

Outline

Behaviors that Make Us Crazy

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Disorders

Oppositional Defiant Disorder
ADHD
Mood disorders
Anxiety disorders
Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)
Escape
Attention
Sensory
Pain
Control

Mental Health Disorder or Behavior Problem

The power of skilled observations
The interview
Comparison to the group
The FBA-Incredibly powerful assessment tool
The art of choosing a diagnosis (if you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive
Behavior plans
Motivational incentives
Set the stage for success
Remember the initial goal
Appropriately address the functions of the behavior

Reactive

Corrective measures
It's like playing chess in a tornado

Treatment Strategies Part II
Specific Strategies for the Following Behavioral Challenges:

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Treatment Strategies Part III
Specific Strategies for the Following Disorders:

ODD
ADHD
Mood disorders
Anxiety disorders
Working with unsafe behaviors

Treatment Strategies Part IV
Special Populations & Circumstances

Asperger's disorder
Divorce, separation
Abuse and neglect
Parent misbehavior
Foster care

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

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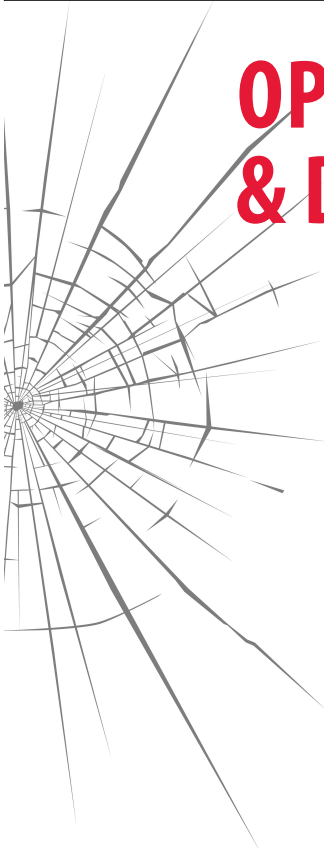
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OPPOSITIONAL, DEFIANT
& DISRUPTIVE CHILDREN
AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

FREDERICK, MD
Monday, September 23, 2019

ROCKVILLE, MD
Tuesday, September 24, 2019

FAIRFAX, VA
Wednesday, September 25, 2019

OPPOSITIONAL, DEFIANT
& DISRUPTIVE CHILDREN
AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids

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Wednesday, September 25, 2019



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Become
ADHD-CCSP
Certified!
Details Inside

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
 - Running out/away
 - Noncompliance
 - Nagging
- Refusing to work/help
 - Yelling/screaming
 - Bullying
- Panic/anxiety reactions
 - Lack of follow through
 - Not following directions

You will walk away with immediate strategies for out of control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Merrily Brome, MA, ABSNP, is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Merrily Brome, MA, ABSNP, is a nationally certified school neuropsychologist, who continues to maintain certification in both elementary and special education. She has been working in the education profession for 40 years, with experience at the pre-school through high school level. Merrily has a Bachelor's degree from Duquesne University in elementary and special education. She spent the first part of her career as a special educator in a middle school. Her graduate degree from Towson State University (MD) is in School Psychology, which she has practiced for the past 27 years. In that capacity, she has worked in numerous school settings, from preschool through high school. While serving on a preschool special education assessment team for several years, she pursued additional training in order to refine her skills in the diagnosis of autism spectrum disorders. In addition to further graduate work at both Loyola University (Md.) and Johns Hopkins University, she has completed a year-long post-graduate certification program offered by the American Board of School Neuropsychology. A particular area of professional interest is the impact of childhood trauma on neurodevelopment, behavior, and learning. Merrily has served as an adjunct professor for the University of Missouri where she developed and instructed several units for graduate level coursework on "Learning and the Brain." She also has presented the annual Conference on Advancing School Mental Health, which is sponsored by Center for School Mental Health (CSMH).

Speaker Disclosures:
Financial: Merrily Brome has an employment relationship with Prince George's County Public Schools. She receives a speaking honorarium from PESI, Inc.
Non-financial: Merrily Brome has no non-financial relationship to disclose.



This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).
Visit adhdcert.com for the full certification requirements.



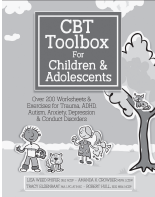
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CBT Toolbox for Children and Adolescents
Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders
By Robert Hull, EDS, MED, NCSP, Amanda Crowder, MSW, LCSW, Lisa Phifer, DED, NCSP, and Tracy Elsenraat, MA, LPC, ATR-BC

The *CBT Toolbox for Children and Adolescents* gives you the resources to help the children in your life handle their daily obstacles with ease. Written by clinicians and teachers with decades of experience working with kids, these practical and easy-to-use therapy tools are vital to teaching children how to cope with and overcome their deepest struggles. Step-by-step, you'll see how the best strategies from cognitive behavioral therapy are adapted for children.



Oppositional, Defiant & Disruptive Children and Adolescents
Non-Medication Approaches for the Most Challenging ODD Behaviors
By Scott D. Walls, MA, LIPC, CCMHC
A definitive guide to recognizing what factors cause defiant episodes in children & adolescents, and tips to help identify when and where these difficult behaviors are likely to occur. Containing tools to increase positive behaviors, this is an ideal resource for therapists, educators and parents.

Target Audience Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers
School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

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