

Outline

Nothing as Practical as a Good Theory

How theories of ethical decision-making inform practice
What's your ethical theory? (And yes, you do have one)
Consequentialism, Deontology, and other theories

Understanding Ethical Decision-Making

Models of ethical decision-making
The pre-critical process of decision-making
Values, morals, laws, and other "cousins" of ethics

Identify Contemporary Challenges

Technology
How the codes written for paper records apply to electronic records
Digital communication
Distance therapy
Professional guidelines and positions papers
Skype anyone?
Social media
Internet
Website content and structure
When and if to blog
Navigating consumer review sites

Informed Consent

What information should be included?
How much information is enough?
Updated content for your Informed Consent Form
Case examples

- I know what I signed, but that's not what I understand
- And now my insurance won't pay

Clinical Competence

Boundaries of competence
Understanding emotional competence
Addressing cultural competence
Supervision vs. consultation
Case examples

- Re-specializing
- When you can't refer

Confidentiality

Online disclosures
ICD-10, HIPAA, and communicating with third party payers
Encryption, storage, and the cloud
Case examples

- Confidentiality online
- Alternate forms of communication

Multiple Relationships

What kind of online relationship is really a "relationship"?
Managing beneficial multiple relationships
Gifts, bartering, and social contact
Case examples

- One of 5,000 friends
- It's my party and I'll cry if I want to

Put it all Together

Anticipating future ethical challenges
Using a decision-making model that will work in the future
Understanding the role of ethics in quality client care

Objectives

- Explain how a practical model for ethical decision-making informs the clinical practice setting.
- Articulate the legal and ethical codes that relate to utilizing technology while providing mental health services.
- Establish ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing distance mental health services.
- Consider cultural differences when using technology and articulate how this may inform the clinician's choice of treatment interventions.
- Establish clear ethical guidelines to address the potential for a dual relationship when interacting with clients via technology.
- Explore potential ethical issues for a clinician relating to social media, blogs and websites.

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Ethics

2.0

When Clinical Goes Digital

SANTA FE, NM
Tuesday
November 12, 2019

ALBUQUERQUE, NM
Wednesday
November 13, 2019

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Ethics

2.0

When Clinical Goes Digital

6.25 CE Hours of Ethics available

- Is it appropriate to Google my client? If so, when?
- How should I respond to a negative online client review? Or should I?
- Is it ok to text my client? Under what circumstances?
- How much digital transparency is ok for a therapist?
- How do self-disclosure, confidentiality, boundaries, and dual relationships change in the digital landscape?

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