# OUTLINE

## WHY WORKING WITH MINORS IS DIFFERENT

Vulnerability and power differentials

Federal and state laws outlining legal responsibilities Issues involved with older adolescents

# CONSENT RULES AND ISSUES INVOLVING MINORS

Consent vs. assent

Who can provide consent?

Parental rights and consent rules

Special rules for older adolescents

Informed consent process

# WHEN A MINOR IS (AND IS NOT) A CLIENT

When does an individual become a client?

Personal representatives

Ethical vs. legal considerations

# CONFIDENTIALITY STANDARDS AND LIMITS WITH MINORS

Limits of confidentiality

Communications with minors and parents

Progressive scenarios technique

Parental agreements

## PARENTAL RIGHTS...AND WRONGS

Default rights

Special situations

Exceptions

# **CONTROL OF MINORS' RECORDS**

Health care vs. educational records HIPAA vs. FERPA Who has access?

Responding to requests for records

Clinical records and psychotherapy notes

# CAUGHT IN THE MIDDLE OF DIVORCED PARENTS

Informed consent process

Parenting plans

Other legal considerations

Case example

# MANDATORY REPORTING: THE "WHAT", "WHEN" AND "TO WHOM"

Mandatory reporting laws

Federal definition of child abuse State laws

Ethical considerations

Case example

# BOUNDARY ISSUES WITH MINORS

Social media policies

Multiple relationships

Power differentials

Virtual relationships

Texting and messaging

Case examples

## PHYSICAL TOUCH

When it is appropriate, and when it is not

Live Seminar and

7:30: Registration/Morning Coffee & Tea

**11:50-1:00:** Lunch (on your own)

A more detailed schedule is available upon request.

(times in eastern)

8:00: Program begins

4:00: Program ends

Webcast Schedule

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

Informed consent

Organizational policies

Case example



Dr. Casey provides an informative, engaging, thought-provoking training format that empowers therapists to be well-equipped for the highest level of ethical practice with clients.

Amy, LMFT, AAMFT Approved Supervisor

# 99

# target audience

- Counselors
- Social WorkersPsychologists
- Marriage and Family Therapists
- Psychotherapists
- Addiction Counselors
- School Counselors
- School Social WorkersSchool Psychologists
- Other Mental Health Professionals who work with minors

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- ✓ Touch

- ✓ Competing parents' rights
- ✓ Boundaries
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# **ETHICS** WITH **MINORS** FOR

# Maryland

# **Mental health professionals**

how to navigate the Most Challenging Issues

Those of us who treat minors and their families experience a flood of emotions. There is confusion over changing ethical codes and laws, fear that the actions that we take will lead to long-term developmental damage, and anxiety that at any moment we might unintentionally cross a line that could jeopardize our professional license and put us in legal peril. In this environment, we can find ourselves impaired in our ability to function as professionals and help our clients. We're left with more questions than answers to the question, "What Should I do"?

Combining a step-by-step guide to an effective decision-making model, the most updated ethical codes and legal statutes, and lessons from 30 years in the trenches as a clinician and ethics professor, Terry Casey, PhD, HSP will give you a solid foundation for knowing exactly what to do in situations with minors and their families. You will have much more confidence about the course of action you take involving mandatory reporting, access to minors' records, parental rights, boundary issues, touch, and others.

Get the peace of mind that you are ethically serving the needs of your most vulnerable clients.

# Speaker

TERRY CASEY, PhD, HSP, is a licensed psychologist, health service provider with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's graduate program in clinical mental health counseling, and guest lectures at Trevecca University's PhD program in Clinical counseling. Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information visit his practice website at rencounselingtn.com.

Financial: Dr. Terry Casey maintains a private practice. He is an adjunct faculty member at Lipscomb University. Dr. Casey receives a speaking honorarium from PESI. Inc.

Non-financial: Dr. Terry Casey is a member of the American Psychological Association and the American Counseling Association.



Dr. Casey's workshops not only provide cutting edge information on legal and ethical issues, they also allow participants to interact with peers and the code of ethics in meaningful way. Participants are challenged, engaged, and leave with real-life skills.



# OBIECTIVES

- 1. Analyze legal and ethical responsibilities when working with minors in clinical practice, per relevant professional codes as well as federal and state laws.
- 2. Distinguish between consent and assent and the implication for providing ethical services to minor clients.
- 3. Outline confidentiality standards for minor clients and when limits to these standards can be applied to the clinical relationship.
- 4. Determine the ethical and legal course of action to take in situations involving conflicting desires of divorced parents of minor clients.
- 5. Explain the laws that govern mandatory reporting and how these impact ethical decision making in clinical
- 6. Evaluate current clinical practice policies to ensure adequate protection involving issues of boundaries and physical touch.



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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 hefore the event

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's sta PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker

**ETHICS:** This seminar qualifies for 6.25 hours of general OR state specific ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

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MARYLAND SOCIAL WORKERS: Please note that yoga, holistic therapies and nature based topics are not accepted by the Maryland Board of Social Work Examiners

attendance will be awarded at the end of the program to social workers

who complete the program evaluation

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