

Outline

Behaviors that Make Us Crazy

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Disorders

- Oppositional Defiant Disorder
- ADHD
- Mood disorders
- Anxiety disorders
- Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

- Fear-based (Fight, Flight, Freeze or Submit)
- Escape
- Attention
- Sensory
- Pain
- Control

Mental Health Disorder or Behavior Problem

- The power of skilled observations
- The interview
- Comparison to the group
- The FBA-Incredibly powerful assessment tool
- The art of choosing a diagnosis (if you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive

- Behavior plans
- Motivational incentives
- Set the stage for success
- Remember the initial goal
- Appropriately address the functions of the behavior

Objectives

- Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- Communicate how a skilled observation of behavior informs your treatment approach.
- Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Reactive

- Corrective measures
- It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

- ODD
- ADHD
- Mood disorders
- Anxiety disorders
- Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

- Asperger's disorder
- Divorce, separation
- Abuse and neglect
- Parent misbehavior
- Foster care


Live Seminar Schedule

- 7:30 Registration/Morning Coffee & Tea
- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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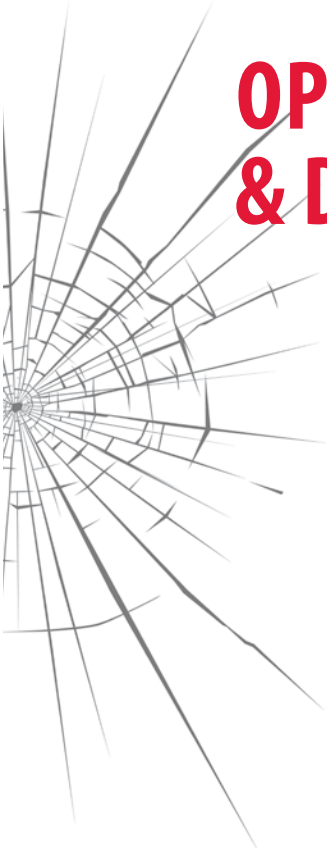
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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the  
Most Challenging Behaviors

- GREEN BAY, WI  
Wednesday, November 20, 2019
- MIDDLETON, WI  
Thursday, November 21, 2019
- WAUWATOSA, WI  
Friday, November 22, 2019

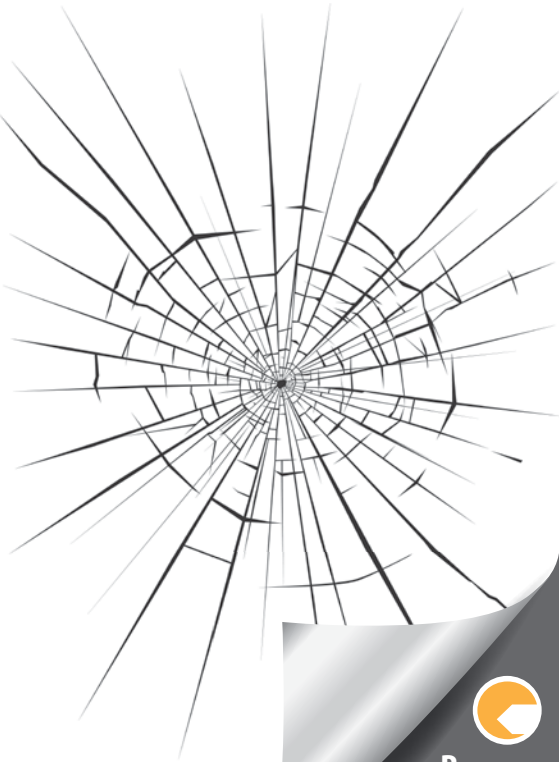


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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the  
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



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Friday, November 22, 2019



A Non-Profit Organization Connecting  
Knowledge With Need Since 1979

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Become  
ADHD-CCSP  
Certified!  
Details Inside

