

Clinical Supervision

Confidently Manage Risk, Ethical Dilemmas
and the Most Difficult Scenarios
You'll Face as a Supervisor



You've worked hard as a professional, developing clinical skills and intuition that have been invaluable. You're ready to step into your next role: clinical supervisor. But being a good clinician isn't enough to guarantee you'll be a competent supervisor. Do you have the knowledge, skills and attitude to provide effective and ethical supervision?

Or maybe you're already a clinical supervisor and your supervision has started feeling outdated, monotonous and boring. You find yourself going through the motions; supervising new clinicians just isn't as rewarding as it once was. You're left searching for ways to breathe new life into your practice.

Attend this experiential, in-depth seminar that digs deep into the supervisory process, answers your questions about ethical issues, risk and liability, and prepares you to master the art and science of clinical supervision.

This workshop is specifically designed to teach you how to proactively handle and confidently address the most difficult issues faced by clinical supervisors today. You'll learn:

- How to write a solid Informed Consent Contract for supervision
- 20 practical prevention strategies to avoid problems BEFORE they occur
- Tactics for giving difficult or uncomfortable feedback
- Strategies for managing an impaired or unethical supervisee
- How to protect your license – avoid common pitfalls that lead to legal and ethical dilemmas

Sign up today for this interactive, experiential seminar that answers your questions and leaves you feeling inspired to provide comprehensive, ethical supervision to the next generation of clinicians!

Target Audience:
Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors
Marriage & Family Therapists • Psychotherapists • Other Mental Health Professionals

Speaker

George B. Haarman, PsyD, LMFT, is a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist with over 40 years of experience working in a variety of settings, including private practice, youth detention centers, juvenile group homes, child protective services, and juvenile probation. In addition to his private practice, Dr. Haarman has provided clinical supervision as well as consultation about clinical supervision for over 25 years. He is a national speaker on clinical supervision, depression, school refusal, ADHD, emotional disorders in children and adults and the DSM-5®. He is the author of three books: *Clinical Supervision: Legal, Ethical, and Risk Management Issues*, *School Refusal: Children Who Can't or Won't Go to School*, and *Mastering DSM-5®*. Dr. Haarman received his doctorate in clinical psychology from Spalding University in 1989. He has been an instructor at Jefferson Community College, Bellarmine University, and Spalding University. Dr. Haarman also serves as a consultant to several school systems regarding the assessment of children. He has provided extensive administrative support of direct line workers, supervisors and program managers.

Speaker Disclosure:

Financial: George Haarman is in private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: George Haarman is a member of the American Psychological Association; and the Kentucky Psychological Association.

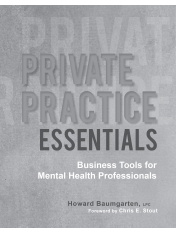
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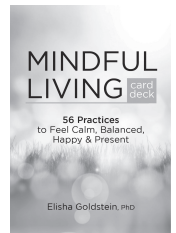


Private Practice Essentials:

Business Tools for Mental Health Professionals

By Howard Baumgarten, MA, LPC

Private Practice Essentials is an innovative, practical guide and workbook for creating business and clinical success in your counseling and therapy practice. You'll be guided through numerous exercises that provide a solid and personalized plan with realistic and attainable goals. It's like having a professional business consultant right at your fingertips, including 75+ reproducible worksheets, forms and exercises.



Mindful Living Card Deck:

56 Practices to Feel Calm, Balanced, Happy & Present

By Elisha Goldstein, Ph.D.

At home and at work, science has shown that developing certain simple strengths can significantly improve your mood, relationships, resiliency and quality of life. Why not give it a try?

Here are 56 cards that offer simple and easy-to-do daily practices. Integrate them into your life and you can have powerful results and uncover sustainable happiness. Plus-six bonus mindful living meditations to help you relax, focus, grow joy and boost your brain power!

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Clinical Supervision

Includes
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of ethics
credit!

Confidently Manage Risk, Ethical Dilemmas
and the Most Difficult Scenarios
You'll Face as a Supervisor

Portland, ME
Monday & Tuesday
July 15-16, 2019



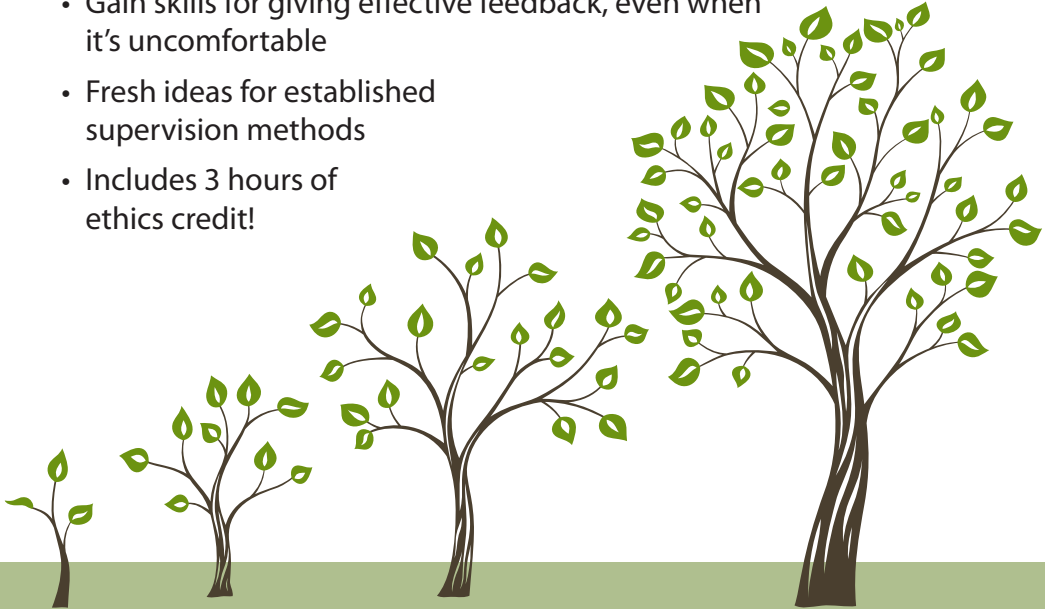
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2-DAY INTENSIVE COURSE

