

OUTLINE

Risk Factors and Populations

Suicide risk and DSM-5® diagnosis  
Are your clients at risk for suicide?  
Military suicides and other populations  
Micro-suicidal behavior and self-hatred

Assessment:  
Identify Predictors of a Suicide Attempt

Develop your empathic listening skills  
Indirect statements and behavioral signs  
What can the tests tell us? (and what they can't)  
The Beck Scales  
MMPI-2  
Rorschach  
Firearms and “suicide accelerants”  
Determine level of risk

Treatment Strategies to Modify  
High-Risk Behaviors

Suicide at the Golden Gate Bridge: Lessons learned  
Modifiable risk factors for suicide  
Effective techniques to intervene in high risk behavior  
How psychiatric medication impacts risky behavior  
How to manage countertransference

OBJECTIVES

- 1. Assess for the warning signs of an imminent suicide attempt.
- 2. Characterize the roll of empathetic listening skills in the therapeutic relationship with suicidal clients.
- 3. Determine how clinicians can manage countertransference with high-risk clients.
- 4. Establish how evidence-based interventions can be employed to reduce suicide risk and improve functioning.
- 5. Distinguish between ethical and unethical clinical practices with suicidal clients.
- 6. Communicate the steps clinicians can take to develop a positive, confident perspective in their work with high-risk populations.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

TARGET AUDIENCE: Social Workers • Psychologists • Counselors • Marriage and Family Therapists  
Case Managers • Addiction Counselors • Therapists • School-Based Counselors • School-Based Psychologists  
Teachers • School Administrators • Nurses • Other Mental Health Professionals

Clinical Interventions to Reduce  
Suicidal Behaviors and Effectively  
Intervene During Crisis

How major theories of suicide inform treatment choices  
Lethal-means restriction plans that work  
Evidence-based interventions from CBT and DBT  
Emotional regulation exercises  
Cognitive restructuring techniques  
Building distress tolerance  
Intervention as a collaborative effort  
A roadmap for handling suicidal crises  
Involuntary hospitalization: When, why, how

Legal and Ethical Issues

Ethical and liability issues when involving family and others  
When and how to seek legal consultation  
Effective documentation strategies  
Physician-assisted dying and other ethical dilemmas  
How clinicians heal after suicide

Live Seminar & Webcast Schedule  
(Times Listed in Eastern)

7:30 Registration/Morning Coffee & Tea  
8:00 Program begins  
11:50-1:00 Lunch (on your own)  
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

Don't Miss!  
LIVE VIDEO  
WEBCAST  
WEDNESDAY  
August 14, 2019  
REGISTER ONLINE  
pesi.com/webcast/72537

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P.O. Box 1000  
Eau Claire, WI 54702-1000  
A division of PESI, Inc.

THE  
SUICIDAL  
CLIENT

Identify Suicidal Thoughts, Reduce Suicidal  
Behaviors, and Effectively Manage Crisis Situations

EARN  
2.0  
CE Hours of  
Ethics

Charleston, WV • Wednesday, August 14, 2019  
Live Video Webcast • Wednesday, August 14, 2019  
Roanoke, VA • Friday, August 16, 2019



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THE  
SUICIDAL  
CLIENT

Identify Suicidal Thoughts, Reduce Suicidal  
Behaviors, and Effectively Manage Crisis Situations

- Tools to identify the presence and severity of suicidal thoughts
- Confidently handle crisis situations
- Guidance on documentation, ethical and liability issues
- Reduce the stress and worry of working with suicidal clients

EARN  
2.0  
CE Hours of  
Ethics

Charleston, WV  
Wednesday, August 14, 2019

Live Video Webcast  
Wednesday, August 14, 2019

Roanoke, VA  
Friday, August 16, 2019



A Non-Profit Organization serving the educational needs of mental health professionals since 1979.

REGISTER NOW: pesi.com/express/72352



# THE SUICIDAL CLIENT

Identify Suicidal Thoughts, Reduce Suicidal Behaviors, and Effectively Manage Crisis Situations

Your work with clients can save lives.

