# OUTLINE

# **Neurocognitive Disorders**, **Dementia and Cognitive Impairment**

DSM-5™ changes and terminology Aging and neurodegeneration New research related to pathophysiology, diagnosis, risk factors and prevention

# Differentiate Neurodegenerative Disorders

Alzheimer's disease Vascular disease Frontotemporal disorder Lewy body disease Traumatic Brain Injury

# **Update on Delirium**

Acute or persistent delirium Screening and diagnosis Prevent life threatening consequences Evidence-based medications and treatment Long term consequences

# **Diagnosis of Neurocognitive Disorders/Dementias**

Reversible dementia-like disorders and conditions Validated cognitive screening tools

New diagnostic criteria and stages of dementia Family response to diagnosis

# **Pharmacologic Therapies** for Neurocoanitive **Disorders/Dementias**

Cholinesterase inhibitors NMDA receptor antagonists Antidepressants Antipsychotics and other psychotropic drugs Evaluate new drugs and learn medications to avoid Consider risk, side effects, and efficacy for older adults

# **Behavioral and Psychological Symptoms of** Dementia (BPSD)

Vast majority of patients with one or more BPSD

Serious negative consequences of untreated behaviors

Tools to systematically assess the presence and severity of symptoms

Investigation of multiple contributing factors Interdisciplinary creation and evaluation of a treatment plan

# **Interventions for Common Distressing Behaviors**

Agitation, anxiety and restlessness that lead to emotional distress and disability Apathy that contributes to poor prognosis and increased mortality Sexually inappropriate behaviors – one of the most distressing behaviors Frustration of changing behaviors over time

# **Best Practice for Unique** Challenges

Eliminate pain-inducing factors to diminish behaviors Nutrition and hydration challenges with disease progression Sleep disorders and evidencebased management

Depression and effective therapy Psychotic symptoms: Nonpharmacological and pharmacological interventions

# **Ethical Issues**

Safety, function and autonomy Comfort and dignity Advance care planning Palliative care and hospice Genetic testing Disclosure of diagnosis

# **Patient/Family Needs Across the Disease Trajectory**

Professional and family caregivers **Community Resources** 

# **Case Studies and Clinical Stories**





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# 2-DAY CERTIFICATE COURSE IN ALZHEIMER'S DISEASE AND OTHER NEUROCOGNITIVE DISORDERS

Update on Risks, Treatment and Evidence-Based Management of Complex Issues



# **Target Audience:**

Nurses, Nurse Practitioners, Physician Assistants, PTs and PTAs, OTs and OTAs. SLPs, Social Workers, Nursing Home Administrators, Mental Health Professionals from Hospitals, Skilled Nursing Facilities, Clinics, Assisted Living Facilities . . . Anyone desiring next-level skills to proactively assess and intervene for patients with neurocognitive disorders!

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

# Live Seminar & Webcast Schedule (both days) (Times Listed in Pacific)

**7:30** Registration/Morning Coffee & Tea 8:00 Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

For locations and maps, go to www.pesihealthcare.com, find your event, and click on the seminar title.

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- Manage overwhelming aggression and hypersexuality

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- New evidence related to pathology, modifiable risk factors and biomarkers
- Solutions to genetic testing & diagnostic disclosure struggles
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# 2-DAY CERTIFICATE COURSE IN ALZHEIMER'S DISEASE AND OTHER NEUROCOGNITIVE DISORDERS

Update on Risks, Treatment and Evidence-Based Management of Complex Issues

Alzheimer's disease and other neurocognitive disorders are disabling health conditions that create daunting challenges to patients, families and clinicians. Are you prepared to manage and anticipate the complex patient needs that emerge when caring for these patients? Have there been times in the past that you wished you had done more...?

