

MEET YOUR SPEAKER

Terry Real, LICSW, is an Internationally Recognized Family Therapist, Speaker and Author.



Terry founded the Relational Life Institute (RLI), offering workshops for couples, individuals and parents around the country along with a professional training program for clinicians wanting to learn his RLT (Relational Life Therapy) methodology. A family therapist and teacher for more than 25 years, Terry is the best-selling author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression* (Scribner), the straight-talking *How Can I Get Through to You? Reconnecting Men and Women* (Scribner), and most recently *The New Rules of Marriage: What You Need to Make Love Work* (Random House). Terry knows how to lead couples on a step-by-step journey to greater intimacy — and greater personal fulfillment.

A senior faculty member of the Family Institute of Cambridge in Massachusetts and a retired Clinical Fellow of the Meadows Institute in Arizona, Terry has worked with thousands of individuals, couples, and fellow therapists. Through his books,

the Institute, and workshops around the country, Terry helps women and men, parents and non-parents, to help them create the connection they desire in their relationships.

Terry's work, with its rigorous commonsense approach, speaks to both men and women. His ideas on men's issues and on couple's therapy have been celebrated in venues from the "Good Morning America," "The Today Show" and "20/20," to "Oprah" and *The New York Times*.

A proponent of "full-throttle marriage," as described in *The New Rules of Marriage*, Terry has been called "the most innovative voice in thinking about and treating men and their relationships in the world today."

The New York Times Book Review described Terry's work as: "A critical contribution to feminist psychology (that) brings the Men's movement a significant step forward." Robert Bly hailed it as "moving onto new ground in both story and song. Exhilarating in its honesty."

Terry's Relational Life Institute grew out of his extensive and empathic experience. He teaches people how to make their relationships work by providing products and services designed to teach the principles of Relational Life™, so that everyone can enjoy full respect living and craft a healthy life legacy.

Speaker Disclosure:

Financial: Terry Real is in private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: Terry Real has no relevant non-financial relationship to disclose.

Live Seminar & Webcast Schedule

(Both Days, Time listed in Central)

8:30 Registration/Morning Coffee & Tea

9:00 Program begins

Lunch TBD* (on your own)

5:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

*Due to live couple therapy, lunch will be 1 hour, 10 minutes when appropriate to break

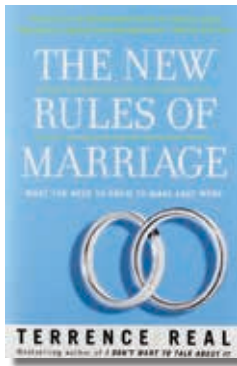
A more detailed schedule is available upon request.

Seminar on CD or DVD Package:

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Questions?
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Save by including these products with seminar registration!



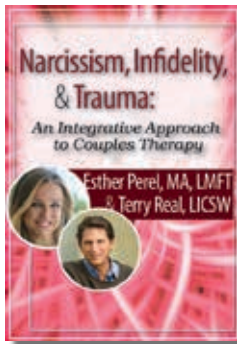
The New Rules of Marriage:

What You Need to Know to Make Love Work

By Terry Real, LICSW

Seminar presenter!

Discover a radically new kind of relationship, one based on the idea that every woman has the power to transform her marriage, while men, given the right support, have it in them to rise to the occasion. We have never wanted so much from our relationships as we do today. More than any other generation, we yearn for our mates to be lifelong friends and lovers. *The New Rules of Marriage* shows us how to fulfill this courageous and uncompromising new vision.



Narcissism, Infidelity, and Trauma:

An Integrative Approach to Couples Therapy

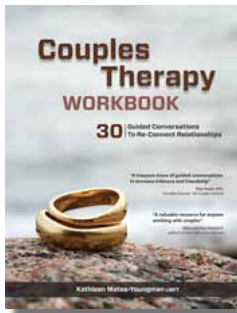
By Esther Perel, MA, LMFT, and Terry Real, LICSW



Seminar presenter!

