SAVE by Including These Products With Conference Registration!

By Joseph F. Wegmann, Pharm.D., LCSW

the latest in geriatric psychopharmacology.

Straight Talk on Mental Health Medications,

A definitive guide to expand your knowledge in the

pharmacological and behavioral treatment of psychosis,

anxiety, depression, bipolar, insomnia and ADHD. Updates for

DARD

the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and

Psychopharmacology:

3rd Edition

$2(\cdot)$ Psychopharmacology 2-Day Conference

Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. From his unique perspective, Dr. Perry Buffington teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Dr. Buffington's years of experience in mental health and passion for clients, shines through in the detail and thoroughness of his presentation.

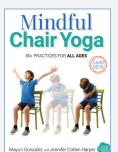
Clients often only have a few minutes with their prescriber and require additional support. It's vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Dr. Buffington provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including ADHD, substance use disorders and psychopharmacological ethics. Take home specialized guidelines for geriatrics and clients with chronic pain. Discuss how the DSM-5[®] and the Affordable Healthcare Law have impacted prescribing patterns and the use of psychotropics in newly defined diagnoses. In addition to a general 'nuts and bolts' review of medications, you will examine case examples, discuss medication controversies and how to effectively collaborate with prescribing practitioners. You will find this conference to have the most up-to-date medication information and how to use it most effectively with your client.

CONFERENCE DESIGNED ESPECIALLY FOR

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists Addiction Counselors • Pharmacists • Occupational Therapists • Occupational Therapy Assistants Other Mental Health & Health Care Professionals







Mindful Chair Yoga: 50+ Practices for All Ages

By Mayuri Gonzalez and Jennifer Cohen Harper, MA, E-RCYT

Mindful Chair Yoga is a powerful way to harness key benefits of the practice: become stronger, more flexible, navigate challenging situations without becoming overwhelmed, rest when you need it, and much more. Each card includes a reflection question to help engage fully with the activities. This easy-to-use card deck contains 50+ practices that can support everyone - children, teens and adults - in living a happier, healthier life.

More info and resources at www.pesi.com



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advanced online registration required.

Seminar on DVD or CD Package:

You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

The nation's top speakers and authors contact PESI first.

If you are interested in becoming a speaker or have a new topic idea, please contact Scott Simpson at ssimpson@pesi.com or call 715-855-5263.

Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.









OVERLAND PARK, KS July 25-26, 2019



Cognitive Behavioral Therapy (CBT) for Anxiety

CE Seminar & Worksheet

John Ludgate, PhD

pesi.com/CBTWorksheet



PESI, Inc. P.O. Box 1000 Eau Claire, WI ⁴ A division of PE 2019Psychopharmacology

NON-PRUHI ORGANIZATION JS POSTAGE PAIE EAU CLAIRE WI PERMIT NO 3272

2-Day Conference

OMAHA, NE July 18-19, 2019



Register now! pesi.com/express/71583

2019Psychopharmacology 2-Day Conference

How & why mental health medications work

Which medications are evidenced-based to best treat which disorders

Improve your clients' responses and clinical outcomes to medications

Help your clients recognize side effects and learn how to manage them

Learn about new trends in prescribing

OMAHA, NE

Thursday & Friday

July 18-19, 2019

Current controversies in the field

New and emerging ethical dilemmas both prescribing and non-prescribing clinicians face daily

> **OVERLAND PARK, KS** Thursday & Friday July 25-26, 2019

Earn up to

3 CE hours of Ethics!

Register Early

on Conference

Tuition

PESI®

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Register now! pesi.com/express/71583

DAY ONE

PSYCHOPHARMACOLOGY

Historical antecedents of modern psychopharmacology Diagnostic issues Clarification of terms Drug metabolism concepts: pharmacokinetics & pharmacodynamics Drug mechanism of action Placebo & Nocebo Pharmacotherapy vs. Psychotherapy

DEPRESSIVE DISORDERS

Biogenic Amine, Cortisol, Down-Regulation, & Neurotropic Hypotheses Neurochemistry of depression Types of anti-depressants Preventing side effects Tardive Dysphoria: real or imagined?

