

Outline

Interventions that can Shape Grief Anticipatory Grief

Treatment strategies
Tools for normalizing anticipatory grief for the client

Children in Grief

Tools for preparing for the loss
Intervention for coping enhancement for funerals
The forgotten grievers
Learn the truth about children going to funerals and open caskets

Complicated Grief

Simplifying the model
Murder, multiple losses, sudden death, suicide, Alzheimer's

Explanations of Types of Grief

Delayed
Disenfranchised
Ambiguous
Inconclusive
Complicated
Average response
Resilience

Forgiveness

Learn alternatives to forgiveness
Understand when it works and why it doesn't
Learn techniques your client can use to actually find forgiveness

The Grief of Suicide

Understand how grief of suicide is different
Learn techniques for releasing feelings of responsibility
Tools for healing grief after a suicide

The Body and Grief

Help understand how we hold grief in our body
Learn techniques your client can use to get in touch with residual grief in the body
Understand the ways the body remembers

Trauma

How we often re-traumatize ourselves in grief
Learn the difference between releasing grief and replaying traumatic events
How vicarious trauma can affect the clinician

Positive Psychology and Grief

Learn how positive psychology can be used in healing grief
Understand why clients may treat themselves harshly in grief
Learn new ways to decrease suffering after a loss

Pet Loss

Learn why pet loss is just as significant as other losses
Understand why clients may not reveal loss of a pet
Learn new ways to help with feelings of exaggerated responsibility

Self-care for Clinician Working with Loss

Learn how to take care of ourselves when being surrounded by loss
Understand why we sometimes over identify with clients
Understand if it's helpful to self-disclose about the clinician's losses

Successfully Supporting Friends and Family Members in Grief

Learn what to say and what not to say
Understand proven strategies that will help clients heal themselves while not getting lost in others' grief
Tools for normalizing anticipatory grief for the client

Tools for the Clinician to Help Clients Cope with

Bullicide
Anniversaries
Holidays – the seen and unseen
Birthdays

Disasters and How We Cope

Shootings/hurricanes/earthquakes and terrorist acts
Techniques for approaching horrific crime and/or disaster scenes
The impact of natural vs. manmade disasters

Live Seminar Schedule (Times listed in Pacific)

8:00 Registration/Morning Coffee & Tea
8:30 Program begins
12:00-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Questions? Call customer service at
800-844-8260

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Kate Sample** at ksample@pesi.com or call 715-855-5260.

Seminar on CD or DVD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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David Kessler
**On Grief
& Grieving**
Renowned grief and healing expert, author
Featured on "Oprah & Friends", CNN, NBC, MSNBC, PBS,
People Magazine, "Entertainment Tonight",
"Anderson Cooper 360", "Dr Oz", "The Talk",
The Boston Globe, Los Angeles Times
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Fresno, CA
Monday, May 13, 2019

Live Video Webcast
Tuesday, May 14, 2019

Bakersfield, CA
Tuesday, May 14, 2019

Santa Barbara, CA
Wednesday, May 15, 2019

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The Boston Globe, Los Angeles Times





Elisabeth Kübler-Ross
Mother Teresa

- Tools and tips that can help your clients process grief in a healthy way
- Explore how grief is also a window into all old wounds – and how you should respond
- Become confident in your work around grief and grieving – learning from an international expert in the field

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IF EVER THERE WAS A CAREER-CHANGING, LIFE-CHANGING SEMINAR IT'S A DAY WITH DAVID KESSLER

Grief and grieving. It's traumatic. It's awkward. It's painful.

How often do you walk into the session or the client's room knowing that your education did not prepare you for this? How often do you miss having the right words, phrases and the right actions to console?

As professionals we are expected to have the right words at hand, the right actions to recommend, and the right response. Most of us fail **shamefully due to a lack of grief emphasis in our training. Every client we will see will experience loss in their life.**

Join **David Kessler**, international grief expert, author and practitioner and transform your practice, your life, and learn the art of caring for the grieving. You will then know the right words and actions to truly be of help to the dying and grieving.

David's personal experience of witnessing a mass shooting as a child and its aftermath helped him begin his journey as a grief healer. Through his work with **Elisabeth Kübler-Ross** and **Mother Teresa**, he has helped thousands of people face life and death with peace, dignity and courage. From working with Elizabeth Taylor, Michael Landon, and Anthony Perkins to seeing up-close the devastation and heroic response of so many at 9/11, Ground Zero, and Sandy Hook Elementary School tragedies, David lives the work he teaches.

