

# Outline

## PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
  - Respiratory
  - Cardiac
  - Digestive
  - Musculoskeletal
  - Early and aggressive mobilization and intervention

## ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
  - Pulmonary embolism
  - Deep vein thrombosis
- Mobilization management
  - Chest tubes
  - Arterial lines
  - IV management

## ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

## ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
  - Orthopedically complex patient
  - Cutting-edge interventions
    - Transitioning to same day ortho discharge
    - Shorter length of stay with improved outcomes
  - Transfer considerations
    - Alternative techniques for NWB
    - Transfers for all WB restrictions
- Burn injury across the lifespan
  - Types and degree of burn injury
  - Burn management and surgical interventions
  - Current trends in therapeutic burn intervention
- Cardiac diagnoses
  - Cardiac surgery and appropriate therapeutic progression
  - Sternal precautions
  - Implementation of strength training
- Neurological emergencies and trends in intervention
  - tPA administration and impact on therapeutic intervention
  - Management of the severe stroke
  - Patients with brief neurological deficits

- Respiratory compromised patient
  - High-flow oxygen management
  - COPD
  - Fresh take on energy conservation techniques

## INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
  - TBI
  - Dementia
  - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

## OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
  - Appropriate goal development

## CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

## CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

## BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

## ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

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Acute Care  
&  
ICU Rehab

Strategies for the  
Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

• Respiratory distress/COPD

• SCI

• Burn injuries

• TBI

• Stroke

• Orthopedic issues

• Cardiac limitations

• DVTs

Cedar Rapids, IA  
May 1, 2019

Des Moines, IA  
May 2, 2019

Omaha, NE  
May 3, 2019

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# Who Should Attend

- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapists
- Physical Therapist Assistants
- Nurses
- Nurse Practitioners

# Live Seminar Schedule

**7:30:** Registration/Morning Coffee & Tea

**8:00:** Program begins

**Lunch:** 1 hour (on your own)

**3:30:** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions? Call customer service at 800-844-8260

Acute Care  
&  
ICU Rehab

Strategies for the  
Medically Complex Patient

★★★★★  
I have a better understanding of exercise protocols and specific exercises for diagnoses.  
- A. Wong, OTR

★★★★★  
I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!  
- B. Conner, PT

★★★★★  
Great course. I will use the outcome measures and exercise progression immediately.  
- E. Wormold, PTA

Discover new treatments for:

• Early mobilization

• Management of lines, wires and tubes

• Respiratory distress

• Intubation/vent dependency

• Discharge planning

• Caregiver training


• Productivity

• Billing/documentation

Cedar Rapids, IA  
Wednesday  
May 1, 2019

Des Moines, IA  
Thursday  
May 2, 2019

Omaha, NE  
Friday  
May 3, 2019

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Acute Care & ICU Rehab

Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/Vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/Documentation

Speaker

**CINDY BAUER, MSOT, OTR/L**, is a veteran occupational therapist with over 22 years of OT practice in the acute care setting. With extensive knowledge of splinting within the acute care realm, as well as acute care assessment and therapeutic intervention due to her vast experience in trauma, plastic surgery, orthopedics, and neurology, Cindy has a wealth of knowledge and a desire to make learning fun and clinically applicable. Cindy has served as an OTR/L within various trauma centers in St. Louis and the Central Illinois region, and serves as a clinical educator on multiple topics in the therapeutic arena, including splinting, with an extensive history of practice within the Central Illinois Burn Center, implementing various splinting applications, education and clinical support. Cindy is an experienced educator, who prides herself in the provision of quality education. She received her Masters of Science in Occupational Therapy from Washington University in St. Louis in 1994.


Speaker Disclosures:

Financial: Cindy Bauer has an employment relationship with BJC Healthcare. She receives an honorarium from Performance Health Academy. She receives a speaking honorarium from PESI, Inc.  
Non-financial: Cindy Bauer has no relevant non-financial relationship to disclose.

Course developed by Dr. Kristen Davin, OTDR/L, ATP, SMS

Objectives

- State the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Identify methods to effectively document progression throughout the acute care spectrum.



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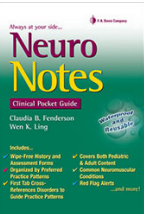
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Fundamental Sequences for the Medical Setting

By Dana Baggett, M.S., CCC-SLP

These easy-to-use sequencing cards created by veteran SLP Dana Baggett, are able to be utilized by rehab professionals to reinforce PT, OT, and ST concepts. Therapists will be able to use these cards to facilitate motor planning and cognitive progression; while also improving safety awareness, reasoning, and memory skills. This products can be implemented into a variety of rehab settings and used by other staff members and family members to practice skills being taught by therapy.



Neuro Notes: Clinical Pocket Guide

By Claudia Fenderson, PT, ED.D., PCS and Wen Ling, PT, PH.D.

- Wipe-Free History and Assessment Forms
- Organized by Preferred Practice Patterns
- First Tab Cross-References Disorders to Guide Practice Patterns
- Covers Both Pediatric & Adult Content
- Common Neuromuscular Conditions
- Red Flag Alerts

Whatever the practice setting-acute care, rehabilitation, outpatient, extended care, or in a school-turn to this handy pocket guide to the neurological examination. Small in size, but not in content, it covers all of the common neuromuscular conditions, disorders, and diseases you might encountered in patients throughout their lifespans. A spiral binding, thumb tabs and nearly 240 illustrations insure you can find just what you're looking for. Waterproof, reusable pages let you record clinical data and then wipe the pages clean with alcohol.

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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ACUTE CARE & ICU REHAB: STRATEGIES FOR THE MEDICALLY COMPLEX PATIENT  
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