Outline

Interventions that can Shape Grief Anticipatory Grief

Treatment strategies Tools for normalizing anticipatory grief for the client

Children in Grief

Tools for preparing for the loss Intervention for coping enhancement for funerals

The forgotten grievers Learn the truth about children going to funerals and open caskets

Complicated Grief

Simplifying the model Murder, multiple losses, sudden death, suicide, Alzheimer's

Explanations of Types of Grief

Delayed Disenfranchised Ambiguous Inconclusive Complicated Average response Resilience

Forgiveness

Learn alternatives to forgiveness Understand when it works and why it doesn't Learn techniques your client can use to actually find forgiveness

The Grief of Suicide

Understand how grief of suicide is different Learn techniques for releasing feelings of responsibility Tools for healing grief after a suicide

The Body and Grief

Help understand how we hold grief in our body

Learn techniques your client can use to get in touch with residual grief in the body Understand the ways the body remembers

Trauma

How we often re-traumatize ourselves in grief Learn the difference between releasing grief and replaying traumatic events How vicarious trauma can affect the clinician

Questions? Call customer service at 800-844-8260

Positive Psychology and Grief

Learn how positive psychology can be used in healing grief

Understand why clients may treat themselves harshly in grief

Learn new ways to decrease suffering after a loss

Pet Loss

Learn why pet loss is just as significant as other losses

Understand why clients may not reveal loss of a pet

Learn new ways to help with feelings of exaggerated responsibility

Self-care for Clinician Working with Loss

Learn how to take care of ourselves when being surrounded by loss

Understand why we sometimes over identify with clients

Understand if it's helpful to self-disclose about the clinicians losses

Successfully Supporting Friends and Family Members in Grief

Learn what to say and what not to say Understand proven strategies that will help

clients heal themselves while not getting lost in others' grief

Tools for normalizing anticipatory grief for the client **Tools for the Clinician to Help Clients**

Cope with Bullycide

Anniversaries Holidays – the seen and unseen Birthdays

Disasters and How We Cope

Shootings/hurricanes/earthquakes and terrorist acts Techniques for approaching horrific crime

and/or disaster scenes The impact of natural vs. manmade disasters

Live Seminar & Webcast Schedule (Times listed in Mountain)

8:00 Registration/Morning Coffee & Tea

8:30 Program begins

12:00-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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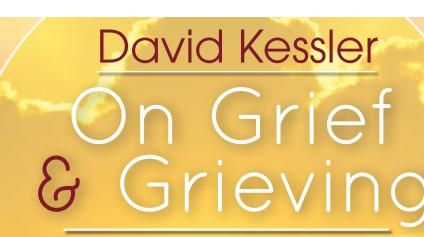
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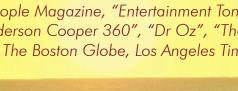
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Elisabeth Kübler-Ross





Mother Teresa

Tools and tips that can help your clients process grief in a healthy way

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Grief and grieving. It's traumatic. It's awkward. It's painful.

How often do you walk into the session or the client's room knowing that your education did not prepare you for this? How often do you miss having the right words, phrases and the right actions to console?

As professionals we are expected to have the right words at hand, the right actions to recommend, and the right response. Most of us fail shamefully due to a lack of grief emphasis in our training. Every client we will see will experience loss in their life.

Join David Kessler, international grief expert, author and practitioner and transform your practice, your life, and learn the art of caring for the grieving. You will then know the right words and actions to truly be of help to the dying and grieving.

David's personal experience of witnessing a mass shooting as a child and its aftermath helped him begin his journey as a grief healer. Through his work with Elisabeth Kübler-Ross and Mother **Teresa**, he has helped thousands of people face life and death with peace, dignity and courage. From working with Elizabeth Taylor, Michael Landon, and Anthony Perkins to seeing up-close the devastation and heroic response of so many at 9/11, Ground Zero, and Sandy Hook Elementary School tragedies, David lives the work he teaches.

Don't let more time go by feeling unprepared to help your clients process their trauma, their grief and heal. Sign up today for this life-altering day.

Speaker _____

David Kessler is one of the world's foremost experts on healing and loss. His experience with thousands of people on the edge of life and death has taught him the secrets to living a happy and fulfilled life.

He is the author of five bestselling books. His first book, The Needs of the Dying, a #1 best-selling hospice book, received praise by Mother Teresa. He co-authored two bestsellers with the legendary Elisabeth Kübler-Ross: On Grief and Grieving and Life Lessons. His latest book is You Can Heal Your Heart: Finding Peace After Breakup, Divorce or Death with Louise Hay. He worked with Elizabeth Taylor, Jamie Lee Curtis, and Marianne Williamson when their loved ones faced life-challenging illnesses. He also worked with late actors Anthony Perkins and Michael Landon. David's work has been discussed in the Los Angeles Times, Business Week and Life Magazine, and has been featured on "CNN-Cross Fire", NBC, Fox, PBS, "Dr. Oz" and "Entertainment Tonight". David is a contributing writer on Oprah.com, Dr. Oz's Sharecare.com, Anderson Cooper 360 and The Huffington Post.

David has a master's degree in Health Care Bioethics from Loyola Marymount University, he did his undergraduate work at University of Southern California and is a member of the American College of Health Care Executives. He is a certified AMA / EPEC (Education for Physicians) trainer. He also is the founding chairperson for the Hospital Association of Southern California Palliative Care Committee and spent the last decade as a C-suite executive in a 650 bed – three hospital system in Los Angeles County.

Speaker Disclosures:

Financial: David Kessler is president of David Kessler, Inc. He is an author for Simon & Schuster - New York and receives royalties. Mr. Kessler receives a speaking honorarium from PESI, Inc.

Non-financial: David Kessler has no relevant non-financial relationship to disclose

Objectives

- 1. Explore the dynamics of different types of grief and the healing processes associated with each
- 2. Specify age appropriate grieving milestones that occur across the lifespan.
- 3. Articulate the somatic response to grief and identify how to manage residual grief in the body.
- 4. Consider why children are often the "forgotten grievers" and identify strategies for helping this population.
- 5. Analyze the efficacy of positive psychology interventions in treating grief.
- 6. Ascertain the relationship between traumatic events and grief as it relates to the healing process.

TARGET AUDIENCE: Counselors • Social Workers • Psychologists • Nurses • Case Managers Marriage & Family Therapists • Chaplains/Clergy Hospitals • Palliative Care Services • Other Mental Health Professionals

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Must-Have Resources by the Presenter!

ON GRIEF

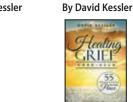


On Grief and Grieving

You Can Heal Your Heart By Louise Hay & David Kessler By Elisabeth Kübler Ross and David Kessler









The Needs of the Dying

Healing Grief Card Deck:

55 Practices to Find Peace

By David Kessler

Understanding the Needs of Visions, Trips, and Crowded Rooms: the Dying: Bringing Hope, Comfort Who and What You See Before You Die and Love to Life's Final Chapter By David Kessler

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