

# Outline

## Biological Psychiatry

Neurotransmitters: The theoretical emotional signaling chemicals of the brain  
Limitations of the research and potential risks

## DSM-5® and Psychotropic Med Use Depression

Antidepressants: How they are thought to work  
Cyclics  
SSRIs  
SNRIs  
Other common antidepressants – and why they are used  
Side effects and risk factors  
Herbals and depression  
Treatment-resistant depression

## Improve patient compliance with mental health medications

Limitations of the research and potential risks  
What you and your clients should know

## Bipolar Spectrum

Medicating Bipolar disorder  
Current “gold standard” treatment and side effects  
Anticonvulsant and antipsychotic use in Bipolar disorder  
Anticonvulsant side effects  
Risks of medication non-compliance  
New! Controversial concepts in treating Bipolar spectrum

## The Many Manifestations of Anxiety

Medicating anxiety  
Benzodiazepines  
Non-benzodiazepines  
Medications used to treat insomnia  
Using anxiolytics safely  
Side effects of the anxiolytics

## Schizophrenia

How antipsychotic medications are thought to work  
Conventional antipsychotics  
Second generation agents  
Antipsychotic side effects  
Relapse and non-compliance

## Controversy surrounding antidepressants in treating children and adolescents

Antidepressants and suicide in children: The real truth  
Medicating anxiety in children  
Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?

## ADHD Medications –

What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!  
The evolution of psychostimulants

## Alzheimer’s medications, treatments, theory and controversy

## What’s Next: Newly Approved Mental Health Medications

### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.



**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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# Psychopharmacology

## What You Need to Know Today about Psychiatric Medications

**BILLINGS, MT**  
Monday  
September 16, 2019

**MISSOULA, MT**  
Tuesday  
September 17, 2019

**POST FALLS, ID**  
Wednesday  
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# Psychopharmacology

## What You Need to Know Today about Psychiatric Medications

- Improve your clients’ adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5® and psychotropic med use

Earn up to  
**6.3**  
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CE Hours!

**BILLINGS, MT**  
Monday  
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# Psychopharmacology

## What You Need to Know Today about Psychiatric Medications

### Most Up-To-Date Psychotropic Medication Info

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before . . . not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- \* Improve clients' understanding of their mental illness, and how medication aids recovery
- \* Identifying treatment concerns with inappropriate, inadequate doses of medication
- \* Tools to help clients manage unpleasant side effects
- \* Strategies to improve client adherence to medications
- \* Depression, bipolar, anxiety, schizophrenia, ADHD -- the latest trends in medication management

## Speaker

**JeanAnne Johnson Talbert, DHA, APRN-BC, FNP, PMHNP, AOCN, CARN-AP**, has over 25 years of experience in the medical field as both a family practice and psychiatric nurse practitioner. She is board certified in family practice, oncology, substance abuse/addiction treatment, and psychiatric/mental health. JeanAnne currently owns her own clinical practice and is the medical director for three substance use disorder rehab centers comprised of residential, outpatient, and sober living programs. She has previously been employed as an Associate Professor at Utah Valley University, chief nursing officer/chief clinical officer at HCA, Mountain View Hospital in Payson, Utah, and the director of medicine and oncology at HCA, Rose Medical Center in Denver, Colorado. In addition, JeanAnne has served as the associate editor and peer reviewer for the Clinical Journal of Oncology Nursing, as well as an expert witness and case reviewer for medical malpractice cases. JeanAnne earned her MSN from Georgetown University, Doctor of Health Administration from the University of Phoenix, and a Post-Doctorate certificate as a Psychiatric/Mental Health Nurse Practitioner from Rush Medical College.

#### Speaker Disclosure:

Financial: JeanAnne Johnson Talbert maintains a private practice. She receives a speaking honorarium from PESI, Inc. Non-financial: JeanAnne Johnson Talbert is a member of the International Nurses Society on Addictions; American Psychiatric Nurses Association; and American Academy of Nurse Practitioners.

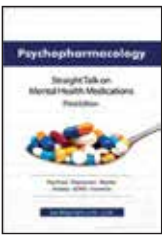
## Objectives

- Articulate the clinical uses of the five major psychotropic medication classes- the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants- including their efficacy, and their common side effects.
- Communicate the potential benefits and risks of using psychotropic medication to treat a wide array of conditions.
- Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- Analyze the actions, therapeutic uses, and side effects of antidepressants in adults and children.
- Implement effective methods for collaborating with clients, families and prescribers in order to build a comprehensive treatment plan.
- Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers • Marriage & Family Therapists • Nurses  
Nurse Practitioners • Clinical Nurse Specialists • Addiction Counselors • Pharmacists • Occupational Therapists  
Occupational Therapy Assistants • Other Mental Health & Health Care Professionals

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### Psychopharmacology

*Straight Talk on Mental Health Medications - 3rd Edition*

By Joseph F. Wegmann, R.Ph., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology. (2015)



### Opioid Use Disorder

*A Holistic Guide to Assessment, Treatment, and Recovery*

By Charles Atkins, MD

Overdoses have lowered the life expectancy in the United States for two years in a row. The leading cause -- opioids. This epidemic has spread through every sector of our country, destroying lives as parents, friends, families, and those entrapped by opioids struggle to find help.

### Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see LIVE SEMINAR SCHEDULE on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

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**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHARMACISTS:** PESI, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this Knowledge-based activity qualifies for 6.3 contact hours. ACPE Universal Program Number: 0289-0000-18-001-L01-P. Full attendance is required. No partial contact hours will be awarded for partial attendance. You are required

to complete a program evaluation/post-test and bring your e-Profile ID to the seminar to receive CPE credit. Don't have your e-Profile ID yet? Visit the National Association of Boards of Pharmacy (NABP) website and complete your e-profile at [www.nabp.net](http://www.nabp.net) in order to obtain your NABP e-Profile ID.

**PSYCHOLOGISTS:** This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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**CANADIAN PSYCHOLOGISTS:** PESI, Inc. is approved by the Canadian Psychological Association to offer continuing education for psychologists. PESI, Inc. maintains responsibility for the program. This program is approved for 6.0 continuing education hours. Full credit statement at: [www.pesi.com/cpa-statement](http://www.pesi.com/cpa-statement)

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**MONTANA PSYCHOLOGISTS:** This live activity is designed to meet the criteria requirements of the Montana Board of Psychologists and is a PESI-approved continuing education and qualifies for 380 instructional minutes. Please save the certificate of completion you receive from this live activity.

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**MONTANA SOCIAL WORKERS/COUNSELORS/MFT:** The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level activity consists of 6.25 clock hours of instruction.

**WASHINGTON SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS:** This activity has been submitted to the Washington Licensed Mental Health Counselors, Licensed Marriage and Family Therapists and Licensed Clinical Social Workers Board. Approval pending.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

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