



CERTIFIED CLINICAL TRAUMA PROFESSIONAL

Two-Day
Trauma Competency Conference



Featuring trauma expert and author
Michael S. Prokop,
M.Ed., CCTP, CSP, LPC, BCPC

This conference meets the educational
requirements for the Certified Clinical
Trauma Professional certification - See
details inside!

BONUS:

Get a **FREE IATP
membership
by attending!**

A \$99.99 value!

**Benefits to membership
listed inside!**

Oklahoma City, OK

Monday-Tuesday
May 20-21, 2019
Embassy Suites

Dallas, TX

Thursday - Friday
May 23-24, 2019
DoubleTree Hotel
Dallas-Campbell Centre

UPCOMING

**Live Video
Webcast**

Thursday & Friday
May 9 & 10, 2019

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**Become
CCTP-Level I
Certified!**

Details Inside



Certified Clinical Trauma Professional

The Successful Resolution of Traumatic Stress Can Be Simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step **four-stage framework** for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can **transform your clinical practice and help improve your trauma treatment outcomes**, just as it has for other clinicians around the world.

****In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional** (International Association of Trauma Professionals, www.traumapro.net)

**Master the Core Competencies of
Trauma, PTSD, Grief & Loss...and become
a Certified Clinical Trauma Professional**

Trauma Competency Training

Based on 25 years of breakthrough research, this trauma competency training can **increase your confidence and effectiveness** in your work with trauma survivors and can help improve clinical outcomes.

As a **BONUS** for attending you will receive a **FREE year membership to the International Association of Trauma Professionals (IATP)**. See page 6 for more details on membership.

AND become a Certified Clinical Trauma Professional (CCTP)! You'll end this conference with a certificate of completion which meets the educational requirements when applying for CCTP certification. Learn more about the CCTP certification at www.traumapro.net.

CAN'T ATTEND THIS SEMINAR?

Sign up early for an upcoming

**Live Video Webcast
and Save!**

May 9-10, 2019

8am - 4pm Central

For CE, additional information and to register visit:
www.pesi.com/webcast/69718

Use Promo Code TENOFFWEB to save \$10!



Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Jeff Mares at jmares@pesi.com or call 715-855-5269.

Michael S. Prokop, M.Ed., CCTP, CSP, LPC, BCPC

is a national speaker, Certified Clinical Trauma Professional, consulting school psychologist, Licensed Professional Counselor, American Psychotherapy Association Board Certified PTSD Clinician/Board Certified Professional Counselor-Diplomate, sports psychology consultant and is a member of the International Association of Trauma Professionals (IATP). He specializes in grief and trauma therapy, relaxation therapy, rational emotive psychotherapy, anger management, mental toughness training, and more. As a consulting psychologist he has conducted hundreds of psychological evaluations of traumatized clients and continues to provide individual and group therapy for clients with various adjustments, intellectual, motivational and emotional challenges. His clinical expertise with traumatized clients is based on a long history of comprehensive professional experiences. These include providing support for children and families impacted by suicide, domestic violence, homicide, child abuse, sexual assault and accidental death.

Michael has authored three children's books regarding adjustment issues and his counseling experiences include more than 25 years in private practice, school districts, part time at The Developmental Clinic, and the rest at Kent State University teaching undergraduate psychology classes, graduate level workshops and also providing psychological counseling services for the T.R.I. Program (Toward Retention Intervention). Besides his private practice, he consults in numerous schools and agencies and is an adjunct professor at Ashland University. As an entertaining and enthusiastic speaker, he frequently lectures and provides seminars at state and national conferences.

Speaker Disclosure

Financial: Michael Prokop is an adjunct instructor at Ashland University. He receives a speaking honorarium from PESI, Inc.

Non-financial: Michael Prokop is a member of the American Psychotherapy Association; National Education Association; National Association of School Psychologists; and the American Psychological Association.

Comprehensive Conference A

COURSE HOURS EACH DAY: 8 a.m. to 4 p.m.*

Registration and Morning Coffee & Tea at 7:30 a.m.

Lunch Break

*There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule will be provided.

