#### Outline

**Ethics of Using Technology** Covering the codes Similarities and differences Competency and skills for using technology The Benefits of Using Technology Enhance services Increased client access to services Convenience for all parties Financial benefits to all **Risks and Reluctance to Using** Technology Safety concerns Trouble building therapeutic alliance Misunderstandings and misinterpretations Equipment failure Insurance reimbursement Baby boomer reluctance to technology Safety Concerns When Using Technology Privacy of client and MHP Identification of client Identity fraud

Using Technology Across Different States Residency of the client License requirements Clients on vacation or going to college Services to other countries Distance counseling Laws Concerning Technology Confidentiality Informed consent **HIPAA and HITECH** Skype, Cell Phones, Computers and **Social Media** The HIPAA compliance controversy To text or not to text What the codes say about Facebook **Resources for Using Technology** Video-conferencing State licensing boards Federal resources Code of Ethics

## FREE Coanitive Behavioral Therapy (CBT) for Anxiety **CE Seminar & Worksheet** John Ludgate, PhD pesi.com/CBTWorksheet Bring any training in-house! Convenient • Cost-Effective • Customizable for more information visit www.pesi.com/inhouse Legal and Ethical Issues with Technology in Mental Health **ONTARIO. CA** PASADENA. CA Monday, July 29, 2019 Tuesday, July 30, 2019 **IRVINE**, CA Wednesday, July 31, 2019

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### **Objectives**

- 1. Articulate the legal and ethical codes that relate to utilizing technology while providing mental health services.
- 2. Establish ethical practices to ensure safety when utilizing telemental health services.
- 3. Consider ethical dilemmas clinicians may face related to therapeutic boundaries with respect to utilizing technology in clinical practice.
- 4. Specify interjurisdictional laws and regulations for using technology in clinical practice.
- 5. Consider cultural differences when using technology and articulate how this may inform the clinician's choice of treatment interventions.
- 6. Utilize an ethical decision making framework to recognize, analyze, resolve or prevent ethical dilemmas in your clinical practice.

#### **Target Audience**

Counselors • Psychologists • Social Workers • Psychotherapists • Addiction Counselors Therapists • Marriage & Family Therapists • Case Managers Other Mental Health Professionals • Nurses

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# Legal and Ethical Issues with **Technology** in Mental Health

- Laws, rules and risk management for using technology
- Top 5 boundary violations of using technology
- Current changes and movements with technology in mental health
- Latest updates in the code of ethics



PASADENA. CA Tuesday, July 30, 2019

6.25 CE

Hours

of Ethics

**IRVINE, CA** Wednesday, July 31, 2019

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## Legal and Ethical Issues with Technology in Mental Health

A client goes on vacation and they want to schedule a session while they are out of state. How do you ethically and legally practice in this situation?

Smart phones are used for scheduling and for exchanging information. What happens if these phones are misplaced?

Emails are used to send important information to other professionals. How do we ensure the right person receives this information?

How do you ensure confidentiality of your clients in this digital age?

In today's technologically-advanced world it is difficult to keep up with the ever-changing laws and standards for using technology in our field. There are issues that are not clearly defined.

Joni Gilbertson, MA, NCC, LCPC, BC-TMH, will use her wealth of experiences, real-life case examples, entertaining videos, and thought-provoking scenarios to make challenging topics and concepts easy to discuss and learn. Be recognized for your experience and knowledge in compliance and ethics and technology and move your practice forward.

Attend this engaging workshop and walk away being more confident with:

- New laws regarding using technology in your mental health practice
- What the code of ethics states and how to apply this information
- Navigate the gray areas and practice safely
- The ability to immediately apply the information and new skills with your clients near and far

#### **Speaker**

Joni Gilbertson, MA, NCC, LCPC, BC-TMH, is a licensed clinical professional counselor, court program specialist and credentialed distance counselor. She is licensed in Illinois and presently resides in Florida. Joni is also a college instructor in the Sociology Department where she teaches legal issues and numerous other mental health and criminal justice classes. She recently was nominated and presented with the award for "Teachers Who Make a Difference" due to her engaging style of teaching.

Joni is the owner/founder of COPE Counseling Services, LLC. These centers specialize in family treatment for both adults and children and court-ordered programming for people within the court system. Joni is also certified in domestic violence facilitation, sex offender training, distance counseling and selective creative therapies that enhance client awareness.

Joni has many years of experience working in law enforcement as a probation officer and chief of probation where she was directly responsible for training the staff on ethics and legal issues, suicide awareness, and other work-related topics. She has experience supervising a mental health staff and experience as a prison therapist where she trained the officers and mental health staff on legal issues, ethics, and other relative topics. She has given numerous trainings and lectures for agencies, hospitals and universities on ethics, legal issues, mental health and suicide prevention.

Speaker Disclosures:

Financial: Joni Gilbertson is owner of COPE Counseling Services. She receives a speaking honorarium from PESI, Inc. Non-financial: Joni Gilbertson has no relevant non-financial relationship to disclose.

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4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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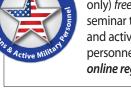
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