

Outline

Neuropsychology: How the Brain with Autism Works
Latest research in ASD brain development
Comorbid disorders and symptoms
Enhanced vs. impaired abilities
Information processing: Typical brain vs. brain with autism
How an individual with ASD processes tasks

Assessments: From Observational to Standardized Tools
Comprehensive diagnostic tools and evaluations
Screeners for anxiety, depression, OCD
Career planning assessments
Modified checklists for infants and toddlers
Accurately interpret reports to guide interventions
Ethical challenges in assessment and communication of diagnosis

TAKE YOUR AUTISM INTERVENTION TO THE NEXT LEVEL!

Effectively Intervene Early
Applied Behavioral Analysis to break down targeted skills
Developmental interventions to express feelings and form relationships
Educational interventions for parents
Ethical principles to educate and support families in treatment choices
Case study: 2-year-old boy, working on verbal requests

Strengthen Communication and Social Interaction Skills
Visual systems to improve communication and reduce meltdowns
Teach turn-taking and pragmatic language
Programs to assist in generalizing social skills
Video modeling and role play to teach social rules
Social stories and social autopsies
Special interests to change unwanted or inappropriate behavior

Case study: 8-year-old male, competitive, difficulty losing at games, aggressive with peers

Manage Sensory Overload and Self-Stimulatory Behaviors
Exposure to more appropriate self-stimulatory behaviors
Fading out severe self-stimulatory behaviors
Environmental strategies including classroom modifications
Case study: 6-year-old female, hand flapping, rocking, and high-pitch squealing sounds

Decode ADHD and Executive Functioning in ASD
Improve attention, on-task and organizational skills
Schedules, timelines, web diagramming
How to provide more preferred tasks vs. less preferred tasks
"Home base" to help organize in classroom
Case study: 11-year-old male, difficulty planning/organizing, needs help with social pragmatic language skills

Decrease Undesirable Physical, Verbal and Other Inappropriate Behaviors
Turn noncompliance and oppositional behavior around
Applied behavioral analysis techniques
Token economy systems
Functional behavioral assessment made easy
Case study: 10-year old male, impulsive, engages in stealing behaviors

Manage Anxiety and Specific Phobias
Cognitive Behavioral and Coping Cat Training
Recognize emotional and physical reactions to anxiety
Clarifying thoughts and feelings in anxious situations
Develop plans for effective coping
Evaluate performance and giving self-reinforcement
Case study: 9-year old male, generalized anxiety disorder, and school phobia

Decrease Obsessive-Compulsive Behaviors
Decipher symptoms of OCD vs ASD
CBT and Exposure and Response Prevention
Mapping OCD
Creating the exposure hierarchy
Relapse prevention and family sessions
Case study: 22-year old female, excessive hand washing with fear of illness

Reduce Depressive Symptoms and Suicidal Ideation
Psychosocial interventions: Experiential activities with practice time
Cognitive-behavioral therapies
Mindfulness-based therapies
Family therapies
Social and vocational programs
Case study: 15-year-old male, hates school and has a plan, intent, and timeline for suicide

Sexuality and Sexual Behavior Challenges
Body awareness and exploration of self
Sexual arousal, puberty and sex education
Address dating and sexual relationships
Education on masturbation and pornography
Gender Identity and LGBTQ
Case study: 14-year-old male, frequent masturbatory and stalking behaviors

Psychopharmacological Interventions
Commonly prescribed medications
Medication efficacy
Risks vs. benefits
Case study: 17-year-old male, flat affect, on medication for ADHD and anxiety

Special Considerations
Trauma: Similarities and differences with ASD
Independent living and career planning
Guardianship and legal Issues
Multicultural and gender differences
Limitations of research and potential risks
Case study: 5-year-old male, adopted overseas with no birth or developmental history
Case Study: 19-year-old female, living at home with mom, no job, and never diagnosed with ASD

Ethical Challenges in Autism
Guidelines for assessment, treatment, and consultation
Welfare of the individual
Informed consent
Use of restraints
Time-out vs. seclusion
Case study: 8-year-old-male, screaming, standing on top of table with scissors in his hand



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2-Day Autism Spectrum Masterclass

Social and Behavioral Interventions to Reduce Complex and Challenging Behaviors in Children, Adolescents & Young Adults