ANXIETY DISORDERS & OBSESSIVE COMPULSIVE DISORDERS & TRAUMA RELATED DISORDERS

Neurochemistry of anxiety GAD, panic disorders, phobias OCD PTSD Physiological interventions Anti-anxiety medications Anti-depressants Non-pharmacologic options Benzodiazepines: risks and benefits Preventing side effects

BIPOLAR DISORDERS

Neurochemistry The Bipolar Spectrum & DSM-5[®] Changes Mood stabilizers Lithium Anti-convulsants & neuromodulators Typical, atypical, & third-generation antipsychotics Effective strategies for improving outcomes for clients

PSYCHOTIC DISORDERS/ SCHIZOPHRENIA

Neurochemistry of psychosis and schizophrenia Antipsychotic Medications: First generation (typical) Second generation (atypical) Managing side effects Extrapyramidal symptoms and TD Metabolic problems Recognizing hyperprolactinemia- and why you need to know Use of atypical antipsychotics for multiple disorders

LIMITATIONS OF THE RESEARCH AND **POTENTIAL RISKS**

DAY I WO

ATTENTIONAL DISORDERS

Differential diagnosis Neurochemistry of ADHD Treatment controversies Substance abuse and ADHD Stimulant medications Non-stimulant options Preventing side effects

SUBSTANCE ABUSE DISORDERS

Neurochemistry of addiction Negative reinforcement & creation of habits Alcohol Caffeine Nicotine Cannabis Opiates PCP & Ketamine MDMA (Ecstasy) Energy vs. Chill Drinks Over-the-counter & herbal psychopharmacology Addiction treatments **Behavioral addictions**

SPECIAL POPULATIONS

Specialized guidelines for geriatric patients Dementia treatment Slow vs. rapid metabolizers (genetic polymorphisms)

TREATING CLIENTS PAIN

Acute vs. chronic pain Alternatives to pharmacology Pain vs. depression: which comes first?

ETHICS & PSYCHOPHARMACOLOGY

High-risk pharmacology & psychopharmacology Off-label use of medications Prescribing for children Elective psychopharmacology Marketing of mental illness Polypharmacy Informed vs. uninformed consent Patient & third party pressures Professional boundaries Ethics associated with medical errors Role of placebo

FUTURE TRENDS

Change of mind: preventing vs. managing side effects Medicalization of normal Computer assisted devices New meds, new diagnoses, new theories, new normal **Top 10 Medical Emergencies** Integrating psychotherapy with psychopharmacology

LIMITATIONS OF THE RESEARCH AND **POTENTIAL RISKS**

Conference Schedule (for Both Days)

7:30 Registration/Morning Coffee & Tea 8:00 Program begins 11:50 -1:00 Lunch (on your own) 4:00 Program ends There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

OBJECTIVES

- 1. Analyze the historical antecedents of psychopharmacological products and their relation to today's psychotropic medications.
- 2. Designate the mechanism of action of today's psychotropic medications and how it relates to your clients.
- 3. Breakdown the process of medication selection and receptor activation/blocking for specific disorders.
- 4. Communicate the side effects including nutritional, cognitive, sexual, and behavioral associated with psychotropic medications.
- 5. Specify how medications are chosen for mood disorders and specific patient characteristics.
- 6. Compile medication treatment options for your clients with ADHD.