A Brief History and Evolution of Traumatic Stress, Grief & Loss

- Systemic traumatic stress theory
- Symptom review
- Review of effective treatments
- Tri Phasic model
- Most commonly used instruments to assess traumatic stress

Core Competencies of Traumatic Stress, Grief & Loss

Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress

- Precipitating events
- Meaning making
- Physiology of Trauma
- Perception

Adaptive and maladaptive coping behaviors

- Trauma Adaptation
- Systemic influences
- Emotional & psychological stressors
- Integrated theoretical concepts from stress, crisis & trauma theories
- Information Processing Model
- Psychosocial Model

Review of Effective Treatment Intervention

- Cognitive Behavioral Techniques (PE, CPT & SIT)
- EMDR & Bilateral Stimulation
- Thought Field Therapy (TFT)/Emotional Freedom Techniques (EFT)
- Sensorimotor

The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

- Affective volatility
- The body keeps the score
- Biology of traumatic stress

The Impacts of Traumatic Stress Over Time & Across & Within Developmental Stages

- Epigenetics
- Reactive Attachment Disorder
- Adrenal fatigue

The Role of Traumatic Stress in Clinical Disorders such as Personality Disorders, Dissociative Identity Disorder, and More

- Traumagenesis
- Traumaddiction
- Comorbidity

Conceptualizing a Framework of Healing for Survivors of Traumatic Stress

- Systemic perspective
- Strengths perspective

Traumatic Stress Exists Across the Continuum of Systemic Levels

- Systemic trauma theory
- Community trauma
- Vicarious secondary traumatization

Theories of Traumatic Stress, Loss and Grief

- Information processing model
- Psychosocial model
- Contemporary thoughts

Bereavement and Adjustment Disorders

- Supporting Normal Bereavement
- Treating Complicated Bereavement

Assessment of Traumatic Stress Disorders

- Diagnostic and Statistical Manual of the APA
- DSM-5® changes
- ACE & Developmental Trauma
- Diagnosing PTSD with the PCL-5



**BECOME
CERTIFIED!**

This seminar meets ALL the education hours when applying for certification as a Certified Clinical Trauma Professional Level I (CCTP-Level I).

Visit traumapro.net for the full certification requirements.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Agenda

Work (on your own) 11:50 a.m. to 1:00 p.m.

Schedule is available upon request.

Evidence-Based Techniques/ Interventions

- Relaxation/Self-regulation
- Grounding
- Containment
- Writing/journaling
- Drawing art
- Healing metaphors
- Transitional objects

Demonstrations: Interactive Exercises/Application of Skills

- Cognitive Behavioral Techniques
- Narrative Exposure Therapy Technique
- Thought Field Therapy (TFT)
- Bilateral Stimulation

Limitations of the Research and Potential Risks

- Limitations of many accepted models of trauma treatment
- Weaknesses and limitations of evidence-based trauma treatment models
- Limitations of the diagnostic (DSM-5®) system
- Limitations and potential risks in grief work, due to research scarcity on the topic

Closure: Lessons Learned

Objectives

- 1 Examine the nature of traumatic stress, grief, & loss and their sequelae.
- 2 Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3 Evaluate traumatic stress, grief & loss from biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4 Examine the clinical research that supports the imperative factors that influence the efficacy of trauma treatment.
- 5 Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identity Disorder, and identify appropriate treatment Interventions.
- 6 Provide psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.
- 7 Determine the efficacy of self-regulation skills as a preliminary treatment intervention for trauma.
- 8 Articulate the 10 core competencies of traumatic stress, grief and loss and specify the clinical application of each.
- 9 Incorporate clinical interventions and techniques for the initial assessment, safety and stabilization phase of treatment as well as the remembrance and mourning phases of trauma treatment.
- 10 Examine the potential clinical limitations and benefits of completing a needs assessment for better progress in treatment.
- 11 Develop clinical skills to support and facilitate recovery from complicated bereavement in clients.
- 12 Incorporate CBT skills to promote the development of stability, self-efficacy, anxiety management, and relational capacities in traumatized clients.

THIS COURSE IS DESIGNED FOR:

Counselors • Social Workers • Psychologists • Case Managers
Addiction Counselors • Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

Free Bonus!



Register today and you'll also get:

A FREE 1-Year IATP Membership — A \$99.99 VALUE!

Join your fellow trauma professionals today in the International Association of Trauma Professionals and enjoy all the benefits that membership provides, including:

- \$25 discount on all live one-day and multi-day PESI Seminars across the United States.
- 10% discount on all PESI books, CDs, DVDs, and downloadable and streaming seminars. Online courses are excluded from this discount.
- Traumatology Tool Kit (assessment instruments, treatment protocols).
- Free training resources on trauma.



Conference Continuing Education Credit Information for Entire Training

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

OKLAHOMA ALCOHOL & DRUG COUNSELORS: PESI, Inc. is an Oklahoma Board of Licensed Alcohol and Drug Counselors approved provider #20190032. This activity consists of 12.5 clock hours of continuing education instruction.

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

OKLAHOMA LICENSED PROFESSIONAL COUNSELORS AND MARITAL & FAMILY THERAPISTS: PESI, Inc. has submitted this course to the Oklahoma State Department of Health, LPC/LMFT Licensing Board for review. Credit is pending.

