moreover, he has conducted specialized training in the management and treatment of Cluster B personality disorders with scores of psychologists, substance abuse counselors, and other mental health professionals. Dr. Elliott served as an Adjunct Assistant Professor of Criminology at Indiana State University for 25 years. He is the author of *Game Over! Strategies for Managing Inmate Deception*, as well as numerous professional journal articles.

Speaker Disclosures:
Financial: William Elliott is self-employed as a correctional mental health consultant. He receives a speaking honorarium from PESI, Inc.
Non-financial: William Elliott has no relevant non-financial relationship to disclose.

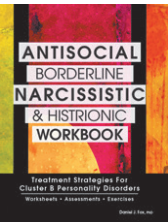
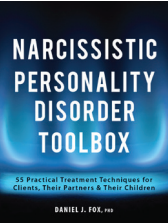
Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Identify and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Implement CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Incorporate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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CONNECTICUT ADDICTION COUNSELORS: Provider #120924. This course has been approved as a CCB approved training and has been awarded 6.25 hours by the Connecticut Certification Board.

NEW YORK ADDICTION PROFESSIONALS: This course has been submitted to OASAS for review.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

CONNECTICUT COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MASSACHUSETTS COUNSELORS: Application for MaMHCA/MMCEP continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LMHC CE certification.

NEW YORK COUNSELORS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MH-C-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

VERMONT COUNSELORS: This course has been submitted to the Board of Allied Mental Health Practitioners (BAMHP) for review.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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NEW YORK MARRIAGE & FAMILY THERAPISTS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Narcissistic Personality Disorder Toolbox: 55 Practical Treatment Techniques for Clients, Their Partners & Their Children

By Daniel J. Fox, PhD

Invaluable tools you need to treat clients on the narcissistic spectrum, AND help their partners and children grow beyond the hurt and pain. Narcissism is a treatable condition, but working with these clients is no easy task. Developed from years of experience, Daniel Fox, PhD has created a three-sectioned approach, filled with unique worksheets, checklists and impactful exercises to help clients, their partners and their children.

Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders

By Daniel J. Fox, Ph.D.

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

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• **Groups of 5 or more:** Call 800-844-8260 for discounts.

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