Catherine Wollman, DNP, CRNP, GNP-BC, will provide the very latest research about who's at risk, what's at stake, and what we can realistically do to manage the impact of neurocognitive disorders. Knowledge and evidence in dementia care are constantly changing. We will focus on the newest science, but also the use of ingenuity and compassion to address the multiple problems facing patients and families. Unique clinical challenges will be reviewed using personal stories and case studies to decide the best pharmacological and non-pharmacological interventions to transform your own practice.

Alzheimer's disease and other neurocognitive disorders will touch almost all of us personally or professionally. During this intense course, Catherine will provide you with new clinical insights and critical thinking skills so that you won't need to feel uncertain, frustrated or at risk anymore!

# SPEAKER BIO

M. Catherine Wollman, DNP, CRNP, GNP-BC, has been a gerontological nurse practitioner for over 30 years, caring for older adults in acute care, long-term care and home care. Catherine currently provides geriatric consultation services. Her expertise is often sought for the care of particularly challenging dementia cases. She worked as the director of senior health for a large hospital system offering a full spectrum of services, including comprehensive interdisciplinary dementia care. Catherine has travelled the country, offering her clinical expertise through various trainings to experienced healthcare audiences. Additionally, she has published articles and book chapters about relevant issues affecting older adults.

**Speaker Disclosures:** 

Financial: M. Catherine Wollman is a visiting professor with Chamberlain College of Nursing. She receives a speaking honorarium from PESI, Inc.

Non-financial: M. Catherine Wollman is a member of the Gerontological Advanced Practice Nurses Association.



ESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for eterans and active duty military personnel. Limited seats available; advance online registration required.

# **OBJECTIVES**

- 1. Differentiate cognitive impairment, dementias, neurocognitive disorders and their unique symptoms and trajectories.
- 2. Review new DSM5<sup>™</sup> changes and updated research on neurocognitive disorders.
- 3. Evaluate the current status of dementia research, including new risks, causes and prevention of Alzheimer's disease.
- 4. Summarize screening tools and diagnostic methods for neurocognitive disorders.
- 5. Recognize the impact of neurocognitive disorders/ dementias on the individual, family, caregivers and healthcare providers.
- 6. Develop a comprehensive interdisciplinary plan of care for the patient and family with neurocognitive disorders/ dementias.
- 7. Synthesize evidence-based interventions for behavioral and psychological symptoms of dementia.
- 8. Discuss pharmacologic therapy for neurocognitive disorders/ dementias, delirium and
- 9. Summarize clinical updates on delirium from prevention and early recognition to effective management.
- 10. Examine ethical issues related to neurocognitive disorders including capacity, safety, diagnosis disclosure, palliative and end of life care.
- 11. Improve quality of life and outcomes of care for patients and families with neurocognitive disorders/ dementias.
- 12. Analyze case studies of complex patients with neurocognitive disorders/ dementias.

#### Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on December 9 & 10, 2019, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line posttest evaluation. Additional certificates are available for \$79.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesihc.com/webcast/75721

Seminar on CD or DVD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal.

Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not or 800-844-8260 before the event

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of healthcare professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as

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Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

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Nursing Home Administrators: This program has been submitted (but not yet approved) for 12.5 continuing education clock hours and 12.5 participant hours from NAB/NCERS. For the most up-to-date credit information, please go to: www. pesi.com/events/detail/74439

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California Physical Therapists & Physical Therapist Assistants: PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers. This lecture qualifies for 12.5 continuing competency hours

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Speech-Language Pathologists: This course is offered for 1,25 ASHA CEUs ntermediate level, Professional area).

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Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. naintains responsibility for this course. ACE provider approval period: January 7, 2017 - January 27, 2020, Social Workers completing this course receive 12,5 Clinical Practice continuing education credits. Course Level: Intermediate. Ful attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social

California Social Workers: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licensees/cont\_ed.html under "Where to find CE Courses." This Intermediate level activity consists of 12.0 clock hours of continuing education instruction

workers who complete the program evaluation

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professiona organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirement



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Please complete entire form (to notify you of seminar changes):

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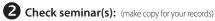
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