ROCHESTER, NY
Tuesday & Wednesday, November 12 & 13, 2019

SYRACUSE, NY
Thursday & Friday, November 14 & 15, 2019

Live Video Webcast
Thursday & Friday, November 14 & 15, 2019

Presented by: Cara Marker Daily, PhD
author of *The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents*

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Speaker



Cara Marker Daily, PhD, BCBA, is a licensed psychologist and board certified behavior analyst with over 20 years of experience providing assessment and treatment for children, adolescents and young adults with autism in the home, school, hospital and community settings. She is the president and training director of Daily Behavioral Health, a leading behavioral health provider in northeast Ohio specializing in assessment, consultation, and treatment of autism, anxiety and disruptive behavior disorders. Dr. Daily works directly with educators, speech/language pathologists, occupational therapists, BCBA's and other professionals. She is the founder and executive director of the Building Behaviors Autism Center, which has received numerous grants to provide free and reduced cost applied behavioral analysis services to individuals with autism.

Dr. Daily has written several cognitive-behavioral and behavioral-based curriculums focusing on teaching daily living skills to children with autism and published a peer-reviewed journal article supporting evidence for success of these programs. She presents nationally on topics of autism, disruptive behaviors disorders, anxiety and chronic health conditions, teaching professionals who work with children and adolescents practical treatment and intervention strategies. Dr. Daily has been featured in radio, television, and other media platforms in northeast Ohio. She is the author of *The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents* (April 2016, PESI Publishing & Media). Dr. Daily is a member of the Department of Pediatrics at Fairview Hospital at the Cleveland Clinic, the American Psychological Association, the Ohio Psychological Association, and the Christian Association of Psychological Studies.

Speaker Disclosure:
Financial: Cara Marker Daily is the president/training director for Daily Behavioral Health, Inc. She is the founder/executive director of the Building Behaviors Autism Center. She is a compensated consultant for Rethink Autism. She receives a speaking honorarium from PESI, Inc.

Non-financial: Cara Marker Daily has no relevant non-financial relationship to disclose.

2-Day Autism Spectrum Masterclass

Social and Behavioral Interventions to Reduce Complex and Challenging Behaviors in Children, Adolescents & Young Adults

Presented by: Cara Marker Daily, PhD
author of *The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents*



Take your autism intervention to the next level! Confidently teach clients with autism how to:

- Manage emotional and physical reactions to anxiety and OCD
- Turn maladaptive behaviors around and reduce meltdowns
- Improve attention, motivation and organizational skills
- Reduce depressive symptoms and suicidal ideation
- Strengthen the skills needed to make/keep friends
- Address sexuality and sexual behavior challenges
- Recognize what trauma looks like with ASD
- And more!

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2-DAY AUTISM SPECTRUM MASTERCLASS

Transform your autism intervention with this **2-day Autism Spectrum Masterclass!**

Begin by joining **autism expert and author, Cara Daily, PhD, BCBA**, and learn the most effective evidence-based social and behavioral interventions for working with the pervasive comorbid disorders and symptoms associated with ASD.

Dr. Daily makes this complex disorder easy to understand—you will leave with the **interventions and skills required to confidently teach children, adolescents and young adults with autism how to live more independent and fuller lives!**

Learn how to integrate the latest research on brain development, visual and environmental modifications, cognitive-behavioral interventions and successful psychosocial techniques to help clients manage challenging behaviors related to ASD. Through engaging case studies, demonstrations, and hands-on activities you will learn the skills necessary to:

- Manage emotional and physical reactions to anxiety and OCD
- Turn maladaptive behaviors around and reduce meltdowns
- Improve attention, motivation and organizational skills
- Decode ADHD and Executive Functioning in ASD
- Decipher symptoms of OCD vs. ASD
- Reduce depressive symptoms and suicidal ideation
- Strengthen the skills needed to make/keep friends
- Address body and sexual awareness, exploration of self, sexual arousal
- Recognize what trauma looks like with ASD
- Expose clients to more appropriate self-stimulatory behaviors
- Accurately interpret assessment reports to guide effective interventions
- Use classroom modifications for preferential seating, successful transitions and alternate task-taking

Register today and learn the essential autism treatment tools that are easy to implement in the clinic, at school and home!

