OUTLINE

Uncover Misbehavior's Hidden Motives

The 5 "needs" that drive all misbehavior 15 maladaptive ways teens guard against feeling hurt

14 keys to stop misbehavior

Use High-Impact Interviewing

Respond effectively to "I don't know," "It's not my fault," and "I don't care" 10 dynamite probes to unearth hidden motives Reduce defensiveness and build trust

Improve Social Skills and Self-control

Bolster temptation resistance Sharpen decision-making and problemsolving Upgrade apology skills Impart healthy handling of anger

Resolve Attention-seeking and Power-displaying behavior

Effective strategies for "You can't make me!" 16 techniques for the bossy teen 10 tools for "notice me more"

Resolve Malicious Misbehavior

Teach important insights about revenge Prevent bullying and threats Decrease vandalism

9 answers for the "look tough, act tough" teen

OBJECTIVES

Resolve Irresponsible and Self-destructive Misbehavior

30 answers for "I can't do it" cop-outs Rebuild self-confidence Strengthen stress coping skills

Adapt Your Intervention to Each Client

Recognize the limitations of every approach The client's unique perspective is pivotal Determine how the child perceives the world/people/self

Interpret the child's actions as an attempt to express autonomy and belonging

Help Teachers and Parents

Stay out of "ignore-nag-yell-punish" cycles Develop conscience without punishing or attacking

Refine empathy skills

Sidestep power struggles Improve cooperation with chores and routines Reduce sibling rivalry and improve family dynamics

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea 8:00 Program begins **11:50-1:00** Lunch (on your own) 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Ouestions? Call Customer Service: 800-844-8260

- 1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
- 2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
- 3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
- 4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
- 5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
- 6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online egistration required.

Target Audience: Psychologists • Social Workers • Counselors • Occupational Therapists • Speech Language Pathologists Educators • Probation Officers and Other Helping Professional that work with children





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OPPOSITIONAL, **AGGRESSIVE**, **ATTENTION-SEEKING & UNCOOPERATIVE**

Children, Teens and Young Adults

High-Impact Strategies to Reduce **Chronic Misbehavior**

October 30, 2019

Thursday

Manhattan, NY Friday



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White Plains, NY

Wednesday

October 31, 2019

November 1, 2019

Plainview, NY

OPPOSITIONAL, AGGRESSIVE, **ATTENTION-SEEKING & UNCOOPERATIVE**

Children, Teens and Young Adults

High-Impact Strategies to Reduce **Chronic Misbehavior**

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

White Plains, NY

Wednesday October 30, 2019

Plainview, NY Thursday October 31, 2019

Manhattan, NY Friday November 1, 2019

tion serving the educational needs of mental health professionals since 1979.

REGISTER NOW: pesi.com/express/73808

This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and get noticed
- Engage in property destruction, fire-setting, vandalism or animal cruelty
- Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- · Snicker at charts-and-stars and other "behavior modification" attempts

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying. You'll learn key strategies for "reading" misbehavior to uncover its underlying needs and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

SPEAKER

John F. Taylor, Ph.D. is a prominent innovator and highly regarded authority on child discipline from the Adlerian perspective. During his over 40 years of clinical practice he has specialized in diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of Parentology, an information and resource provider for Attention Deficit Hyperactivity Disorder and related conditions. The author and producer of over 200 professional journal articles, newspaper columns, journal columns, books, video DVDs, audio CDs and booklets, he is perhaps best known for his landmark parent-teachercounselor guidebook Helping Your ADD Child and his best-selling The Survival Guide for Kids with ADHD. Among his most popular publications on child discipline are From Defiance to Cooperation, Understanding Misbehavior, Correcting Without Criticizing, Anger Control Training, and Diagnostic Interviewing of the Misbehaving Child. His resources are available at his website, www.parentology.guide.

Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI, Inc

Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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OPPOSITIONAL AGGRESSIVE, **ATTENTION-SEEKING** & UNCOOPERATIVE

Children, Teens and Young Adults High-Impact Strategies to Reduce Chronic Misbehavior



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Oppositional, Defiant & Disruptive Children and Adolescents

Non-Medication Approaches for the Most Challenging ODD Behaviors By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce

problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

Letting Go of Anger Card Deck: 54 Cards to help teens tame frustration **By Jeffrey Bernstein**



OPPOSITIONAL DEFIANT & DISRUPTIVE

Simple skills to successfully manage anger • Tools to calm in emotionally tense moments • Strategies to overcome anxiety • Using anger in a healthy way • Steps to create positive changes

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified. pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board vs). Please see "live seminar schedule" on this brochure for full attendance start and end times. NOT Boards do not allow credit for breaks or lunch.

If your profession is not listed please contact your licensing board to determine your continuing education equirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for eviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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New York Counselors: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselor #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is ired; no partial credits will be offered for partial attendance

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

New Jersev Educators, Administrators & Education Services Personnel: This activity will offer 6.0 Actual Professional Development Hours. PESI, Inc., powered by MEDS-PDN, is a registered New Jersey Professional Development Provider with the NJ Dept. of Education.

New York Educators: PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiative Provider #23567. This activity will qualify for 6.25 Approved Continuing Teacher and Leader Education (CTLE) Hour(s), in the area of Pedagogy, Hours are based on full attendance. Board required certificate will be sent after the program



qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate

Psychologists: This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, nc. as an approved ACCME provider: Alaska, Arkansas California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, Nev Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to ecognize for continuing education credit. Full attendance is required; no partia credits will be offered for partial attendance.

PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the exten of their participation in the activity. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical

New York Psychologists: This live activity consists of 380 minutes of continuing truction and is related to the practice of psychology



Association (ASTA) to provide a continuing education activities in speech-language pathology

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

Speech-Language Pathologists Only: To be reported to ASHA, while completing the online post-test/evaluation, please answer YES to the question: "Are you a Speech-Language Pathologists and/or Audiologist requesting to have your credit hours reported to the ASHA CE Registry to earn ASHA CEUs?" and include your ASHA number. After completing and passing the online post-test/ evaluation, your information will automatically be sent to cepesi@pesi.com to be reported. If you forget to answer yes, please send an email to cepesi@pe com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number

Social Workers: PESI, Inc., #1062, is approved to offer **ØACE** social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing

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New Jersey Social Workers: Oppositional, Aggressive, Attention-Seeking & Uncooperative Children, Teens and Young Adults: High-Impact Strategies to Reduce Chronic Misbehavior, Course #2194, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by PESI, Inc. as an individual course. Individual courses, not providers, approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 12/20/2018 -12/20/2020. Social workers completing this course receive 6.25 Clinical Practice continuing education credits. Full attendance is required; no partial credits will be offered for partial attendance

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Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

student schedule with registration form.

Go to www.pesi.com/students or call 800-844-8260 for details. Advance registration required. Cannot be combined with other discount



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