New DVD & Earn up to 6 CE Hours!

Esther Perel and Terry Real, two of the world's most forward thinkers on sexuality and relationships, join together to offer you an exciting workshop exploring clinical perspectives and interventions for the really tough situations of couples struggling with desire, affairs and even divorce. Narcissism, Cheating and Trauma: a complex triad. Using case examples and hands on intervention we will demonstrate how to integrate couple dynamics with "deep work" on the part of each individual.



Couples Therapy Workbook:

30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.



Sex Made Simple:

Clinical Strategies for Sexual Issues in Therapy

By Barry McCarthy, PhD, ABPP

A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.

More info and resources at www.pesi.com/bookstore

★ **Satisfaction 100% Guaranteed** ★

Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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October 17 & 18, 2019

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**COUPLES
EXPERIENTIAL™**

**Live Clinical Demonstrations
with Real Couples**

Bloomington, MN or Live Video Webcast

Thursday & Friday, October 17 & 18, 2019

"Terry Real helps overturn old-fashioned, confining roles and opens up a treasury of hope for lasting and exciting intimacy for couples everywhere."

—Edward Hallowell, M.D., author of *Crazy Busy*

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Register now! pesi.com/express/72025

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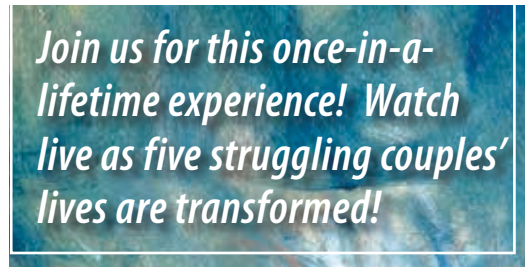
with
International Speaker,
Author & Family Therapist

Terry Real

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979



Using techniques drawn from the approach he created, Relational Life Therapy (RLT), each couple is led, with extraordinary quickness and precision, to their ‘next step’ toward unlocking their fullest potential. RLT leverages the concept of “relational living” to help people address relational and psychological health in relationships.

This model has helped thousands of therapists get faster and more effective results for their clients.

It can be quite detrimental to let therapy drag on. RLT allows you to go deep, understand quickly the negative patterns in the relationship, and help clients make quick and substantive changes.

Are you ready to take your couples therapy to an entirely new level?

How it Works

Each couple will introduce themselves, name their issues and identify their goals or wishes for the two-day treatment. Terry will work with each couple, talking through their issues, articulating where the couple is stuck and where this relationship road block comes from.

Watch and learn how Terry performs initial data gathering leading to a rich, precise and relational diagnosis and gains leverage by empowering a disempowered partner. Terry will demonstrate powerful, life-changing, strategies to help the couple move forward, delve into deep trauma work, and actively teach new relational skills.

Toward the end of each day, the couples are excused and you will be able to debrief in depth with Terry from what you just witnessed, ask questions, and add your own observations and feelings.

See first-hand break throughs with each couple!

Rage	Control	Infidelity
Distance	Lost Passion	Trauma
Addiction	High Ambivalence	

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on October 17-18, 2019, for this live, interactive webcast!

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$79.99 USD per participant. Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/72027

OUTLINE

Assess the Relationship

Strategies for data gathering
Diagnose the presenting problem
Each partner’s reality

Use Leverage in Therapy

Strategies to gain leverage
Strategies to use leverage
Motivate each partner to go beyond comfort zone

Power and Control within the Couple

Assess for power differential
Empower the enabling partner
Gender issues and their impact

Strategies to Assess and Treat Obstacles

Preconditions for change
Addiction
Untreated psychiatric disorders
Anger
Violence / sexual abuse

Infidelity, Secrets & Lost Passion

Strategies for each person to move on from infidelity
Go beyond the perpetrator/victim model
Skills to deal with secrets in the relationship
Reinvigorate passion into the relationship

