Outline

PRINCIPLES OF MYOFASCIAL CUPPING

- Movement, mobility, and motor control
- Movement Pyramid framework
- · Fascial anatomy/physiology • Physiological/neurological effects of cupping
- techniques Current literature related to cupping
- techniques
- Blood flow, fascial gliding, and the nervous
- Indications, contraindications, and application safety

SKIN/FASCIAL SCREENING (60 minutes)

Hands-On Lab

FUNDAMENTAL CUPPING TECHNIQUES AND TREATMENT STRATEGIES (60 minutes)

- Direction and pressure
- Decompression/compression forces
- External/internal glide methods
- Graded exposure techniques
- · Sensory-motor retraining
- · Integrating corrective exercise

Hands-On Lab

APPLYING CUPPING EFFECTIVELY

- Upper extremity and arm fascial chains
- Lower extremity and leg fascial chains
- · Core, trunk, lumbopelvic regions, and long fascial chains
- · Hip, trunk, rib cage, diaphragm, and neck
- Condition-specific applications
- Progression and regression protocol

Hands-On Lab

CASE STUDIES AND PROBLEM SOLVING (60 minutes)

Case Studies

Who Should Attend

- Physical Therapists/PTAs
- ◆ Occupational Therapists/OTAs
- ◆ Athletic Trainers
- Massage Therapists
- ◆ Personal Trainers

What to Bring

Yoga mat or massage table (if applicable)

What to Wear

Please wear comfortable and loose clothing for labs. Shorts and tank tops are recommended.

Live Seminar Schedule

7:30: Registration/Morning Coffee & Tea 8:00: Program begins

Lunch: 1 hour (on your own)

3:30: Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

CAN'T ATTEND THIS SEMINAR?

Sign up early for an upcoming

Live Video Webcast

January 14, 2020

8am - 3:30pm Eastern

For CE, additional information and to register visit:

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Movement is key to all healing, whether you are working with an elite athlete or someone recovering from a car crash.

RockTape certification workshops are taught by industry-leading experts in movement assessment and therapy. These hand-on courses present a revolutionary way of thinking about how we move and how we injure. They integrate innovative mobility and stability strategies, along with movement-based, practical treatment frameworks - to deliver **RESULTS**.

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- Myofascial Cupping Practitioner Certification
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REHAB SUMMIT

LAS VEGAS

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PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online



Introductory Survival Spanish for Healthcare Providers Up to 1 CE HOUR

HURRY OFFER EXPIRES November 15, 2019 rehab.pesi.com/freespanish







Myofascial Cupping Practitioner Certification

Become a Certified Myofascial Cupping Practitioner in this hands-on course, and learn everything you need to know to begin offering cupping services the next day.

- ✓ Learn effective treatments for pain, sprains/strains, swelling, tendinopathies, and more
- therapists and trainers



This event is a member of RockTape's Functional Movement Techniques (FMT) Certification Series.

Augusta, GA

Wednesday December 4, 2019

Columbia, SC Charleston, SC Thursday

December 5, 2019

Friday December 6, 2019

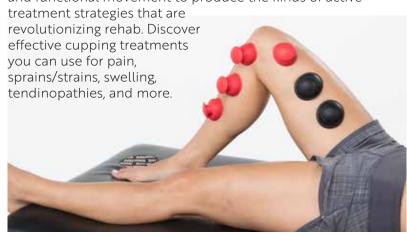
UPCOMING Live Video Webcast Tuesday, January 14, 2020



REGISTER NOW: pesirehab.com/express/74387

A Non-Profit Organization Connecting Knowledge with Need Since 1979





Speaker

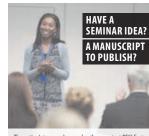
DANNY PORCELLI, DC, attended Parker College of Chiropractic in Dallas Texas where he obtained a Doctorate in chiropractic medicine and a B.S. in health and wellness. Prior to attending Parker he received a B.S. in psychology from the University of Central Florida, Orlando. Dr. Porcelli was selected to be a treating physician at the 2010 Central American Games in Bogota Colombia and treated the speed skaters and Para-Olympic triathletes. He was also selected for the 2013 & 2014 CrossFit™ Games and CrossFit South East Regionals. He has coordinated the athlete services for CrossFit events such as Wodapalooza, Thunderdome, and Box Battles.

