

# Meet Your Speaker

**Joe Kort, Ph.D., LMSW**, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and “sexual addiction”. Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.

Speaker Disclosure:  
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.  
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

*“This was a wonderful, informative workshop. Presenter’s delivery was great, open and created comfortable environment.”*  
**Nancy – Social Worker**

## Live Seminar Continuing Education Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ADDITION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

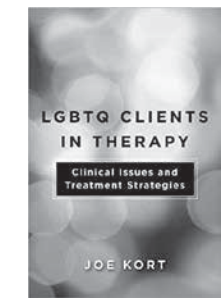
**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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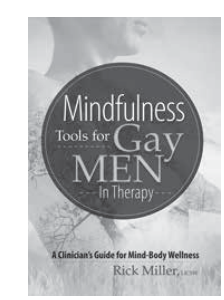


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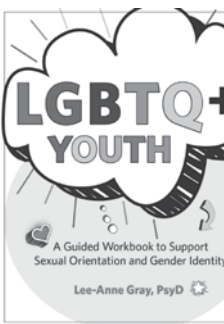
**LGBTQ Clients in Therapy**  
*Clinical Issues and Treatment Strategies*  
By Joe Kort, Ph.D., LMSW **YOUR SPEAKER**

All the answers clinicians need to work effectively with LGBTQ clients. A therapist who treats LGBTQ clients often must be more than “gay friendly.” Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.



**Mindfulness Tools for Gay Men In Therapy:**  
*A Clinician’s Guide for Mind-Body Wellness*  
By Rick Miller, LICSW

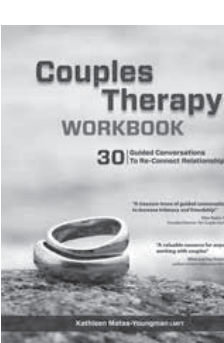
*Mindfulness Tools for Gay Men in Therapy* is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.



**LGBTQ+ Youth**  
*A Guided Workbook to Support Sexual Orientation and Gender Identity*  
By Lee-Anne Gray, Psy.D.

The most comprehensive, practical and user-friendly workbook written specifically for clinicians and educators to engage and support lesbian, gay, transgender, bisexual and questioning youth.

Over 75 different concepts, worksheets, handouts and practices based in mindfulness, meditation and self-compassion that help children, adolescents and their caregivers.



**Couples Therapy Workbook:**  
*30 Guided Conversations to Re-Connect Relationships*  
By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.

## More info and resources at [www.pesi.com/bookstore](http://www.pesi.com/bookstore)


### Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on May 20, 2019, for this live, interactive webcast!**

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/70427](http://www.pesi.com/webcast/70427)

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# Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

**Nashville, TN**  
Monday, May 20, 2019

**Live Video Webcast**  
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**Earn 6.25 Cultural Competency CE Hours**

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## Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients.

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn’t know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

Don’t be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

Don’t miss this valuable opportunity to learn from a leading expert in the field!

“Brilliant presenter, could have kept listening for days!”

Tamara – Counselor

“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”

Sue – Social Worker

“I feel that I gained a lot of good info for my clients.”

Angie – Counselor

“Best program I have been to!”

Christina – Psychologist

## Outline

### Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)

Intake session: questions about developing identity

Strategies to establish rapport and comfort  
Tips for discussing sex and sexuality

### Talk About Sex!

Don’t miss out on key info by ignoring the sex talk

Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions

Varieties of sexuality

Protect the client from your own biases and assumptions

### Coming Out

Stigma and its impact on mental health from childhood to adulthood

6 distinct stages with interventions  
Navigate the 3 phases of coming out to avoid isolation and alienation

Fear, shame and rejection unique to this population

Relationship concerns: family, friends, school or workplace

Finding a sense of belonging in LGBTQ community

Harmful and dangerous effects of conversion therapy

### LGBTQ Adolescence

Coming out issues

It gets better but not before coming out

Bullying and other safety issues contributing to PTSD

Harm reduction adult dating apps such as Grindr, Scruff, etc.

Risk assessment for substance abuse

Assess for suicidality

Finding support

### Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male

Accurate assessment of alcohol use with this high risk population

HIV & STI prevention strategies and risk and harm reduction

Generational differences informing different treatment plans

Internalized homophobia

Learn specific sexual terminology to avoid alienating your client

### Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian

Specific terminology that is helpful and damaging in this population

Sex and sexuality: what to know, what to ask

Strategies to manage gender dynamics

Internalized homophobia manifests in development

### Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships

Internalized biphobia and bisexual development from childhood into adulthood

Compare and contrast male and female bisexuality

Open relationships in gay male couples

Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

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### Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths

Coming out discrepancy causing turbulence for couples

Recognize and identify how internalized homophobia creates conflicts

Open relationships in gay male couples

Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

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QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

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LESBIAN, GAY, BISEXUAL, TRANSGENDER AND QUESTIONING (LGBTQ) CLIENTS: CLINICAL ISSUES AND TREATMENT STRATEGIES

**1 Please complete entire form** (to notify you of seminar changes):  
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*See mail code box on address panel on reverse side*

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**ADA NEEDS**  
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**WALK-INS**  
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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**Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies**

\_\_\_ Seminar on DVD\* (video) \$199.99 (RNV046550)

\_\_\_ **LGBTQ Clients in Therapy** book\* \$27.95 (SAM085315)

\_\_\_ **LGBTQ+ Youth** workbook\* \$29.99 (PUB085455)

\_\_\_ **Mindfulness Tools for Gay Men In Therapy** book\* \$24.99 (PUB084585)

\_\_\_ **Couples Therapy Workbook**\* \$24.99 (PUB083085)

\_\_\_ Seminar on CD\* (audio) \$169.99 (RNA046550)

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\*Shipping is \$6.95 first item + \$2.00 each add'l item.

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## Questions? Call customer service at 800-844-8260

### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals

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