

Outline

Learn the DSM-5® Personality Disorder System

- What is personality, where does it come from and where does it go?
- Attachment-the lifelong problem
- Personality pathology: genes vs. family vs. friends vs. fate
- Personality disorders
- Spectrum or category
- Discrete or complex
- Bump in the road or end of the line
- Why can't we all just get along?

"It's All About Me." The Challenge of the Hidden Agenda

- The core of the personality disorder: The unchanging agenda
- A review of the DSM-5® personality disorders and their agendas: Criteria changes:
  - Schizotypal
  - Narcissistic
  - Antisocial (and Psychopaths!)
  - Borderline
  - Avoidant
  - Obsessive-Compulsive

Objectives

- 1 Categorize the essential characteristics of each of the personality disorders in DSM-5® for clinical assessment.
- 2 Determine the "hidden agendas" of each of the personality disorders as they relate to case conceptualization.
- 3 Describe how transference and countertransference can affect clinical management and treatment outcomes.
- 4 Explain the boundary violation traps inherent in each of the personality disorder relationships as it relates to clinical treatment.
- 5 Utilize tools to assess treatability and prognosis early on in the therapy.
- 6 Evaluate the efficacy of various treatment methods for personality disorders including DBT and CBT.
- 7 Manage client's suicidality, self-injurious behavior and violence with clinical strategies.

- Trait Specified (PDTS) What is that?
- General Criteria for Personality Disorders
- Levels of Personality Functioning
- Personality Trait Domains

Actually, It's All About You

- Transference & Countertransference
- What does transference and countertransference look like in our work?
- Boundary crossings and boundary violations
- How to tell when you are headed for disaster and how to intervene

What Works and What Doesn't With Personality Disorders

- Polypharmacy and the borderline client
- DBT, CBT and all the rest-which therapy for whom? What's the evidence and what's the truth
- Generic, but incredibly useful, therapy strategies for each disorder
- Are some disorders hopeless?

Nobody Gets Hurt:

- Violence, Suicide & Manipulation**
- Self-injurious behavior
- The frustration of recurrent suicidal behavior
- Suicide risk assessment
- Keeping yourself safe

Limitations of Research and Potential Risks

**Live Seminar Schedule**

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (*on your own*)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**Target Audience:** Counselors • Social Workers  
Psychologists • Case Managers • Addiction Counselors  
Therapists • Marriage & Family Therapists  
Other Mental Health Professionals • Nurses

**Seminar on CD or DVD Package:**

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt

... and more!!

DAVENPORT, IA  
Tuesday, August 13, 2019

CEDAR RAPIDS, IA  
Wednesday, August 14, 2019

DES MOINES, IA  
Thursday, August 15, 2019



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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt
- Learn the hidden agendas of each of the personality disorders
- Assess the efficacy of evidence-based treatment including DBT and CBT



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Thursday, August 15, 2019

# PERSONALITY DISORDERS

## The Challenges of the Hidden Agenda

The client whose problems meet the DSM-5® criteria for a Personality Disorder can be the most difficult client in your caseload to treat. They may require more time in therapy, more energy and involvement on your part, experience a greater number of life crises, and create more upset with their family, work, and social systems than virtually any other diagnostic group. Often being “sent” for therapy rather than choosing therapy, their motivation for change may be limited and their personality disorder is likely co-morbid with other exacerbating disorders.

Join Brooks Baer, Licensed Clinical Professional Counselor and take home an integrated approach for working with these challenging clients.

## Speaker

**Brooks W. Baer, MA, LCPC,** is a Licensed Clinical Professional Counselor who has been involved in the mental health field for over 25 years. He has well over 20,000 therapy hours and has conducted over 5,000 diagnostic interviews in emergency department settings. Since 2006, Brooks has taught seminars to more than 8,000 mental health professionals across the country. He currently splits his time between an Emergency Crisis Response team and teaching. Brooks brings you the latest research regarding both therapy and neuroscience; using his extensive clinical experience, he’s able to translate that information into useful principles that can be used every day.

He encourages questions and discussion in order to insure that those who attend his seminars obtain the information they need to be more effective in their various roles. Brooks’ use of humor, relevant examples and his ability to elicit lively audience interaction helps make a tough subject “Fun” ...the day will “Fly.”

**Speaker Disclosure:**  
Financial: Brooks Baer is in private practice. He receives compensation as an adjunct faculty member at the University of Great Falls. Mr. Baer receives a speaking honorarium from PESI, Inc.  
Non-financial: Brooks Baer has no relevant non-financial relationship to disclose.

### Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at [nrate@pesi.com](mailto:nrate@pesi.com) or 715-855-5291.



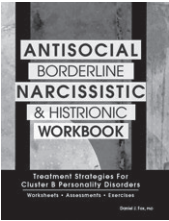
**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

### Take home:

- Evidence-based skills for successful treatment
- Techniques to assess and treat comorbid personality
- A framework for treatment planning
- Skills to assist the client toward greater coping and adaptation

\*SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

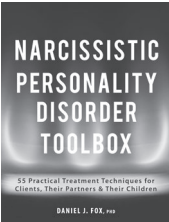


### Antisocial, Borderline, Narcissistic & Histrionic Workbook

Treatment Strategies for Cluster B Personality Disorders

By Daniel J. Fox, Ph.D.

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.



### Narcissistic Personality Disorder Toolbox

55 Practical Treatment Techniques for Clients, Their Partners & Their Children

By Daniel J. Fox, PhD

Invaluable tools you need to treat clients on the narcissistic spectrum, AND help their partners and children grow beyond the hurt and pain. Narcissism is a treatable condition, but working with these clients is no easy task. Developed from years of experience, Daniel Fox, PhD has created a three-sectioned approach, filled with unique worksheets, checklists and impactful exercises to help clients, their partners and their children.

Questions? Call customer service at 800-844-8260

### Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**ILLINOIS ADDICTION COUNSELORS:** This course has been submitted to the IAODAPCA for review.

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**IOWA NURSES ONLY:** PESI must have your license number on file in order for your hours to be valid. While completing the online post-test/evaluation, please answer YES to the question: "Are you an Iowa Nurse?" and include your license number. After completing and passing the online post-test/evaluation, your information will automatically be sent to [cepesi@pesi.com](mailto:cepesi@pesi.com) to be filed. If you forget to answer yes, please send an email to [cepesi@pesi.com](mailto:cepesi@pesi.com) with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number.

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**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

PERSONALITY DISORDERS: THE CHALLENGES OF THE HIDDEN AGENDA

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Please have credit card available

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#### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

#### TUITION OPTIONS

• **FREE Military tuition:** PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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*Advance registration required.*

*Cannot be combined with other discounts.*

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### 3 Check tuition:

**TUITION** with seminar manual

**\$199.99** – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$229.99** standard

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\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

### 4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**  
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\_\_\_ Seminar on CD\* (audio) \$169.99 (RNA048235)

\_\_\_ **Antisocial, Borderline, Narcissistic & Histrionic Workbook\* \$29.99** (PUB083610)

\_\_\_ **Narcissistic Personality Disorder Toolbox** book\* **\$29.99** (PUB085505)

CE hours and approvals on products may differ from live CE approvals.

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