Questions? Visit pesi.com/faq or e-mail us at info@pesi.com

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger’s, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients’ most challenging behaviors including:

- Tantrums

Running out/away

Noncompliance

Nagging
- Refusing to work/help

Yelling/screaming

Bullying
- Panic/anxiety reactions

Lack of follow through

Not following directions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Dr. Jennifer L. Bashant is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Jennifer L. Bashant, Ph.D., LMSW, MA, is a sought-after presenter on the topics of mental health, trauma, restorative justice and mindfulness in schools. As a licensed clinical social worker with experience in a variety of clinical settings, Jennifer shares her clinical knowledge and expertise with educators in a way that is both practical and relevant.

Dr. Bashant started her own business, Building Better Futures, LLC, through which she extends her work with children exhibiting challenging behavior. She is an educational consultant in New York State, where she provides training and embedded coaching to educators regarding the most behaviorally challenging students. Her approach is trauma-sensitive and strengths-based, and she seeks to foster collaborative relationships between educators and students as they work together as partners in learning.

Jennifer has been trained in Collaborative Problem Solving, Restorative Justice and the Mindful Schools curriculum for K-12 students. As a certified DiSC Leadership and Work Style Trainer, Jennifer also trains teachers about how to communicate more effectively.

Speaker Disclosures:  
Financial: Jennifer Bashant is the owner of Building Better Futures, LLC. She receives a speaking honorarium from PESI, Inc.  
Non-financial: Jennifer Bashant has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Marriage and Family Therapists  
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers  
Nurses • School Administrators • Educational Paraprofessionals • Occupational Therapists  
Occupational Therapy Assistants • Other Helping Professionals who Work with Children

BECOME CERTIFIED!

This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).  
Visit [adhdcert.com](http://adhdcert.com) for the full certification requirements.

Satisfaction 100% Guarantee

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal.

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for Professionals & Active Military Veterans

PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

**Oppositional, Defiant & Disruptive Children and Adolescents: Non-Medication Approaches for the Most Challenging ODD Behaviors**  
By Scott D. Walls, MA, LIPC, CCMHC  
Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

**The Challenging Child Toolbox: 75 Mindfulness-Based Practices, Tools and Tips for Therapists**  
By Mitch R Abblett, Ph.D.  
Working with resistant, oppositional, emotionally dysregulated, and angry kids can be exhausting, frustrating and leave clinicians feeling burnt out. Dr. Mitch Abblett has created the remedy-with a new guide that will take you step-by-step through mindfulness-based principles, pointers and best practices to ease your work and dramatically improve the lives of kids and their families.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**WISCONSIN COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**WISCONSIN EDUCATORS:** This course may be used toward your Professional Development Plan if it meets your individual goals. Please contact DPI with questions regarding individual PDP's. This course is 6.25 clock hours.

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**WISCONSIN MARRIAGE & FAMILY THERAPISTS:** This course has been submitted to the Wisconsin Association for Marriage and Family Therapy for review. Credit is pending.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PSYCHOLOGISTS & PSYCHIATRISTS: PSYCHIATRISTS**  
PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS**  
The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

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APPROVED PROVIDER

ASHA CONTINUING EDUCATION

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**SOCIAL WORKERS:** This program is Approved by the National Association of Social Workers (Approval #886759332-2782) for (6.0 Clinical Social Work) continuing education contact hours.

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS: NON-MEDICATION APPROACHES TO THE MOST CHALLENGING BEHAVIORS

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TUITION including seminar manual

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☐ **\$24.99\*** *Oppositional, Defiant & Disruptive Children and Adolescents* book (PUB084010)  
☐ **\$29.99\*** *The Challenging Child Toolbox* book (PUB085715)

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We would be happy to accommodate your ADA needs; please email [info@pesi.com](mailto:info@pesi.com) or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, first come, first serve.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) for details.

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— Seminar on DVD\* (video) \$219.99 (RNV062385)  
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