- 7. Determine the unique medication considerations for geriatric clients.
- 8. Determine acute and chronic pain and methods of treatment.
- 9. Analyze future trends, including preventing side effects vs. managing side effects.
- 10. Establish ethical issues specifically relating to the child and adolescent population as they relate to clinical psychopharmacology.
- 11. Apply traditional standards (autonomy, beneficence, nonmaleficence, confidentiality, veracity) of ethical behavior to issues peculiar to the practice of clinical psychopharmacology.
- 12. Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.

social work continuing education by the Association of Social IOWA NURSES: PESI, Inc. is an approved provider by the Iowa Board of Nursing, Provider Work Boards (ASWB) Approved Continuing Education (ACE) is 346. Full attendance at this activity qualifies for 12.6 contact hours. Full attendance in the activity is required; no partial contact hours will be issued for partial attendance. program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains These contact hours are used for your license renewal. You will need to provide your license number to PESI. PESI must have this number on file in order for your hours to sponsibility for the course. ACE provider approval period: January 27, 2017 - January 7 2020 Social Workers completing this course receive 12.5 Clinical Practic IOWA NURSES ONLY: PESI must have your license number on file in order for your hours education credits for completing this course. Course Level: Intermediate. A certificate attendance will be awarded at the end of the program to social workers who comple to be valid. While completing the online post-test/evaluation, please answer YES to the question: "Are you an lowa Nurse?" and include your license number. After completing the program evaluation. Full attendance is required; no partial credits will be offered for and passing the online post-test/evaluation, your information will automatically b partial attendance. to cepesi@pesi.com with the following information: full title of the activity, speaker KANSAS SOCIAL WORKERS: PESI, Inc. is an approved provider with the Kansas rioral Sciences Regulatory Board. Provider #14-006. This course has been approved name, date of live broadcast, date you completed the post-test, and your name and your or 12.5 continuing education hours.

SPEAKER

Perry Buffington, Ph.D., M.S., has over 20 years of experience in the medical consulting field and is currently a full-time senior lecturer at the University of Georgia, teaching psychopharmacology at the undergraduate and graduate levels. He is former chairman of the prestigious Florida Psychological Association's Prescriptive Authority Committee and teaches seminars nationwide on minimizing psychopharmacological errors.

As the author of eight books (currently working on his first psychopharmacology text), his by-line has appeared in hundreds of periodicals including the Saturday Evening Post, USA Today, and Success. He is the former contributing editor for Delta Air Lines' in-flight magazine, Sky, and served as a syndicated newspaper/web columnist for Universal Press. Additionally, he hosted his own radio show, syndicated nationally, by Envison Radio Networks.

Perry's presentation style is engaging, a blend of education and entertainment; as a result, critics (and especially his students) applaud his ability to make complicated topics understandable and applicable - even useful!

Speaker Disclosures

Financial: Perry Buffington is the President of Go-Buff Enterprises, Inc. He is a member of the psychology faculty, Franklin College of Arts & Sciences, The University of Georgia. Dr. Buffington receives a speaking honorarium from PESI, Inc. Non-financial: Perry Buffington has no relevant non-financial relationship to disclose.

LIVE CONFERENCE CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Servi with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a next to complete une service and the full attendance for the services to this relation of administration of administration of the service service and the service of the se see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine you If you protession is not nated, prease contact you incensing bound to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepes@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional. you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their program Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

MISSOURI COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation

NEBRASKA COUNSELORS: This intermediate activity consists of 12.5 clock hours of ontinuing education instruction. Credit requirements and approvals vary per stat board regulations. Please contact your licensing board to determine if they accept ograms or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI. nc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation ation by the Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

NURSE PRACTITIONERS: This program offers 760 instructional minutes of pharmacology content which is designed to qualify for 12.6 contact hours tow your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to you

OCCUPATIONAL THERAPISTS & OCCUPATIONAL ОŢŽ THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education, Provider #: 3322. Full attendance at this course gualifies for 12.5 contact hours or 1.25 CFUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imp

endorsement of specific course content, products, or clinical procedures by AOTA Course Level: Intermediate KANSAS OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS This course has been sent to the Kansas Occupational Therapy Association for review. Credit is pending.

PHARMACISTS: PESI, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this Knowledge-based activity qualifies for 12.6 contact hours. ACPE Universal Program Number. 0289-0000-17-005-101-P.

