

Outline

Biological Psychiatry

Neurotransmitters: The theoretical emotional signaling chemicals of the brain
Limitations of the research and potential risks

DSM-5® and Psychotropic Med Use Depression

Antidepressants: How they are thought to work
Cyclics
SSRIs
SNRIs
Other common antidepressants – and why they are used
Side effects and risk factors
Herbals and depression
Treatment-resistant depression

Improve patient compliance with mental health medications

Limitations of the research and potential risks
What you and your clients should know

Bipolar Spectrum

Medicating Bipolar disorder
Current “gold standard” treatment and side effects
Anticonvulsant and antipsychotic use in Bipolar disorder
Anticonvulsant side effects
Risks of medication non-compliance
New! Controversial concepts in treating Bipolar spectrum

The Many Manifestations of Anxiety

Medicating anxiety
Benzodiazepines
Non-benzodiazepines
Medications used to treat insomnia
Using anxiolytics safely
Side effects of the anxiolytics

Schizophrenia

How antipsychotic medications are thought to work
Conventional antipsychotics
Second generation agents
Antipsychotic side effects
Relapse and non-compliance

Controversy surrounding antidepressants in treating children and adolescents

Antidepressants and suicide in children: The real truth
Medicating anxiety in children
Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?

ADHD Medications – What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!

The evolution of psychostimulants

Alzheimer’s medications, treatments, theory and controversy

What’s Next: Newly Approved Mental Health Medications

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists
Case Managers • Marriage & Family Therapists • Nurses
Nurse Practitioners • Clinical Nurse Specialists • Addiction
Counselors • Pharmacists • Occupational Therapists
Occupational Therapy Assistants • Other Mental Health &
HealthCare Professionals

Objectives

- Articulate the clinical uses of the five major psychotropic medication classes- the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants- including their efficacy, and their common side effects.
- Communicate the potential benefits and risks of using psychotropic medication to treat a wide array of conditions.
- Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- Analyze the actions, therapeutic uses, and side effects of antidepressants in adults and children.
- Implement effective methods for collaborating with clients, families and prescribers in order to build a comprehensive treatment plan.
- Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.

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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

HAGERSTOWN, MD
Wednesday
September 11, 2019

WINCHESTER, VA
Thursday
September 12, 2019

CHARLOTTESVILLE, VA
Friday
September 13, 2019



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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

- Improve your clients’ adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5® and psychotropic med use

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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

Most Up-To-Date Psychotropic Medication Info

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before . . . not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- * Improve clients' understanding of their mental illness, and how medication aids recovery
- * Identifying treatment concerns with inappropriate, inadequate doses of medication
- * Tools to help clients manage unpleasant side effects
- * Strategies to improve client adherence to medications
- * Depression, bipolar, anxiety, schizophrenia, ADHD -- the latest trends in medication management

Speaker

N. BRADLEY KEELE, Ph.D., is associate professor of psychology & neuroscience, and biomedical studies at Baylor University. Prior to coming to Baylor, he was a post-doctoral fellow at the National Institutes of Health in Bethesda, MD. Dr. Keele is an expert on the neurobiology of complex emotional behaviors such as fear and anxiety disorders and depression. His lab, with support from the NIH, examines pharmacological and physiological mechanisms involved in emotional behavior and psychopathology. Dr. Keele has published over 25 peer-reviewed, primary research papers and book chapters, and has made presentations at several dozen national scientific meetings.

Dr. Keele earned his B.S. degree in psychology from Baylor, and his Ph.D. in neuroscience from the University of Texas Medical Branch in Galveston.

Speaker Disclosure:

Financial: N. Bradley Keele is an associate professor at Baylor University. He receives a speaking honorarium from PESI, Inc.

Non-financial: N. Bradley Keele has no relevant non-financial relationship to disclose.

Questions? Call customer service at **800-844-8260**



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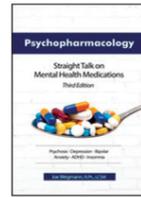
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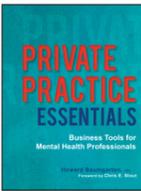


Psychopharmacology

Straight Talk on Mental Health Medications - 3rd Edition

By Joseph F. Wegmann, R.PH., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology. (2015)



Private Practice Essentials

Business Tools for Mental Health Professionals

By Howard Baumgarten, MA, LPC

Private Practice Essentials is an innovative, practical guide and workbook for creating business and clinical success in your counseling and therapy practice. You'll be guided through numerous exercises that provide a solid and personalized plan with realistic and attainable goals. It's like having a professional business consultant right at your fingertips, including 75+ reproducible worksheets, forms and exercises.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the skill group, NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARYLAND COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The Maryland Board of Professional Counselors recognizes courses and providers that are approved by the NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

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WEST VIRGINIA COUNSELORS: An application has been submitted to the West Virginia Board of Examiners in Counseling.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

NURSE PRACTITIONERS: This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHARMACISTS: PESI, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this Knowledge-based activity qualifies for 6.3 contact hours. ACPE Universal Program Number: 0289-0000-18-006-L01-P. Full attendance is required. No partial contact hours will be awarded for partial attendance. You are required to complete a program evaluation/post-test and bring your e-Profile ID to the seminar to receive CPE credit. Don't have your e-Profile ID yet? Visit the National Association of Boards of Pharmacy (NABP) website and complete your e-profile at www.nabp.net in order to obtain your NABP e-Profile ID.

PSYCHOLOGISTS AND PSYCHIATRISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PSYCHIATRISTS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for psychiatrists.

PESI, Inc. designates this enduring material for a maximum of 6.0 AMA PRA Category 1 Credit(s). Psychiatrists should only claim credit commensurate with the extent of their participation in the activity.

PENNSYLVANIA PSYCHOLOGISTS: PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. PESI maintains responsibility for the program(s). This program qualifies for 6.25 continuing education hours.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

WEST VIRGINIA SOCIAL WORKERS: The West Virginia Board of Social Work Examiners can only approve programs held in the state of West Virginia. This course does not qualify for West Virginia social work credits. You will still receive a certificate of completion at the end of the seminar to retain for your records.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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