

## 2-DAY: 2019 GERIATRIC CONFERENCE

### Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

### Get Management Strategies and More for:

Alzheimer's Disease & Dementias	Managing Challenging Behaviors
Pain Management	Caregiver Stress & Burnout
Geriatric Pharmacology	And Much More
Geriatric Emergencies	



**QUESTIONS?**  
Call customer service at  
800-844-8260



## CONFERENCE SPEAKER

**Steven Atkinson, PA-C, MS**, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.



Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes. Steven is a published author and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

#### Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc.

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose.

### Seminar on DVD or CD Package

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesihealthcare.com](http://www.pesihealthcare.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

### Hassle-Free Cancellation Policy

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Walk-ins are welcome but admission cannot be guaranteed.  
Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### ADA needs:

We would be happy to accommodate your ADA needs; please call 800-844-8260 at least two weeks prior to the seminar date.

#### Conference Schedule (both days)

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (on your own)  
**5:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

For locations and maps, go to [www.pesihealthcare.com](http://www.pesihealthcare.com) find your event, and click on the seminar title.

### HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?

The nation's top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at [mcork@pesi.com](mailto:mcork@pesi.com) or call (715) 855-6366.



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2-DAY

# 2019 GERIATRIC CONFERENCE



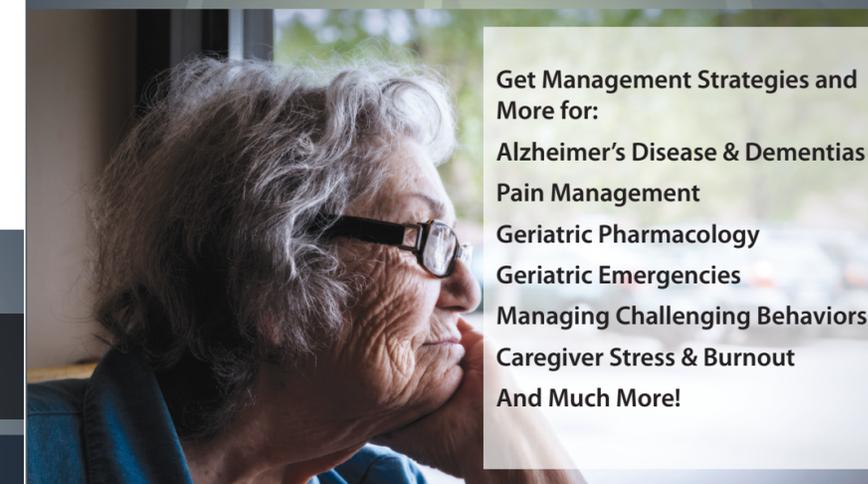
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Monday & Tuesday  
May 20 & 21, 2019

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Target Audience: Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians

2-DAY

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**Get Management Strategies and  
More for:**  
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**Pain Management**  
**Geriatric Pharmacology**  
**Geriatric Emergencies**  
**Managing Challenging Behaviors**  
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**DENVER, CO**  
Monday & Tuesday  
May 20 & 21, 2019

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# OUTLINE

## DAY ONE

### SESSION 1: Differentiating Dementias

8:00am - 11:00am

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
- Types of Dementias
- Alzheimer's Disease
- Parkinson's Disease Dementia
- Substance-Induced Neurocognitive Disorder
- Pharmacological Management

### OBJECTIVES

1. Identify the signs and symptoms of Alzheimer's disease and other dementias.
2. List appropriate diagnostic tests to achieve accurate diagnosis.
3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

### SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

11:00am - 3:00pm (Includes Lunch Break)

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

### OBJECTIVES

1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications.
3. Identify at least three new guideline recommendations related to geriatric pharmacology.

