

..... Outline

The Personality Mystique

DSM-5® criteria
Treatment errors and misdiagnoses
Core and/or surface structure and the role of the clinical disorders
Differential diagnoses
Five central components to accurate diagnosis
Insulate your clients against risk factors

Antisocial Spectrum

Oppositional defiance to psychopath
Attachment
Manage and avoid in-session violence and threats
Secondary gains, suicide attempts and threats
Overcome blockades – manipulation, threats, power struggles and more
Symptom presentation and risk analysis to self and other
Interpersonal theory techniques for compliance
Balance transference and countertransference
Lessen destructive behaviors
Cognitive-behavioral experiential techniques to lessen pathology
Psychotropic medications
Case studies and treatment exercises

Narcissistic Spectrum

Narcissistic presentation and the environmental context
Attachment and pathological narcissism
Tackle the veneer of perfectionism
Overcome blockades – power struggle, absent empathy, excessive criticism
The narcissistic/borderline client
Interpersonal strategies for empathy engagement
CBT techniques to clarify behaviors, values and goals
Tactics to avoid arguing
Motivational Interviewing to overcome resistance
Prevent sabotage
Build a sense of true self
Case studies and treatment exercises

Target Audience:
Counselors • Social Workers • Psychologists
Psychotherapists • Therapists • Addiction Counselors
Marriage and Family Therapists • Case Managers
Nurses • Other Mental Health Professionals

Histrionic Spectrum

Moody to excited to histrionic: the erratic client
Attachment
Coquettish behavior, avoidance drama, inauthenticity
Dangers of the histrionic client
Link between emotions and behavior
Interpersonal strategies to encourage expression of true self
Enhance sense of self and lessen the “spotlight”
Motivational Interviewing techniques
DBT techniques
Interpersonal strategies to build positive relationships
Strengthen self-initiative and independent action
Psychotropic medications
Case studies and treatment exercises

Borderline Spectrum

Symptom presentation along the spectrum
Attachment
Feeling identification and behavioral control
Manage self-harm and suicidality
Rage-ful outbursts, self-mutilation, boundary violations
Create stability and build therapeutic collaboration
Develop true sense of self and lessen maladaptive need for attention
Facilitate pattern recognition
Lessen the impact of maladaptive patterns
Underlying wishes and fears
Build DBT core mindfulness skills
DBT techniques to dissolve the distraction and focus on the “genuine relationship”
Calm interpersonal upheavals with DBT
DBT emotion regulation skills
Psychopharmacology and applicability
Case studies and treatment exercises

Live Seminar Schedule

7:30 am Registration/Morning Coffee & Tea
8:00 am Program begins
11:50 am - 1:00 pm Lunch (*on your own*)
4:00 pm Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



FREE Worksheets

Identifying Anxiety-Igniting Thoughts

By Catherine Pittman, Ph.D. HSPP

FREE Worksheets

Identifying Anxiety-Igniting Thoughts

A portable tool for helping clients regulate their anxiety

★ LIMITED-TIME OFFER ★

Plus, get an exclusive limited-time offer on Rewire the Anxious Brain Certificate Course

pesi.com/anxietyworksheet

Bring any training in-house!

Convenient • Cost-Effective • Customizable

for more information visit www.pesi.com/inhouse

NON-PROFIT ORG
US POSTAGE PAID
EAU CLAIRE WI
PERMIT NO 32729

PESI
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

Antisocial,
Borderline,
Narcissistic
and Histrionic

Effective Treatment for Cluster B Personality Disorders

Featuring, Charles Jacob, Ph.D.

BOISE, ID
Wednesday, May 15, 2019

SALT LAKE CITY, UT
Thursday, May 16, 2019

LAS VEGAS, NV
Friday, May 17, 2019

www.pesi.com

REGISTER NOW!
www.pesi.com/express/69914

Antisocial,
Borderline,
Narcissistic
and Histrionic

Effective Treatment for Cluster B Personality Disorders

Featuring,
Charles Jacob, Ph.D.

- Understand the unique traits of antisocial, narcissistic, histrionic and borderline clients
- Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder
- Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!

BOISE, ID
Wednesday, May 15, 2019

SALT LAKE CITY, UT
Thursday, May 16, 2019

LAS VEGAS, NV
Friday, May 17, 2019

www.pesi.com

REGISTER NOW!
www.pesi.com/express/69914

A Non-Profit Organization Connecting Knowledge with Need Since 1979

Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B Personality Disorders

Join national trainer, Charles Jacob, Ph.D., as he delivers an intensive workshop and seminar designed to provide you with the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissist, Histrionic and Borderline Personality Disorder client and make a breakthrough in clinical treatment.

- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

Stop being stuck and frustrated with your Cluster B Personality Disorder clients! Sign up for this seminar today!

Speaker

CHARLES JACOB, Ph.D., is a psychologist with over 15 years of clinical experience conducting and overseeing the delivery of mental health services to individuals with severe mood and personality disorders as well as their families. He is past president of the Pennsylvania branch of the American Counseling Association and maintains a robust private practice in the suburbs of Philadelphia as a licensed psychologist, professional counselor and marriage and family therapist.

In addition to training in Dialectical Behavior Therapy for the treatment of borderline personality disorder, Dr. Jacob is an expert in Cognitive Therapy and a highly regarded clinician and scholar. He is a recipient of PCA’s David W. Hall Advocacy Award, and has been a featured interview in Counseling Today as well as NPR’s The Pulse.