**But working with suicidality is a source of extraordinary stress.** Being a part of life or death decisions comes with uncertainty, second-guessing, and fears about competence, effectiveness and responsibility.

**Attend this seminar** and learn how you can confidently work with suicidal clients with the tools and skills you need to assess for the presence and severity of suicidal thoughts, reduce high-risk and suicidal behaviors, and effectively intervene in crisis situations.

***This seminar will provide you with:***

- Identifiers of indirect and behavioral signs of suicidality
- Techniques for determining level of risk
- Interventions for reducing high-risk and suicidal behavior
- A roadmap for intervening in crisis situations
- Guidance on documentation, ethics, and liability issues

**Sign up today** and discover how you can transform the weight and worry of working with suicidality into the peace of mind of knowing you have what it takes to effectively help clients in their darkest hours.

## SPEAKER

**Glenn Sullivan, Ph.D.** is the co-author of *The Suicidal Patient: Clinical and Legal Standards of Care* (3rd ed.), published by the American Psychological Association, and co-editor of the *Handbook of Military and Veteran Suicide*, published by Oxford University Press. Dr. Sullivan earned his Ph.D. in clinical psychology at the Pacific Graduate School of Psychology, Palo Alto, California. He completed his clinical pre-doctoral internship at the San Francisco Veterans Affairs Medical Center, and a postdoctoral residency in post-deployment mental health at the Veterans Affairs Medical Center in Salem, Virginia.

Dr. Sullivan is a tenured associate professor of psychology at the Virginia Military Institute, where he is known for his dynamic and engaging teaching style. He is the recipient of VMI's Thomas Jefferson Teaching Award, which is presented to a faculty member "deemed especially talented at inspiring students in the development of their intellect and character." In addition to his numerous publications and presentations on suicide, Dr. Sullivan maintains an active private practice in Lexington, Virginia. His clinical specializations include psychological assessment, forensic evaluation, and the treatment of combat veterans.

Speaker Disclosure:

Financial: Glenn Sullivan maintains a private practice. He receives a speaking honorarium from PESI, Inc.

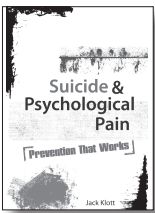
Non-financial: Glenn Sullivan has no relevant non-financial relationship to disclose.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

**SEMINAR ON DVD OR CD PACKAGE:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

**HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at [rbartholomew@pesi.com](mailto:rbartholomew@pesi.com) or call 715-855-8225.

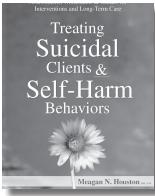
**\*Save Shipping Costs** by Including these Products with Registration!



### ***Suicide & Psychological Pain Prevention That Works***

By Jack Klott, MSSA, LCSW, CSWW, Suicidologist

Identify suicide potential from the latest clinical research on risk factors, the impact of mental disorders, social stressors, and psychological vulnerability. Inside you will find tools to help those individuals who are engaging in self-injury and homicidal behaviors. Filled with specific examples and stories, effective assessments, strategies for treatment planning, and evidence-based interventions this is an essential resource for all therapists.



### ***Treating Suicidal Clients & Self-Harm Behaviors***

*Assessments, Worksheets & Guides for Interventions and Long-Term Care*

By Meagan N. Houston, Ph.D., SAP

Dr. Meagan N. Houston has created a workbook to prepare you for all the intricacies that affect clients' choices to live or die. Filled with proven assessments, unique worksheets and action-based methods to help your clients navigate and survive the turbulent periods. This complete resource also includes underlying etiology, varying life factors, and mental health concerns that influence suicidal and self-destructive behaviors.

## Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on August 14, 2019, for this live, interactive webcast!** Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/72357](http://www.pesi.com/webcast/72357)

## LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**ETHICS:** This seminar qualifies for 2.0 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**VIRGINIA COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**WEST VIRGINIA COUNSELORS:** An application has been submitted to the West Virginia Board of Examiners in Counseling.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**WEST VIRGINIA EDUCATORS:** This course has been submitted to West Virginia University Extended Learning.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

### **NURSES/NURSE PRACTITIONER/CLINICAL NURSE**

**SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**PSYCHOLOGISTS:** This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

**PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS:** PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for the course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 4.25 Clinical and 2.0 Ethics continuing education clock hours for completing this Intermediate course. No more than 6.25 total CE hours may be awarded for this activity. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

**WEST VIRGINIA SOCIAL WORKERS:** PESI, Inc. is an approved provider with the West Virginia Board of Social Work Examiners. Provider #490122. This course, being held in Charleston, WV, is approved by for 6.25 credit hours.

**WEST VIRGINIA SOCIAL WORKERS:** The West Virginia Board of Social Work Examiners can only approve programs held in the state of West Virginia. This course, being held in Roanoke, VA, does not qualify for West Virginia social work credits. You will still receive a certificate of completion at the end of the seminar to retain for your records.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



PLEASE RETURN ENTIRE REGISTRATION FORM

## How to Register:

### ONLINE

[pesi.com/express/72352](http://pesi.com/express/72352)

### PHONE

800-844-8260

Please have credit card available

### FAX

800-554-9775

### MAIL

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Eau Claire, WI  
54702-1000

THE SUICIDAL CLIENT:  
IDENTIFY SUICIDAL THOUGHTS, REDUCE SUICIDAL BEHAVIORS,  
AND EFFECTIVELY MANAGE CRISIS SITUATIONS

QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

**1 Please complete entire form** (to notify you of seminar changes):  
*please print; staple duplicate forms.*

**Mail Code:** \_\_\_\_\_

*See mail code box on address panel on reverse side*

Name \_\_\_\_\_ Profession \_\_\_\_\_

Employer Name \_\_\_\_\_

Employer Address \_\_\_\_\_

Dept/Floor/Suite \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Ph ( ) \_\_\_\_\_

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\*E-mail address \_\_\_\_\_

\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

**2 Check location:** (make copy of locations)

☐ **CHARLESTON, WV**  
**August 14, 2019** **[72352CHN]**  
Charleston Marriott Town Center  
200 Lee St E • 25301  
(304) 345-6500

☐ **LIVE VIDEO WEBCAST**  
**August 14, 2019** **[PLW72352]**  
Broadcast LIVE to your computer!

☐ **ROANOKE, VA**  
**August 16, 2019** **[72352ROA]**  
Holiday Inn Valley View  
3315 Ordway Dr • 24017  
(540) 362-4500

**Register now!**  
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### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form.

Go to [www.pesi.com/students](http://www.pesi.com/students) or

call 800-844-8260 for details.

*Advance registration required.*

*Cannot be combined with other discounts.*



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**3 Check tuition:**

**TUITION** with seminar manual

**\$199.99** – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$229.99** standard

### ADD-ON PRODUCTS

Distributed at seminar—FREE SHIPPING!

- ☐ **\$19.95\* *Suicide and Psychological Pain: Prevention That Works*** book
- ☐ **\$29.99\* *Treating Suicidal Clients & Self-Harm Behaviors*** book

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

### WEBCAST with downloadable seminar manual

☐ **\$199.99** registration (+ tax in HI, MN, NM, PA, WI)

☐ **\$20.00** IL ISBE Certificate Processing Fee  
For more information on this fee contact [cepesi@pesi.com](mailto:cepesi@pesi.com)

**4 Indicate method of payment:**

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### CAN'T ATTEND THE SEMINAR?

See below for individual product orders

***The Suicidal Client: Identify Suicidal Thoughts, Reduce Suicidal Behaviors, and Effectively Manage Crisis Situations***

\_\_\_ Seminar on DVD\* (video) \$199.99 (RNV054560)

\_\_\_ Seminar on CD\* (audio) \$169.99 (RNA054560)

\_\_\_ ***Suicide and Psychological Pain*** book\* \$19.95 (PUB044455)

\_\_\_ ***Treating Suicidal Clients & Self-Harm Behaviors*** book\*  
\$29.99 (PUB085170)

CE hours and approvals on products may differ from live CE approvals.

\*Shipping is \$6.95 first item + \$2.00 each add'l item.

\*\*Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

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