

1 Please complete entire form
(to notify you of retreat changes); please print; staple duplicate forms.

Name _____

Profession _____

Address _____

City _____ County _____

State _____ Zip _____

Home/Cell Ph () _____

E-mail address _____

Registration email address is required to receive your certificate of completion and registration confirmation.

2 Tuition and 5-night stay—July 9–14, 2019 (70586PET)

- ☐ Early bird by 6/4/19—\$2,399 per person
- ☐ Standard—\$2,599 per person

****Bring a friend and SAVE \$200 each!**

Tuition and 5-night stay, double occupancy

- ☐ Early bird by 6/4/19—\$2,199 per person
- ☐ Standard—\$2,399 per person

To register for double occupancy, please submit both registration forms at the same time. Indicate your roommate’s name on the line below.

Roommate’s name: _____

3 Please indicate method of payment.

☐ Check enclosed payable to **PESI, Inc.**

☐ Am. Exp. (15 Digits) ☐ VISA (13-16 Digits) ☐ MC (16 Digits) ☐ Discover Novus (16 Digits)

Card Number: _____ Card Expires ____/____/____

Signature _____ V-Code #: _____

For additional details, cancellation policy and FAQ go to: pesi.com/express/70586

How to Register

FOR OFFICE USE ONLY
Fed ID # 26-3896894 © 2019 PESI, Inc. EK

Choose the easiest registration method for you:

ONLINE pesi.com/express/70586

MAIL

PESI
PO BOX 1000
Eau Claire, WI 54702-1000

PHONE 800-844-8260
Please have credit card available

FAX 800-554-9775

PESI
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE WI
PERMIT NO. 32729

Included with Tuition:

CE Certificate
& Course manual
Healthful cuisine
(3 meals daily)

HIGHLIGHTS OF THE CLINICAL TRAINING:

- Tools and Modalities for Stabilization & Trauma Processing
- Imagery
- Somatic Interventions
- DBT Skills
- Mindfulness
- Meditation

IONS EarthRise
Institute of Noetic Sciences

Tools & Modalities
for Stabilization
& Trauma Processing

TRANSFORMING TRAUMA IN A RETREAT SETTING

This is a training opportunity that is a MUST if you work with traumatized clients – and an opportunity in a serene setting to practice treatment skills.

Immerse yourself in a truly magnificent natural setting in California! The beautiful EarthRise at IONS retreat center is located just 30 miles north of San Francisco (nestled in the mountains between Novato and Petaluma). You will spend several days filled with learning trauma treatment skills. You will have the opportunity to practice these skills in a safe setting and gain confidence to improve treatment outcomes with your clients.

Through didactic illustration and explanation; live and videotaped demonstrations; and a host of experiential exercises, this educational opportunity in a retreat setting will provide you with the principles of trauma theory, diagnoses and best practices for effective treatment.

This training is structured to guide you through traumatic stress disorders – those included in, and those excluded from – the DSM-5™:

- Simple PTSD
- Complex PTSD
- Developmental Trauma Disorder
- Borderline Personality Disorder

Once familiar with what is referred to as the “tri-phasic model” of treatment, including each phase’s goals, and the clinical tools to reach those goals, you will begin to practice these tools in the later stages of the training.

This is a rare opportunity to separate yourself from the day-to-day tasks in your work and home to focus fully and intentionally on building clinical skills, working alongside fellow professionals to improve your clinical trauma treatment.

Limited availability! Register today at pesi.com/express/70586

Retreat Instructor

Linda Curran, BCPC, LPC, CACD, CCDPD, is president of Integrative Trauma Treatment, LLC, in Havertown, PA and serves as an advisor to the International Association of Trauma Professionals (IATP). She provides clients an integrative approach to trauma, and treats PTSD in adolescent and adult populations, including clients with eating disorders, sexual trauma, and self-injury. An international speaker on the treatment of trauma, Linda has developed, produced, and presents multi-media workshops on all aspects of psychological trauma.