Dr. Jacob is a full time faculty member in the Human Development Quantitative Methods Division at the University of Pennsylvania’s Graduate School of Education. He received his PhD from The Pennsylvania State University and completed a year of additional training at the Center for Cognitive Therapy at the University of Pennsylvania.

Speaker Disclosures:
Financial: Charles Jacob is in private practice. He receives a speaking honorarium from PESI, Inc.
Non-financial: Charles Jacob is a member of the Pennsylvania Counseling Association; American Counseling Association; and the American Mental Health Counseling Association.

Questions? Call customer service at 800-844-8260



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advanced online registration required.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at nrate@pesi.com or 715-855-5291.

Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Identify and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Implement CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Incorporate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.
If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.
Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.
PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.
ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.
COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.
ARIZONA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.
IDAHO COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.
NEVADA COUNSELORS & MARRIAGE AND FAMILY THERAPISTS: This program has been submitted to the State of Nevada Board of Examiners for Marriage and Family Therapists for review. Credit is pending.
OREGON COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

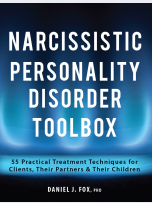
Include these products with registration and save!



Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders

By Daniel J. Fox, Ph.D.

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.



Narcissistic Personality Disorder Toolbox: 55 Practical Treatment Techniques for Clients, Their Partners & Their Children

By Daniel J. Fox, PhD

Invaluable tools you need to treat clients on the narcissistic spectrum, AND help their partners and children grow beyond the hurt and pain. Narcissism is a treatable condition, but working with these clients is no easy task. Developed from years of experience, Daniel Fox, PhD has created a three-sectioned approach, filled with unique worksheets, checklists and impactful exercises to help clients, their partners and their children.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.
NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements.
PSYCHOLOGISTS: This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.
PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.
CALIFORNIA PSYCHOLOGISTS: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.
SOCIAL WORKERS: PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.
OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



PLEASE RETURN ENTIRE REGISTRATION FORM

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

How to Register: ANTISOCIAL, BORDERLINE, NARCISSISTIC AND HISTRIONIC: EFFECTIVE TREATMENT FOR CLUSTER B PERSONALITY DISORDERS

ONLINE
www.pesi.com/express/69914

PHONE
800-844-8260
Please have credit card available

FAX
800-554-9775

MAIL
PESI
PO BOX 1000
Eau Claire, WI
54702-1000

1 Please complete entire form (to notify you of seminar changes):
please print; staple duplicate forms.

Mail Code: _____
See mail code box on address panel on reverse side

Name _____ Profession _____

Employer Name _____

Employer Address _____

Dept/Floor/Suite _____

City _____ County _____

State _____ Zip _____

Home/Cell Ph () _____

Dept. Ph () _____

*E-mail address _____

*Registrant’s e-mail is required to receive your certificate of completion and registration confirmation.

2 Check location: (make copy of locations)

☐ **BOISE, ID**
May 15, 2019
The Riverside Hotel
2900 Chinden Blvd • 83714
(208) 343-1871

69914BOI

☐ **SALT LAKE CITY, UT**
May 16, 2019
DoubleTree Salt Lake City Airport
5151 Wiley Post Way • 84116
(801) 539-1515

69914SLC

☐ **LAS VEGAS, NV**
May 17, 2019
The Platinum Hotel
211 E Flamingo Rd • 89169
(702) 365-5000

69914LVE

REGISTER NOW
www.pesi.com/express/69914

ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS
• **FREE MILITARY TUITION:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: **www.pesi.com/coord** for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/ students or call 800-844-8260 for details.
Advance registration required.
Cannot be combined with other discounts.

3 Check tuition:

TUITION with seminar manual
\$199.99 – choose one of the options below:
☐ per person for 2 or more preregistering together —OR—
☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$229.99** standard

ADD-ON PRODUCTS
Distributed at seminar—FREE SHIPPING!

☐ **\$29.99* Antisocial, Borderline, Narcissistic and Histrionic Workbook**

☐ **\$29.99* Narcissistic Personality Disorder Toolbox** book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Indicate method of payment:

ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).

☐ Check enclosed payable to **PESI, Inc.**

☐ MC ☐ VISA ☐ AE ☐ Discover Novus
16 digits 13-16 digits 15 digits 16 digits

Card # _____

Card Exp. _____ V-Code #*: _____

Signature _____

(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)
(*American Express: 4-digit # above account # on face of card.)

CAN'T ATTEND THE SEMINAR? See below for individual product orders

Antisocial, Borderline, Narcissistic and Histrionic: Effective Treatment for Cluster B Personality Disorders

___ Seminar on DVD* (video) \$199.99 (RNV046835)
___ Seminar on CD* (audio) \$169.99 (RNA046835)

___ **Antisocial, Borderline, Narcissistic and Histrionic Workbook*** \$29.99 (PUB083610)

___ **Narcissistic Personality Disorder Toolbox** book* \$29.99 (PUB085505)

*Shipping is \$6.95 first item + \$2.00 each add'l item.

Product total \$ _____
*Shipping _____
Subtotal _____
**Tax _____
TOTAL _____

**Residents add applicable state and local taxes except in AK, DE, MT, NH, OR



FOR OFFICE USE ONLY
Fed ID # 26-3896894 © 2019 PESI, Inc. NR