TEXAS COUNSELORS: PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Professional Counselors. Provider #: 2477. This course qualifies for 12.5 continuing education credits.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

TEXAS MARRIAGE & FAMILY THERAPISTS: PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Marriage and Family Therapists. Provider #: 503. This course qualifies for 12.5 continuing education credits.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. **PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.**

PSYCHOLOGISTS: This activity consists of 12.5 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey,

New Mexico, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

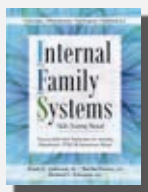
OKLAHOMA PSYCHOLOGISTS: Please contact our customer service department at 800-844-8260 or info@pesi.com for the most current information.

SOCIAL WORKERS: PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 12.5 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Save by including these products with registration!



Internal Family Systems Skills Training Manual: Trauma-Informed Treatment for Anxiety, Depression, PTSD & Substance Abuse

By Frank G. Anderson, M.D., Martha Sweezy, Ph.D., & Richard Schwartz, Ph.D.

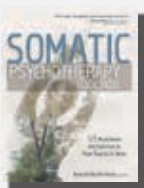
A revolutionary treatment plan for PTSD, anxiety, depression, substance abuse, eating disorders and more. Using a non-pathologizing, accelerated approach -- rooted in neuroscience -- the IFS model applies inner resources and self-compassion for healing emotional wounding at its core. This new manual offers straight-forward explanations and illustrates a wide variety of applications, including step-by-step techniques, annotated case examples, unique meditations and downloadable exercises, worksheets.



Trauma Treatment Toolbox 165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward

By Jennifer Sweeton, Psy.D., M.S., M.A.

The latest research from neuroscience and psychotherapy has shown we can rewire the brain to facilitate trauma recovery. Trauma Treatment Toolbox teaches clinicians how to take that brain-based approach to trauma therapy, showing how to effectively heal clients' brains with straightforward, easy-to-implement treatment techniques. Each tool includes a short list of post trauma symptoms, relevant research, application, and clinician tips on how to complete the exercise.



Somatic Psychotherapy Toolbox 125 Worksheets and Exercises to Treat Trauma & Stress

By Manuela Mischke-Reeds, MA, LMFT

From over 25 years of clinical experience, Manuela Mischke-Reeds, MA, LMFT, has created the go-to resource for mental health therapists who want to incorporate somatic techniques into their daily practice. Highly-effective for clients dealing with trauma and stress disorders, somatic psychotherapy is the future of healing the entire person-body and mind.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**

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How to Register

ONLINE

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Please have credit card available

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800-554-9775

MAIL

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Eau Claire, WI
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QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

1 Please complete entire form

(to notify you of seminar changes): please print; staple duplicate forms.

Make a copy for your records

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Profession _____

Employer Name _____

Employer Address _____

Dept/Floor/Suite _____

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Home/Cell Ph () _____ Dept. Ph () _____

E-mail address _____

For your convenience, confirmations are sent via email.

2 Check Location

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☐ DALLAS, TX • May 23-24, 2019 69896DAL

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UPCOMING LIVE WEBCAST

May 9 & 10, 2019

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Only \$389.99* with Promo Code TENOFFWEB

3 Check Tuition (with Seminar Manual)

☐ Early Bird Tuition \$399.99 per person (postmarked 3 weeks prior to event) - Includes 1 Year Free IATP Membership

☐ Standard Tuition \$439.99 per person - Includes 1 Year Free IATP Membership

☐ I am an IATP™ Member. Take \$25 off my registration fee. My # is: _____

4 Add-On Products

	Distributed at seminar FREE SHIPPING	Shipped to You
Trauma Competency Conference + FREE IATP Membership (\$99 Value!) Multiple DVDs* (video) \$299.99 (RVKIT051137)	N/A	<input type="checkbox"/>
Trauma Competency Conference + FREE IATP Membership (\$99 Value!) Multiple CDs* (audio) \$269.99 (RKIT051137)	N/A	<input type="checkbox"/>
Internal Family Systems Skills Training Manual book* \$29.99 (PUB085175)	<input type="checkbox"/>	<input type="checkbox"/>
Trauma Treatment Toolbox book* \$34.99 (PUB085910)	<input type="checkbox"/>	<input type="checkbox"/>
Somatic Psychotherapy Toolbox book* \$34.99 (PUB085450)	<input type="checkbox"/>	<input type="checkbox"/>
Product Total		
*Shipping is \$6.95 first item + \$2.00 each add'l item.	N/A	
Subtotal		
**Tax		
Add-On Product Total:		

*Shipping is \$6.95 first item

+ \$2.00 each add'l item.

**Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

5

Indicate method of payment: ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).

☐ Check enclosed payable to PESI, Inc.

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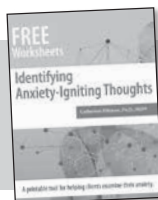
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FREE Worksheets

Identifying Anxiety-Igniting Thoughts

By Catherine Pittman, Ph.D. HSPP



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