Clinical Supervision

Confidently Manage Risk, Ethical
Dilemmas and the Most Difficult
Scenarios You'll Face as a Supervisor

- Go beyond the basics - dig deep into the supervisory process
- Protect your license and livelihood
- Gain skills for giving effective feedback, even when it's uncomfortable
- Fresh ideas for established supervision methods
- Includes 3 hours of ethics credit!



Portland, ME
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Outline

Getting Started: How to Optimize the Initial Supervision Sessions

Establish roles and responsibilities

How to write a comprehensive Informed Consent Agreement and Supervisory Contract

Setting clear expectations for supervision

Documentation: If it’s not in writing, it didn’t happen

Types of supervision: Individual, group, team, peer, case consultation

Practice Exercise: Writing a Supervisory Contract for Ned Newbie

The Supervisory Alliance: Building a Foundation for Everyone’s Success

10 myths about clinical supervision

Supervision versus consultation

Must-have knowledge, skills and attitude of the competent supervisor

10 factors contributing to the “Best” and “Worst” supervisors

The Supervisee’s Bill of Rights

The building blocks of effective supervision:

- Competence
- Diversity
- Supervisee relationship
- Professionalism
- Assessment/Evaluation/Feedback

Practice Exercise: Competency-Based Supervisor Self-Assessment

Models of Clinical Supervision: Find the Right Fit for You and Your Setting

Administrative versus clinical supervision

Models of supervision:

- The “No-Model” Model
- Apprentice-Master
- Expert
- One-Size-Fits-All
- Psychotherapy-Based
- Parallel Process

Interactional Relationship Developmental Holistic

The Evaluation Process: The Key to Effective Supervision

Legal and ethical implications

Formats, methods, and techniques

Formative evaluation versus summative evaluation

6 steps for handling a negative evaluation

Give Effective Feedback: Having Hard Conversations

6 guiding principles for giving feedback

How to structure constructive feedback

Improve your constructive feedback skills

“Unhelpful” constructive feedback

Practice Exercise: Role Play—The Supervisor from Hell Provides Feedback to the Problematic Supervisee

Practice Exercise: Role Play—The Constructive and Effective Supervisor Meets the Open Supervisee with an Issue

When Problems Arise: Resolving Supervisor/Supervisee Tensions

The 8,000 pound elephant in the room

20 practical prevention strategies to avoid problems

Common problems in supervision

How to assess for supervisee limitations and impairment

Strategies for dealing with an impaired supervisee

Impairment and gatekeeping

How to write a Professional Development Plan

Practice Exercise: Writing a Performance Improvement Plan for Peter Problematica

Cultural Competence: Proactive Treatment of Cultural Differences

When the supervisor-supervisee dyad is impacted

Methods for introducing the topic of multicultural differences

A continuum of cultural competence

Cultural humility

Ethical and Legal Issues in Supervision: Protect Yourself, Your License, Your Agency and Your Client

Legal primer for mental health practitioners

Standard of care for supervision

Supervisory negligence/malpractice

Who’s responsible? Direct and vicarious liability

10 activities required for ethical supervision

Core ethical principles

Supervisory ethical violations

Major ethical issues related to supervision

- Competence
- Due process
- Informed consent
- Confidentiality
- Multiple/Dual relationships
- And more!

Boundary crossings versus boundary violations

Sexual misconduct

Social boundaries: Factors to consider

Limitations of the Research and Potential Risks

Objectives

1. Establish best practices for providing clinical supervision, including the use of a written supervisory contract and thorough documentation procedures.
2. Compare and contrast various models of clinical supervision, including advantages and disadvantages of each, and ascertain how each may be applied to the practice of clinical supervision.
3. Summarize the six building blocks of providing competent supervision.
4. Conduct a self-assessment of your competencies as a supervisor.
5. Develop an effective supervisory contract with measurable goals and objectives.
6. Demonstrate the use of constructive feedback strategies as they relate to clinical supervision practices.
7. Utilize various observation methods for the purpose of providing ongoing feedback for supervisees to improve their clinical skills.
8. Establish standards for identifying and addressing cultural or contextual bias within both the supervisory and the therapeutic relationship and developing “cultural humility.”
9. Assess the advantages and disadvantages of various formats and methods for supervision
10. Improve your ability to provide constructive feedback to supervisees.
11. Recognize the key legal issues and risks involved in being a clinical supervisor, particularly vicarious liability.
12. Articulate the major ethical issues involving supervision including: Competence, due process, informed consent, confidentiality, and multiple/dual relationships

Live Course Schedule (each day)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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Questions?

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Live Seminar Continuing Education Credit Information for the Entire Course

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepses@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITIONAL COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the counseling services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS (NBCC): 2-Day Intensive Course: Clinical Supervision: Confidently Manage Risk, Ethical Dilemmas and the Most Difficult Scenarios You’ll Face as a Supervisor has been approved by NBCC for NBCC credit. PESI, Inc. is solely responsible for all aspects of the program. NBCC Approval No. SP-3313. PESI is offering this activity for 12.75 clock hours of continuing education credit.

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MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

How to Register

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WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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