

Outline

Learn the DSM-5® Personality Disorder System

- What is personality, where does it come from and where does it go?
- Attachment-the lifelong problem
- Personality pathology: genes vs. family vs. friends vs. fate
- Personality disorders
- Spectrum or category
- Discrete or complex
- Bump in the road or end of the line
- Why can't we all just get along?

“It’s All About Me.” The Challenge of the Hidden Agenda

- The core of the personality disorder: The unchanging agenda
- A review of the DSM-5® personality disorders and their agendas:

- Criteria changes:
- Schizotypal
 - Narcissistic
 - Antisocial (and Psychopaths!)
 - Borderline
 - Avoidant
 - Obsessive-Compulsive
 - Trait Specified (PDTS) What is that?
 - General Criteria for Personality Disorders
 - Levels of Personality Functioning
 - Personality Trait Domains

Objectives

- 1 Categorize the essential characteristics of each of the personality disorders in DSM-5® for clinical assessment.
- 2 Determine the “hidden agendas” of each of the personality disorders as they relate to case conceptualization.
- 3 Describe how transference and countertransference can affect clinical management and treatment outcomes.
- 4 Explain the boundary violation traps inherent in each of the personality disorder relationships as it relates to clinical treatment.
- 5 Utilize tools to assess treatability and prognosis early on in the therapy.
- 6 Evaluate the efficacy of various treatment methods for personality disorders including DBT and CBT.
- 7 Manage client’s suicidality, self-injurious behavior and violence with clinical strategies.

Actually, It’s All About You

- Transference & Countertransference
- What does transference and countertransference look like in our work?
- Boundary crossings and boundary violations
- How to tell when you are headed for disaster and how to intervene

What Works and What Doesn’t With Personality Disorders

- Polypharmacy and the borderline client
- DBT, CBT and all the rest-which therapy for whom? What’s the evidence and what’s the truth
- Generic, but incredibly useful, therapy strategies for each disorder
- Are some disorders hopeless?

Nobody Gets Hurt: Violence, Suicide & Manipulation

- Self-injurious behavior
- The frustration of recurrent suicidal behavior
- Suicide risk assessment
- Keeping yourself safe

Limitations of Research and Potential Risks

Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience: Counselors • Social Workers
Psychologists • Case Managers • Addiction Counselors
Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

HAVE A SEMINAR IDEA?
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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt

... and more!!



FAIRFAX, VA
Tuesday, August 27, 2019

ROCKVILLE, MD
Wednesday, August 28, 2019

BETHESDA, MD
Thursday, August 29, 2019



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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda



- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt
- Learn the hidden agendas of each of the personality disorders
- Assess the efficacy of evidence-based treatment including DBT and CBT

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