

Outline

An Inexact Art & Science

Illness and dying trajectories
Frailty
Dementia
Prognostication and prognostic scales
When to refer to palliative care or hospice (disease specific)

Essentials of Care: Comfort, Communication, Choices, Control

Comfort Always

Morphine: Still the gold standard?
Pain during the final hours of life
Drug misuse: How to avoid it
Opioids for dyspnea
Thirst vs. xerostomia
Medical marijuana
Complementary and alternative therapies
Emotional distress interventions
The role of spirituality
Palliative sedation

Communication: Everyone is Involved

Advance care planning: More than just a form
The terminology matters
Your role in these critical conversations
How much can we share?
Truth vs. hope
Code status discussions
DNR does not mean do not treat
Addressing concerns and needs of the family
Thanatophobia: Is it fear of dying or fear of death?
Premortem surge
Near death awareness
The dying process

Choices: Shared Decision-Making

Nutrition & hydration choices
Voluntarily Stopping Eating and Drinking (VSED): Benefits & burdens
Life-sustaining treatment
Non-beneficial treatment choices
Faith-based influences
Ventilator support
Dialysis or renal palliative care
Devices to extend life
Hastened death request: Why not humanely euthanize?

Allowing Control: Patient-Centered Care

Reframing hope
What do family members want you to consider
Who makes the decision
What about family dysfunction...
Is the focus quality or quantity?
Decision to withhold or withdraw care
Challenging decisions: Honoring patients' wishes

Cultivating Moral Resiliency

Moral resilience—preserving/restoring integrity
Personal vs. professional grieving
Enabling character and honorable action
Ethical Competency

Live Seminar Schedule:

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon)
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

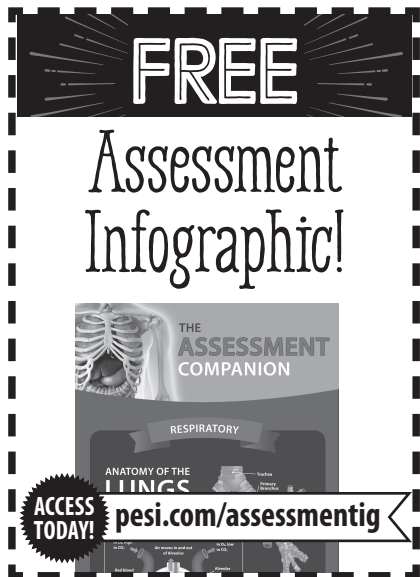
1. Explain how complementary therapies enhance quality of life for patients.
2. Evaluate the risks and benefits of medical marijuana.
3. Acknowledge the eight domains of the National Consensus Project.
4. Analyze five complications related to artificial hydration and nutrition.
5. Explore ethical issues often seen at the end of life.
6. Formulate two strategies to diminish fear of death and dying.
7. Connect moral resiliency to palliative care.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



Seminar on DVD or CD Package:

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.



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NEARING THE END OF LIFE

DARE
TO
CARE

THIS SEMINAR HAS
1
CE HOUR OF
ETHICS
INSTRUCTION

Honolulu, HI
Monday
October 28, 2019



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NEARING THE END OF LIFE

Dare to Care

- Families ask . . . what would you do if this were your loved one? Learn how to reply without bias . . .
- Creative ways to discuss withdrawing or withholding treatment
- Manage patient pain and symptoms: Medical marijuana, morphine, palliative sedation or fewer medications?
- Tips to guide code status conversations with patients and families
- Resolve family dysfunction surrounding end of life decisions
- Requests to “humanely euthanize”/hastening death: How to respond?
- Hear powerful case studies that provide examples of expert, holistic care



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Eleanor is an 83-year-old widowed lady with known chronic heart failure and advanced dementia. She is now hospitalized with a significant stroke and dysphagia. She does not have a healthcare directive and had never discussed what she would want, other than staying at home until she dies. She is full code. Her family still wants resuscitation attempted. Her children admit they are concerned about what is best for their mother.

What are options for Eleanor and her family? Would she benefit from artificial hydration and nutrition? How is she going to receive medications? Can some of her medications be discontinued? Who is going to be her caregiver?

In this compelling seminar, multiple case studies like Eleanor’s will provide you with examples that you can incorporate when care is more important than cure. To deliver expert, holistic care, healthcare professionals need to have a toolbox full of new interventions to promote quality care at the end of life.

Have you ever been asked, “what would you do if this was your family member?” Learn conversation options to use while staying neutral.

Did you know that a patient might enroll on hospice care and be a full code? We will discuss how this is done.

What can we do for patients seeking euthanasia who see this as the best solution? These situations are becoming more frequent. Anticipate how you will respond.