Extensive work with real couples followed by discussion with you

Strategies to Move Couples Forward

Make their realities collide
Stance / stance / dance
Use the relational grid
Empower the latent
Reconnect the blatant
Minimize rage
Gain leverage
Join through the truth
Effective treatment through play and imagination

Deep Trauma Work and Healing in Couples

Family of origin resonance & multigenerational legacies
Heal inner child parts
Tri-part system of the psych: functional adult, wounded child, and adaptive child
Empower functional adult to re-parent the wounded and adapted child parts

Teach Relational Skills

Empathy
Vulnerability
Accountability



Here’s what your peers have said about this workshop:

<i>“Excellent, illuminating, imminently practical and courageous presentation format”</i>	<i>“Loved the live therapy process”</i>
Mark, Psychologist	Peg, LMFT
<i>“Experiential=incredible. Wow, amazing skill!”</i>	<i>“This was the best seminar/training I have been to in years!”</i>
Libby, Therapist	Marsha, LISCW



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Emily Krumenauer** at ekrumenauer@pesi.com or call **715.855.8167**.

OBJECTIVES

1. Articulate how to move past “he said / she said” to a nuanced and comprehensive relational diagnosis.
2. Construct how to empower the enabling partner in couples where there’s a power differential.
3. Detect how gender issues impact the couple.
4. Develop strategies to gain and use leverage, motivating each partner to move beyond his or her comfort zone.
5. Assess and deal with “preconditions for change,” such as addiction, untreated psychiatric disorders, and violent or sexual acting out.
6. Devise how to help both partners deal with infidelity, moving beyond the conventional victim/perpetrator model.
7. Plan how to handle the issue of secrets in couples therapy.
8. Develop anger management strategies for minimizing rage within couples therapy.
9. Collaborate how to join the couple through the truth, forming an alliance with difficult clients using the art empathic confrontation.
10. Use techniques to move from the present difficulty to early childhood experience.
11. Take part of how to introduce and perform deep trauma work in the couple’s context.
12. Communicate how to introduce and teach new relational skills to couples like empathy, vulnerability, and accountability.

Target Audience

Marriage & Family Therapists • Psychologists • Counselors • Social Workers • Case Managers
Addiction Counselors • Nurses • Other Mental Health Professionals

Live Seminar Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MINNESOTA COUNSELORS: Application for MN BBHT continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LPC CE hours.

WISCONSIN COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MINNESOTA MARRIAGE & FAMILY THERAPISTS: An application has been submitted to the Minnesota Board of Marriage & Family Therapists. Credit is pending.

WISCONSIN MARRIAGE & FAMILY THERAPISTS: This course has been submitted to the Wisconsin Association for Marriage and Family Therapy for review. Credit is pending.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

PSYCHOLOGISTS: This live activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

MINNESOTA PSYCHOLOGISTS: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/72025.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 – January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

MINNESOTA SOCIAL WORKERS: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for 12.5 continuing education hours.

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

How to Register:

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pesi.com/express/72025

PHONE
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Please have credit card available

FAX
800-554-9775

MAIL
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PO BOX 1000
Eau Claire, WI
54702-1000

1 Please complete entire form (to notify you of seminar changes):
please print; staple duplicate forms.

2 Check seminar(s): (make copy for your records)

3 Check Tuition:
ON-SITE TUITION with seminar manual
☐ **Early Bird Tuition** \$439.99 per person (postmarked 3 weeks prior to event) -or- for two or more people registering together.
☐ **Standard Tuition** \$499.99 per person

4 Indicate method of payment:
ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).
☐ Check enclosed payable to **PESI, Inc.**
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Card Exp. _____ V-Code #: _____
Signature _____
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ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE MILITARY TUITION:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advanced online registration required.*
- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. *Advance registration required. Cannot be combined with other discounts.*

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