Full attendance is required. No partial contact hours will be awarded for partial attendance. You are required to complete a program evaluation/post-test and bring your e-Profile ID to the seminar to receive CPE credit. Don't have your e-Profile ID yet? Visit the National Association of Boards of Pharmacy (NABP) website your e-profile at www.nabp.net in order to obtain your NABP e-Profile ID.

PHARMACIST PARTICIPANTS ONLY: To be reported to ACPE, while completing the online post-test/evaluation, please answer YES to the question: "Do you need your hou ported to ACPE (Pharmacy)?" and include your NABP e-Profile ID and Birth Date (mm d). After completing and passing the online post-test/evaluation, your information w luation, your information wi automatically be sent to cepesi@pesi.com to be reported. If you forget to answer yes please send an email to cepesi@pesi.com with the following infor ion full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number. Please allow 3-4 weeks for proc

PSYCHOLOGISTS: This activity consists of 12.5 clock hours of ontinuing education instruction. The following state psychologis poards recognize activities sponsored by PESI. Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin, Certificates of attendance will be issued for you to submit to your state icensing board to recognize for continuing education credit. Full attendance is regu

no partial credits will be offered for partial attendance. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Educatio to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit surate with the extent of their participation in the activity PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS: PESI, Inc. is approved by the National

Association of School Psychologists to offer professional development for schoo psychologists, PESI maintains responsibility for the program, Provider #1140, PESI is offering this activity for 12.5 hours of continuing educ tion credit. Full attendance i equired; no partial credits will be offered for partial atten

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact you own board or organization for specific requirements.

How to Register 2019 Psychopharmacology 2-Day Conference

	QUESTIONS? Call	800-844-8260	or e-mail us at info@pesi.com .
NLINE pesi.c	: :om/express/71583		mplete entire form (to notify you of seminar changes): staple duplicate forms.
HONE	800-844-8260 Please have credit card available	See mail code box on a Name Employer Name _	address panel on reverse side Profession
AX	800-554-9775	Dept/Floor/Suite_	County
IAIL	PESI, Inc. PO BOX 1000 Eau Claire, WI 54702-1000	Home/Cell Ph (Dept. Ph () *E-mail address	Zip
OMAH uly 18	A, NE 7158 719, 2019 Omaha Hotel 8th Ave • 68154	330MA	 Check tuition: TUITION with Conference Manuals \$399.99 per person postmarked 3 weeks prior to even or per person for 2 or more preregistering together \$439.99 Standard Tuition per person
uly 25 oubleTr	AND PARK, KS 7158 -26, 2019 ee Hotel Kansas City-Overland llege Blvd • 66210	330PA d Park	ADD-ON PRODUCTS Distributed at seminar— FREE SHIPPING! \$24.99* Psychopharmacology book \$19.99* Mindful Chair Yoga card deck *Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR
			Indicate method of payment: ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy). Check enclosed payable to PESI, Inc.



ADA NEEDS

10

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

FREE Military Tuition: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advanced online registration required.

\$60 Tuition: If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 5 or more: Call 800-844-8260 for discounts.

Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form

Go to www.pesi.com/students or call 800-844-8260 for details. Pgre Advanced registration required.

FOR OFFICE USE ONLY En Fed ID # 26-3896894 © 2019 PESI, Inc. Cannot be combined with other discounts.

AN'T ATTEND THE CONFERENCE? below for individual product order

16 digits 13-16 digits 15 digits 16 digits

MC VISA

Card #

Card Exp.

Signature_

\$299.99* Psychopharmacology 2-Day Conference on DVD (video) (RNV048500

(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)

(*American Express: 4-digit # above account # on face of card.)

AE Discover Novus

V-Code #*:

- \$269.99* Psychopharmacology 2-Day Conference on CD (audio) (RNA048500)
- \$24.99* Psychopharmacology book (PUB083825)
- _ \$19.99* Mindful Chair Yoga card deck (PUB085920)

may differ from live CE approvals	Product total \$ *Shipping Subtotal **Tax TOTAL	
-----------------------------------	---	--