Strategies regarding comfort, communication, choices and control have unique issues and challenges for patients, families and health professionals. We have an obligation to know how to help provide emotional, spiritual, existential, and physical comfort for those who have life-limiting conditions and to support them through difficult decisions. **It’s time to think outside the box.**

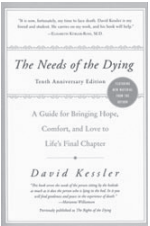
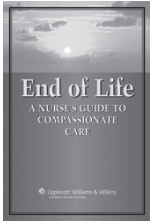
Speaker

Nancy E. Joyner, RN, MS, APRN-CNS, ACHPN®, is recognized nationally as a palliative care educator, speaker, nurse consultant and author. She is a Palliative Care Clinical Nurse Specialist with over 38 years of nursing experience. Nancy holds certification as an Advance Certified Hospice and Palliative Care Nurse, one of only three in North Dakota. Nancy has gained extensive nursing proficiency from neonatal, pediatric, home care and hospice areas to palliative care provision in almost all departments of hospital and outpatient settings, including the clinic and long-term care. She is the past president of Honoring Choices® North Dakota and active in North Dakota’s Palliative Care Task Force. Nancy is the palliative care subject matter expert for UND Center for Rural Health’s rural community-based palliative care project. She is a Hospice and Palliative Nurses Association Certified Nurse Educator and Respecting Choices® First Steps Advance Care Planning Instructor. Nancy has developed and taught online palliative care courses for the University of North Dakota and Bemidji State University. She is a nationally certified ELNEC (End-of-Life Nursing Education) trainer as well as a nationally trained POLST trainer.

Speaker Disclosure:
Financial: Nancy E. Joyner is CEO and President of Nancy Joyner Consulting, P.C. She receives a speaking honorarium from PESI, Inc.
Non-financial: Nancy E. Joyner has no relevant non-financial relationships to disclose.

Have a seminar idea? A manuscript to publish?
The nation’s top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

NEARING THE END OF LIFE Dare to Care



End of Life - A Nurse’s Guide to Compassionate Care
By Multiple Authors
This sensitively-written book offers a wealth of insight and practical advice for nurses in every specialty and setting providing end-of-life care. Nurses will learn how to address patients’ spiritual concerns, ensure that physical needs are met, help patients maintain their dignity, and provide emotional support to grieving families. Nurses will also learn how to cope with their own feelings about dying and end-of-life care. Coverage includes stages of dying, nursing interventions for palliative care, pain control, alternative therapies, physical and psychological signs of grieving, and more. Vignette insights from the well-known end-of-life specialist Joy Ufema offer advice on giving compassionate care.

The Needs of the Dying
By David Kessler
In gentle, compassionate language, *The Needs of the Dying* helps us through the last chapter of our lives. Author David Kessler has identified key areas of concern: the need to be treated as a living human being, the need for hope, the need to express emotions, the need to participate in care, the need for honesty, the need for spirituality, and the need to be free of physical pain. Examining the physical and emotional experiences of life-challenging illnesses, Kessler provides a vocabulary for family members and for the dying that allows them to communicate with doctors, with hospital staff, and with one another, and - at a time when the right words are exceedingly difficult to find - he helps readers find a way to say good-bye.

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Target Audience:
Nurses • Nurse Practitioners • Clinical Nurse Specialists • Physician Assistants • Social Workers • Counselors • Case Managers • Chaplains • Clergy



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Live Seminar Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ETHICS: This seminar qualifies for 1 hours of general ethics instruction. If ethics is not specified within your licensing board’s approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

CASE MANAGERS: This course has been awarded 6.25 clock hours by the Commission for Case Manager Certification. Full attendance is required.

CHAPLAINS/CLERGY: This activity is designed to qualify for 6.25 continuing education hours.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

PHYSICIAN ASSISTANTS: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1™ from organizations accredited by ACCME such as PESI. Physician assistants may receive a maximum of 6.0 hours of Category 1 credit for completing this program.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 5.25 Clinical Practice and 1.0 Ethics continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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Nearing the End of Life: Dare to Care

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ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesihealthcare.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 10 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesihealthcare.com/faqs or call 800-844-8260 for details. **Advance registration required.**
Cannot be combined with other discounts.

3 Check tuition:

Tuition with seminar manual

\$219.99 (+ tax in HI) – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
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☐ **\$209.99** (+ tax in HI) per person for 5 or more preregistering together

☐ **\$249.99** (+ tax in HI) standard

Add-On Product

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☐ **\$59.99*** *End of Life* book

☐ **\$13.99*** *The Needs of the Dying* book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Indicate method of payment:

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Nearing the End of Life: Dare to Care

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___ Seminar on CD* (audio) \$219.99 (RNA077635)

___ **End of Life** book* \$59.99 (SAM012805)

___ **The Needs of the Dying** book* \$13.99 (SAM041835)

CE hours and approvals on products may differ from live CE approvals.

*Shipping is \$6.95 first item + \$2.00 each add'l item.

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