

Outline

Biological Psychiatry

Neurotransmitters: The theoretical emotional signaling chemicals of the brain
Limitations of the research and potential risks

DSM-5® and Psychotropic Med Use Depression

Antidepressants: How they are thought to work
Cyclics
SSRIs
SNRIs
Other common antidepressants – and why they are used
Side effects and risk factors
Herbals and depression
Treatment-resistant depression

Improve patient compliance with mental health medications

Limitations of the research and potential risks
What you and your clients should know

Bipolar Spectrum

Medicating Bipolar disorder
Current “gold standard” treatment and side effects
Anticonvulsant and antipsychotic use in Bipolar disorder
Anticonvulsant side effects
Risks of medication non-compliance
New! Controversial concepts in treating Bipolar spectrum

The Many Manifestations of Anxiety

Medicating anxiety
Benzodiazepines
Non-benzodiazepines
Medications used to treat insomnia
Using anxiolytics safely
Side effects of the anxiolytics

Schizophrenia

How antipsychotic medications are thought to work
Conventional antipsychotics
Second generation agents
Antipsychotic side effects
Relapse and non-compliance

Controversy surrounding antidepressants in treating children and adolescents

Antidepressants and suicide in children: The real truth
Medicating anxiety in children
Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?

ADHD Medications –

What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!

The evolution of psychostimulants

Alzheimer’s medications, treatments, theory and controversy

What’s Next: Newly Approved Mental Health Medications

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists
Case Managers • Marriage & Family Therapists • Nurses
Nurse Practitioners • Clinical Nurse Specialists • Addiction
Counselors • Pharmacists • Occupational Therapists
Occupational Therapy Assistants • Other Mental Health &
HealthCare Professionals

Objectives

1. Articulate the clinical uses of the five major psychotropic medication classes – antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants –including their efficacy and their common side effects.
2. Implement effective methods to collaborate with patients and prescribers on issues surrounding compliance with medication treatments.
3. Communicate the potential benefits and risks of using psychotropic medication to treat a wide array of conditions.
4. Analyze the actions, therapeutic uses, and side effects of antidepressants in adults and children.
5. Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
6. Explain current controversies in psychopharmacology, including Alzheimer’s medications and newly approved medications for various conditions.

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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

BILOXI, MS Wednesday October 2, 2019	MOBILE, AL Thursday October 3, 2019	PENSACOLA, FL Friday October 4, 2019
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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

- Improve your clients’ adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5® and psychotropic med use

Psychopharmacology

What You Need to Know Today about Psychiatric Medications

Most Up-To-Date Psychotropic Medication Info

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before . . . not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- * Improve clients’ understanding of their mental illness, and how medication aids recovery
- * Identifying treatment concerns with inappropriate, inadequate doses of medication
- * Tools to help clients manage unpleasant side effects
- * Strategies to improve client adherence to medications
- * Depression, bipolar, anxiety, schizophrenia, ADHD -- the latest trends in medication management

Speaker

N. BRADLEY KEELE, Ph.D., is associate professor of psychology & neuroscience, and biomedical studies at Baylor University. Prior to coming to Baylor, he was a post-doctoral fellow at the National Institutes of Health in Bethesda, MD. Dr. Keele is an expert on the neurobiology of complex emotional behaviors such as fear and anxiety disorders and depression. His lab, with support from the NIH, examines pharmacological and physiological mechanisms involved in emotional behavior and psychopathology. Dr. Keele has published over 25 peer-reviewed, primary research papers and book chapters, and has made presentations at several dozen national scientific meetings.

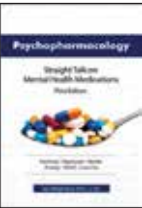
Dr. Keele earned his B.S. degree in psychology from Baylor, and his Ph.D. in neuroscience from the University of Texas Medical Branch in Galveston.

Speaker Disclosure:

Financial: N. Bradley Keele is an associate professor at Baylor University. He receives a speaking honorarium from PESI, Inc.

Non-financial: N. Bradley Keele has no relevant non-financial relationship to disclose.

*SAVE by including these products with seminar registration!



Psychopharmacology

Straight Talk on Mental Health Medications - 3rd Edition

By Joseph F. Wegmann, R.P.H., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology. (2015)



Private Practice Essentials

Business Tools for Mental Health Professionals

By Howard Baumgarten, MA, LPC

Private Practice Essentials is an innovative, practical guide and workbook for creating business and clinical success in your counseling and therapy practice. You'll be guided through numerous exercises that provide a solid and personalized plan with realistic and attainable goals. It's like having a professional business consultant right at your fingertips, including 75+ reproducible worksheets, forms and exercises.

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Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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PSYCHIATRISTS: PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education.

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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