Don't let more time go by feeling unprepared to help your clients process their trauma, their grief and heal. Sign up today for this life-altering day.

Speaker

David Kessler is one of the world's foremost experts on healing and loss. His experience with thousands of people on the edge of life and death has taught him the secrets to living a happy and fulfilled life.

He is the author of five bestselling books. His first book, *The Needs of the Dying*, a #1 best-selling hospice book, received praise by Mother Teresa. He co-authored two bestsellers with the legendary Elisabeth Kübler-Ross: *On Grief and Grieving* and *Life Lessons*. His latest book is *You Can Heal Your Heart: Finding Peace After Breakup, Divorce or Death* with Louise Hay. He worked with Elizabeth Taylor, Jamie Lee Curtis, and Marianne Williamson when their loved ones faced life-challenging illnesses. He also worked with late actors Anthony Perkins and Michael Landon. David's work has been discussed in the *Los Angeles Times*, *Business Week* and *Life Magazine*, and has been featured on "CNN-Cross Fire", NBC, Fox, PBS, "Dr. Oz" and "Entertainment Tonight". David is a contributing writer on Oprah.com, Dr. Oz's Sharecare.com, *Anderson Cooper 360* and *The Huffington Post*.

David has a master's degree in Health Care Bioethics from Loyola Marymount University, he did his undergraduate work at University of Southern California and is a member of the American College of Health Care Executives. He is a certified AMA / EPEC (Education for Physicians) trainer. He also is the founding chairperson for the Hospital Association of Southern California Palliative Care Committee and spent the last decade as a C-suite executive in a 650 bed – three hospital system in Los Angeles County.

Speaker Disclosures:

Financial: David Kessler is president of David Kessler, Inc. He is an author for Simon & Schuster – New York and receives royalties. Mr. Kessler receives a speaking honorarium from PESI, Inc.

Non-financial: David Kessler has no relevant non-financial relationship to disclose.

Objectives

1. Explore the dynamics of different types of grief and the healing processes associated with each.
2. Specify age appropriate grieving milestones that occur across the lifespan.
3. Articulate the somatic response to grief and identify how to manage residual grief in the body.
4. Consider why children are often the "forgotten grievers" and identify strategies for helping this population.
5. Analyze the efficacy of positive psychology interventions in treating grief.
6. Ascertain the relationship between traumatic events and grief as it relates to the healing process.

TARGET AUDIENCE: Counselors • Social Workers • Psychologists • Nurses • Case Managers • Thanatologists
Marriage & Family Therapists • Chaplains/Clergy Hospitals • Palliative Care Services • Other Mental Health Professionals

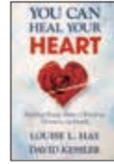
Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced registration online required.**



Must-Have Resources by the Presenter!



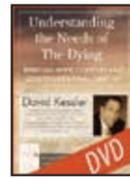
You Can Heal Your Heart
By Louise Hay & David Kessler



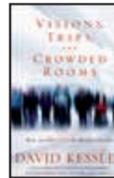
On Grief and Grieving
By Elisabeth Kübler-Ross and David Kessler



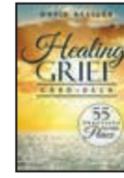
The Needs of the Dying
By David Kessler



Understanding the Needs of the Dying: Bringing Hope, Comfort and Love to Life's Final Chapter
By David Kessler



Visions, Trips, and Crowded Rooms: Who and What You See Before You Die
By David Kessler



Healing Grief Card Deck: 55 Practices to Find Peace
By David Kessler

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on May 14, 2018, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/71284

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

CASE MANAGERS: This course has been awarded 6.0 clock hours by the Commission for Case Manager Certification. Full attendance is required.

CHAPLAINS/CLERGY: This activity is designed to qualify for 6.0 continuing education hours.

CERTIFICATION IN THANATOLOGY: This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 6.0 contact hours to participants.

COUNSELORS: This intermediate activity consists of 6.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 360 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Nurses in full attendance will earn 6.0 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

CALIFORNIA NURSES: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 13305 for 6.0 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance. Please bring your license number to the seminar; certificates of successful completion will not be issued without your license number.

CALIFORNIA PSYCHOLOGISTS: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 6.0 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.0 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

CALIFORNIA SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS/LICENSED EDUCATIONAL PSYCHOLOGISTS: This intermediate activity consists of 6.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

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ADA NEEDS

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WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form.

Go to www.pesi.com/students or call 800-844-8260 for details. **Advance registration required.** **Cannot be combined with other discounts.**



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