Dr. Porcelli is the primary chiropractic physician and owner of XOC Chiropractic in Naples, FL. He combines joint mobilization, soft tissue treatments, and corrective exercises to obtain fast, effective and lasting results. He holds advanced certifications in soft tissue mobilization techniques such as Active Release Therapy and (ART) Graston Technique. He broke his back in the summer of 2006 and has since dedicated himself to educating and inspiring people to learn more their body and its great potential to perform, adapt, and heal.

Financial: Danny Porcelli maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Danny Porcelli has no relevant non-financial relationships to disclose.

Objectives

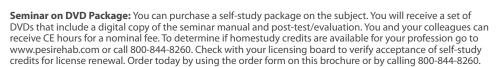
- Review the principles of myofascial cupping and supporting evidence.
- ◆ Describe the physiological and neurological effects of cupping.
- ◆ Demonstrate how to apply cupping for best results.
- ◆ Compare and contrast common cupping techniques and review indications/contraindications for each.
- ◆ Demonstrate how cupping techniques can be combined with corrective exercise to improve pain, sprains/strains, swelling, tendinopathies, and
- ◆ Develop cupping applications based on your assessment/treatment approach and the individual needs of your patient.



The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have croufs@pesi.com or 715-855-5229.

ORDER TODAY! [FREE SHIPPING WHEN ORDERED WITH YOUR SEMINAR REGISTRATION] **Myofascial Cupping Starter Kit** Kit Includes one of each: RockPods Cupping Set RockSauce® Fire RockSauce® Ice Forget complicated pumps and hoses - RockPods are designed to easily unlock entirely new ways to unstick and manipulate facia to reduce pain, improve range of motion and increase athletic performance. Increase effectiveness and provide immediate relief with RockSauce® Fire and RockSauce® Ice - powerful muscle & joint pain relief topical. \$99.99 \$69.99 sale price **Save 30%!**

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



Questions? Call customer service at 800-844-8260 —

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Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times, NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalitie. that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. PESI, Inc. offers continuing education programs and products under the brand

names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Athletic Trainers: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education.

Personal Trainers: This course has been approved by the National Academy of Sports Medicine (NASM-BOC) for 0.6 CEÚs. PESI, Inc. Provider Number is 544

Massage Therapists: PESI, Inc. is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider #1808. This course is offered for 6.0 CE hours. 100% attendance is required for a Certificate of Completion to be issued, no variable credit is given.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA

Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process, Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary by state/ jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Georgia Physical Therapists: This course has been reviewed and approved by the Physical Therapy Association of Georgia for 5.75 CCHs.

South Carolina Physical Therapists & Physical Therapist Assistants: The South Carolina Chapter of the American Physical Therapy Association has reviewed and approved this course as appropriate continuing education for physical therapy training for 6.0 CEUs.

Other Professions: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or rganization for specific requirements



How to Register

Mail Code:

74387AUG

MYOFASCIAL CUPPING PRACTITIONER CERTIFICATION Questions? Visit www.pesirehab.com/fags, or call 800-844-8260

please print; staple duplicate forms.

pesirehab.com/express/74387

PHONE

ONLINE

800-844-8260

Please have credit card available

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See mail code box on address panel on reverse side Profession Employer Name Employer Address_ Dent/Floor/Suite County _____ Zip Home/Cell Ph (Dept. Ph (*F-mail address *Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

Please complete entire form (to notify you of seminar changes):

Check location: (make copy of locations)

□ AUGUSTA, GA

December 4, 2019

DoubleTree Hotel Augusta

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□ COLUMBIA, SC

December 5, 2019 74387COL

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74387CHR

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UPCOMING LIVE VIDEO WEBCAST

☐ January 14, 2020

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week

TUITION OPTIONS

FREE Military Tuition: PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online

• \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, or call our Customer Service Dept, at 800-844-8260.

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3 Check tuition:

TUITION with seminar manual

☐ **\$249.99** early registration* *postmarked 3 weeks prior to seminar date

□ **\$279.99** standard

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Shipping is \$6.95 first item + \$2.00 each add'l item

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Subtotal **Tax TOTAL

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CR