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on November 14 & 15, 2019, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$79.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/75335



Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

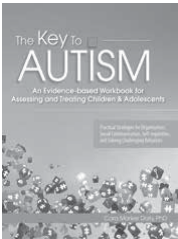
Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Cyndi Postlewaite at cpostlewaite@pesi.com or call (715) 855-5253.

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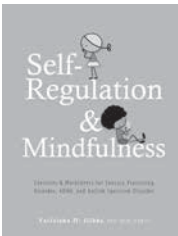


The Key to Autism

An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD, **Your Speaker**

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, and "how-to" sections for applied behavior analysis (ABA), this workbook is the key to understanding the minds of children and adolescents with autism.

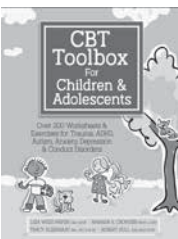


Self-Regulation and Mindfulness

By Varleisha Gibbs, PhD, OTD, OTR/L

Nationally known OT, Dr. Varleisha Gibbs has created a ground-breaking resource for addressing self-regulation in children. This workbook is filled with mindfulness techniques, hands-on activities, worksheets, assessments, exercises and coloring pages to engage the child in their own success.

Step-by-step Dr. Gibbs provides you with clear, concise and evidence-based strategies for treating children with sensory processing disorder, autism spectrum disorder, ADHD and similar developmental challenges.



CBT Toolbox for Children and Adolescents

Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders

By Robert Hull, Lisa Phifer, Amanda Crowder, Tracy Elsenraat

The CBT Toolbox for Children and Adolescents gives you the resources to help the children in your life handle their daily obstacles with ease. Written by clinicians and teachers with decades of experience working with kids, these practical and easy-to-use therapy tools are vital to teaching children how to cope with and overcome their deepest struggles. Step-by-step, you'll see how the best strategies from cognitive behavioral therapy are adapted for children.

Objectives

1. Assess, screen and diagnose Autism Spectrum Disorder (ASD) using DSM-5® and future ICD-11 diagnostic criteria.
2. Differentiate between neurological abilities and impairments in clients diagnosed with ASD.
3. Create a comprehensive treatment plan that targets symptoms of ASD based on results of comprehensive evaluations
4. Evaluate and develop your communication style to facilitate effective, reciprocal conversations with clients diagnosed with ASD.
5. Utilize developmentally-appropriate interventions to teach your clients with ASD how to engage in appropriate sexual behaviors.
6. Employ sensory-based relaxation techniques to reduce symptoms of anxiety in your clients with ASD.
7. Implement visual strategies to assist clients with executive functioning deficits.
8. Evaluate the ethical dilemmas associated with utilizing specific punishment techniques, including time-out and seclusion.
9. Utilize techniques of mindfulness, CBT, and family therapy to treat depression in clients with ASD.
10. Assist clients in identifying thoughts and feelings in anxious situations and develop a plan for effective coping.
11. Incorporate techniques of exposure and response prevention in treating OCD with clients who have been diagnosed with ASD.
12. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to ASD.

ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
 - **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
 - **Groups of 5 or more:** Call 800-844-8260 for discounts.
 - **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details.
- Advance registration required. Cannot be combined with other discounts.*

Questions? Call customer service at 800-844-8260

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Chaplains/Clergy: This activity is designed to qualify for 12.5 continuing education hours.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Counselors: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 12.5 clock hours in length.

New York Educators: PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiatives. Provider #23567. This activity will qualify for 12.5 Approved Continuing Teacher and Leader Education (CTLE) Hour(s), in the area of Pedagogy. Hours are based on full attendance. Board required certificates will be sent after the program.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Marriage & Family Therapists: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate

Psychologists & Psychiatrists: Psychiatrists

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

New York Psychologists: This live activity consists of 760 minutes of continuing education instruction and is related to the practice of psychology.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

APPROVED PROVIDER

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by
*the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

New York Social Workers: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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- ☐ **\$34.99*** *CBT Toolbox for Children and Adolescents* book

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- ___ *Self-Regulation and Mindfulness* book* \$26.99 (PUB085000)
- ___ *CBT Toolbox for Children and Adolescents* book* \$34.99 (PUB085120)

CE hours and approvals on products may differ from live CE approvals.

*Shipping is \$6.95 first item + \$2.00 each add'l item.

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