### SESSION 3: Pain Management in the Elderly

3:00pm - 5:00pm

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

### OBJECTIVES

1. Implement controlled substance/pain management contracts into practice.
2. Recognize symptoms of controlled substance and alcohol misuse and abuse.
3. Describe best practice methods for prescribing in the geriatric population.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration online required.**

## DAY TWO

### SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

8:00am - 11:00am

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
- Physical Aggression
- Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
- Sleepless Nights & Sundowning
- Professional Issues

### OBJECTIVES

1. Review strategies to diminish the occurrence of behavioral problems in individuals with dementia.
2. Discuss behavioral and environmental techniques to diminish challenging behavioral problems.
3. Identify how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

### SESSION 2: Geriatric Emergencies

11:00am - 3:00pm (Includes Lunch Break)

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Common Underlying Chronic Illness
- Cardiovascular Emergencies
- Pulmonary Emergencies
- Cerebrovascular Emergencies
- Orthopedic Emergencies
- Abdominal Emergencies

### OBJECTIVES

1. Develop strategies to identify abuse and neglect.
2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
3. Discuss the atypical presentation of the elderly and how to effectively manage comorbidities.

### SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

3:00pm - 5:00pm

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
- Risks Associated with Anticholinergic Drugs
- The TOP TEN
- 5 Things Patients & Physicians Should Question

### OBJECTIVES

1. Discuss how to apply age-sensitive principles for medication dosing and management to clinical scenarios.
2. List key questions useful for identifying and managing polypharmacy in older adults.

## \*SAVE by including these products with your conference registration!

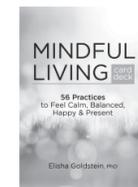


### Geriatric Pharmacology:

*The Principles of Practice & Clinical Recommendations, Second Edition*

By Steven Atkinson, PA-C, MS - **Your Presenter!**

Now in its second edition, *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations* is the optimal guide for anyone seeking straightforward, concise and user-friendly information on medication dynamics for older adults. Fully revised and updated, this invaluable resource has become the go-to favorite for healthcare professionals.



### Mindful Living Card Deck:

*56 Practices to Feel Calm, Balanced, Happy & Present*

By Elisha Goldstein, Ph.D.

At home and at work, science has shown that developing certain simple strengths can significantly improve your mood, relationships, resiliency and quality of life. Why not give it a try?

Here are 56 cards that offer simple and easy-to-do daily practices. Integrate them into your life and you can have powerful results and uncover sustainable happiness. Plus-six bonus mindful living meditations to help you relax, focus, grow joy and boost your brain power!

Visit our Online Product Store: [www.pesihealthcare.com/store](http://www.pesihealthcare.com/store)

## Live Conference Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

### NURSES/NURSE PRACTITIONER/CLINICAL NURSE

**SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 14.6 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

**NURSE PRACTITIONERS:** This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

### OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:

PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 14.5 contact hours or 1.45 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 14.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**PHYSICIANS:** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

PESI, Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PHYSICIAN ASSISTANTS:** This program has been reviewed and is approved for a maximum of 14.5 hours of clinical Category I CME credit by the American Academy of Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

**APPROVED PROVIDER**

**ASHA**  
CONTINUING EDUCATION  
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for 1.45 ASHA CEUs (Intermediate level, Professional area).

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 14.5 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

**COLORADO SOCIAL WORKERS:** PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This course has been approved for 14.6 continuing education hours. Please make sure to bring your license number to the seminar so that we can report your attendance NASWCO.

**OTHER PROFESSIONS:** This activity qualifies for 880 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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**ADA NEEDS**  
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

**WALK-INS**  
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**TUITION OPTIONS**  
• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at this location only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration online required.**

• **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: [www.pesihealthcare.com/coord](http://www.pesihealthcare.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesihealthcare.com/faqs](http://www.pesihealthcare.com/faqs) or call 800-844-8260 for details. **Advance registration required.**

*Cannot be combined with other discounts.*

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MRC

**1** Please complete entire form (to notify you of seminar changes):  
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### 3 Check tuition:

Tuition with seminar manual

**\$369.99** per person for both seminar days

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### 4 Indicate method of payment:

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\_\_\_ Seminar on CD\* (audio) \$269.99 (RNA077515)

\_\_\_ **Geriatric Pharmacology, 2nd Edition** book\* \$24.99 (PUB084430)

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