Linda is the author of best-selling *Trauma Competency: A Clinician's Guide* (PPM, 2010) and her newest book *101 Trauma-Informed Interventions* (PPM, 2013). She is the producer of the best-selling Interview Trauma DVD series in which she collaborated with the world’s leaders in trauma: Bessel van der Kolk, M.D.; Peter Levine, Ph.D.; Babette Rothschild, MSW, LCS; Stephen Porges, Ph.D.; Janina Fisher, Ph.D.; and many more.

Speaker Disclosure: Financial: Linda Curran maintains a private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Linda Curran has no relevant non-financial relationship to disclose.

Yoga Instructor

Janna Masia Barkin (RYT), a Registered Yoga Teacher with Yoga Alliance, a certified Yoga Tune-Up™ Therapy Ball Practitioner, and a Certified Childbirth Educator (CBE) with ALACE (Association of Labor Support and Childbirth Educators). Her style is infused with a love of nature and a playful passion for the practice of yoga. In her classes, she explore hatha yoga postures in creative sequences that invite union of mind, body, heart, and spirit. Janna provide specific, detailed alignment instruction with regards to individual needs. Students leave her classes awakened and strengthened from the inside out.

Speaker Disclosure: Speaker Disclaimer: Attendees, please note that there will be no CE credits attached to the Yoga sessions. The Yoga sessions are optional.



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PESI sponsored retreat located at
EarthRise at IONS, Petaluma, CA
<http://noetic.org/earthrise/>

PESI

In a retreat setting!



Become a Certified Clinical Trauma
Professional Level II (CCTP-Level II).
& Earn up to 24 CE Hours!

Reserve today!
Limited availability

July 9-14, 2019
EarthRise at IONS • Petaluma, CA
pesi.com/express/70586

CLINICAL
TRAUMA
CERTIFICATION
RETREAT

★★ BECOME CERTIFIED ★★

Retreat Content

Neuroscience of Trauma and DSM-5® Diagnostic Criteria

Neuroscience’s Current Trauma Paradigm

- Biological nature of trauma
- Primer: Research the nervous system and the stress response
 - Polyvagal Theory (informing trauma treatment of both hyperarousal and hypoarousal states)

Trauma’s somatic and sensorimotor sequelae
Specific trauma symptoms and their order of appearance
Dissociation, body memories and “flashbacks”
Traumatic stress: Normal, prolonged, complex and developmental

Trauma and Attachment:

- Adverse Childhood Experiences Study (Implications)
Primer: Attachment essentials
- Insecure attachment styles (assessment and primary treatment issues)
 - Avoidant
 - Preoccupied
 - Disorganized type (Main, Hesse)

Stage Model of Trauma Treatment

Assessment and Diagnosis of Trauma Disorders

Simple PTSD (DSM-IV-R®)
Complex PTSD (van der Kolk & Herman, 1992)
Borderline Personality D/O vs. Affect Dysregulation D/O
DTD Developmental Trauma Disorder (van der Kolk)

The Tri-Phasic Model of Treatment:

- Stage One: Stabilization and Safety
- Assessment, rapport, psychoeducation (including medication)
 - Recognize and interrupting dissociative episodes and “flashbacks”

Testimonials



I thoroughly appreciated your style, knowledge, experience and the way you were able to disseminate this critically important information in working with trauma. Thank you! You have given me a tremendous amount of hope for many of my clients.

— Nalini, LCSW —



...you have given me the best tool that I have acquired to help my clients since I attended my doctoral studies.

— Bridget, therapist —

Go to **pesi.com/express/70586**
for 30 Key Learning Outcomes

- Practicing “Skills to Stay Stable”
 - Dual awareness
 - Mindfulness
 - Somatic exercises for grounding and centering
 - Techniques for physiological arousal reduction, containment and self-soothing
 - Multi-sensory guided imagery

Stage Two: Processing Traumatic Memories

- Overview of trauma processing modalities
 - Gestalt therapy
 - Sensorimotor Psychotherapy (SP)
 - Somatic Experiencing (SE)
 - Internal Family Systems (IFS)
- EMDR
 - Overview and demonstration

Experiential: Processing Traumatic Memories with EMDR

Under supervision, clinicians will practice multiple sessions for both:

- Resourcing client
- Reprocessing traumatic memories

Q/A Wrap up



BECOME CERTIFIED!

