

Outline

Interventions that can Shape Grief Anticipatory Grief

Treatment strategies
Tools for normalizing anticipatory grief for the client

Children in Grief

Tools for preparing for the loss
Intervention for coping enhancement for funerals
The forgotten griever
Learn the truth about children going to funerals and open caskets

Complicated Grief

Simplifying the model
Murder, multiple losses, sudden death, suicide, Alzheimer's

Explanations of Types of Grief

Delayed
Disenfranchised
Ambiguous
Inconclusive
Complicated
Average response
Resilience

Forgiveness

Learn alternatives to forgiveness
Understand when it works and why it doesn't
Learn techniques your client can use to actually find forgiveness

The Grief of Suicide

Understand how grief of suicide is different
Learn techniques for releasing feelings of responsibility
Tools for healing grief after a suicide

The Body and Grief

Help understand how we hold grief in our body
Learn techniques your client can use to get in touch with residual grief in the body
Understand the ways the body remembers

Trauma

How we often re-traumatize ourselves in grief
Learn the difference between releasing grief and replaying traumatic events
How vicarious trauma can affect the clinician

Questions? Call customer service at
800-844-8260

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Positive Psychology and Grief

Learn how positive psychology can be used in healing grief
Understand why clients may treat themselves harshly in grief
Learn new ways to decrease suffering after a loss

Pet Loss

Learn why pet loss is just as significant as other losses
Understand why clients may not reveal loss of a pet
Learn new ways to help with feelings of exaggerated responsibility

Self-care for Clinician Working with Loss

Learn how to take care of ourselves when being surrounded by loss
Understand why we sometimes over identify with clients
Understand if it's helpful to self-disclose about the clinician's losses

Successfully Supporting Friends and Family Members in Grief

Learn what to say and what not to say
Understand proven strategies that will help clients heal themselves while not getting lost in others' grief

Tools for normalizing anticipatory grief for the client

Tools for the Clinician to Help Clients Cope with

Bullycide
Anniversaries
Holidays – the seen and unseen
Birthdays

Disasters and How We Cope

Shootings/hurricanes/earthquakes and terrorist acts
Techniques for approaching horrific crime and/or disaster scenes
The impact of natural vs. manmade disasters

Live Seminar & Webcast Schedule

(Times listed in Mountain)

8:00 Registration/Morning Coffee & Tea
8:30 Program begins
12:00-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Don't Miss!

LIVE VIDEO
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 TUESDAY
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David Kessler

On Grief
& Grieving

Renowned grief and healing expert, author
Featured on "Oprah & Friends", CNN, NBC, MSNBC, PBS,
People Magazine, "Entertainment Tonight",
"Anderson Cooper 360", "Dr Oz", "The Talk",
The Boston Globe, Los Angeles Times

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Colorado Springs, CO
Monday, February 18, 2019

Live Video Webcast
Tuesday, February 19, 2019


Boulder, CO
Tuesday, February 19, 2019


Denver, CO
Wednesday, February 20, 2019


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The Boston Globe, Los Angeles Times


Elisabeth Kübler-Ross




Mother Teresa

- Tools and tips that can help your clients process grief in a healthy way
- Explore how grief is also a window into all old wounds – and how you should respond
- Become confident in your work around grief and grieving – learning from an international expert in the field

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