The purpose of the Certification in Complex Trauma & Related Disorders is to demonstrate knowledge of the ability to assess, use effective treatment approaches, and address the therapeutic challenges of treating complex trauma (alternatively described as Complex PTSD “CPTSD”) and dissociative disorders.

This retreat meets ALL the educational requirements when applying to become a Certified Clinical Trauma Professional Level II (CCTP-Level II).



Visit traumapro.net
for the full certification requirements.

\$50 OFF

Certification Application Fee

Use Code: **TRETREAT19**

Expires 9/31/2019



RETREAT LOCATION INFORMATION

EarthRise at IONS
101 San Antonio Rd
Petaluma, CA, 94952
707-775-3500
<http://noetic.org/earthrise/>

★★ BECOME CERTIFIED ★★

CLINICAL TRAUMA
CERTIFICATION RETREAT

Retreat Schedule

Tuesday, July 9, 2019

- 3 – 6 pm Check in and Property Tour
- 6 – 7 pm Dinner
- 7 – 8 pm Introduction Educational Program*

Wednesday, July 10, 2019 –
Saturday, July 13, 2019

- 6:45 – 7:45 am Yoga Experiential (optional)
- 8 – 9 am Breakfast
- 9:30 am – 12:30 pm Educational Program*
- 12:30 – 1:30 pm Lunch
- 1:30 – 4 pm Free Time
- 4 – 6 pm Educational Program*
- 6 – 7 pm Dinner

Sunday, July 14, 2019

- 6:45 – 7:45 am Yoga Experiential (optional)
- 8 – 9 am Breakfast
- 9:30 am – 12:30 pm Educational Program*
- 12:30 – 1:30 pm Closing Lunch and Departure

*CE is awarded during these specified times



Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 24.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

CALIFORNIA ALCOHOLISM & DRUG ABUSE COUNSELORS: PESI, Inc. is an approved provider by the CCAPP-EI, Provider #: 05-03-036-1017. This activity meets the qualifications for 24.0 CEHs (continuing education hours).

COUNSELORS: This intermediate activity consists of 24.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 1440 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses in full attendance will earn 24.0 contact hours. Partial contact hours will be awarded for partial attendance.

CALIFORNIA NURSES: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 13305 for 24.0 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance.

CALIFORNIA NURSES ONLY: PESI must have your license number on file in order for your hours to be valid. While completing the online post-test/evaluation, please answer YES to the question: “Are you a California Nurse?” and include your license number. After completing and passing the online post-test/evaluation, your information will automatically be sent to cepesi@pesi.com to be filed. If you forget to answer yes, please send an email to cepesi@pesi.com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number.

PSYCHOLOGISTS: This activity consists of 24.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 24.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CALIFORNIA PSYCHOLOGISTS: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 24.0 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for the course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 24.0 Clinical Practice continuing education credits for completing this course. Course Level: Intermediate. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

CALIFORNIA SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS/LICENSED EDUCATIONAL PSYCHOLOGISTS: This intermediate activity consists of 24.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 1440 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Target Audience:

Psychologists • Counselors • Social Workers • Marriage & Family Therapists
Nurses • Addiction Counselors • Mental Health Professionals

This workshop is intended for masters- and doctoral-level clinicians experienced in working with trauma. You will learn and practice alternating bilateral stimulation into two distinct types of psychotherapy sessions; development and installation of internal resources; and reprocessing of traumatic material.

For additional information: **pesi.com/express/70586**

For cancellation policy and FAQ go to: **pesi.com/express/70586**