

Meet Your Speaker

Joe Kort, Ph.D., LMSW, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and “sexual addiction”. Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.

Speaker Disclosure:
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

“This was a wonderful, informative workshop. Presenter’s delivery was great, open and created comfortable environment.”

Nancy – Social Worker

Live Seminar Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

CULTURAL COMPETENCY: This seminar qualifies for 6.25 hours of cultural competency instruction. If cultural competency is not specified within your licensing board’s approval statement below, please contact your board to determine the applicability and amount of cultural competency allowed.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements.

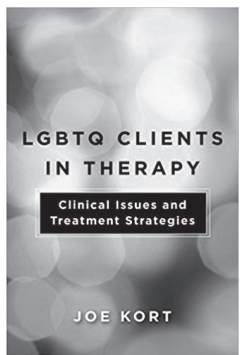
PSYCHOLOGISTS: This activity consists of 6.25 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maryland, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, Pennsylvania and South Carolina. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORKERS: PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Cultural Competency) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Save by including these products with seminar registration!

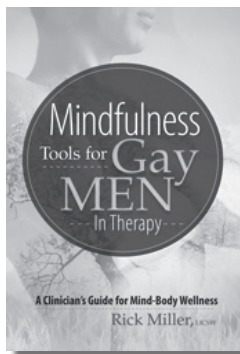


LGBTQ Clients in Therapy

Clinical Issues and Treatment Strategies

By Joe Kort, Ph.D., LMSW **YOUR SPEAKER**
All the answers clinicians need to work effectively with LGBTQ clients.

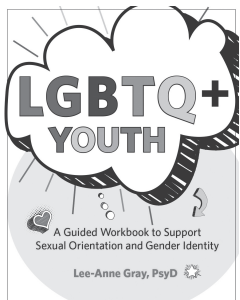
A therapist who treats LGBTQ clients often must be more than “gay friendly.” Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.



Mindfulness Tools for Gay Men in Therapy

A Clinician's Guide for Mind-Body Wellness

By Rick Miller, LICSW
Mindfulness Tools for Gay Men in Therapy is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.

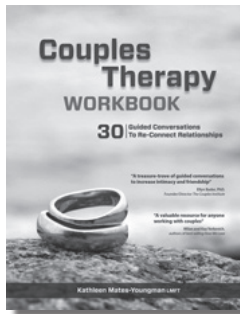


LGBTQ+ Youth

A Guided Workbook to Support Sexual Orientation and Gender Identity

By Lee-Anne Gray, PsyD.
The most comprehensive, practical and user-friendly workbook written specifically for clinicians and educators to engage and support lesbian, gay, transgender, bisexual and questioning youth.

Over 75 different concepts, worksheets, handouts and practices based in mindfulness, meditation and self-compassion that help children, adolescents and their caregivers.



Couples Therapy Workbook

30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, MA, LMFT
A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.

More info and resources at www.pesi.com/bookstore

Questions?

Call customer service at **800-844-8260**

FREE Worksheets

Identifying Anxiety-Igniting Thoughts

By Catherine Pittman, Ph.D. HSPP

FREE Worksheets

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

Grand Rapids, MI
Monday, February 11, 2019

Lansing, MI
Tuesday, February 12, 2019

Livonia, MI
Wednesday, February 13, 2019



Register now! pesi.com/express/67388

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- Avoid the critical mistakes therapists can make
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Earn 6.25 Cultural Competency CE Hours

Grand Rapids, MI
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Featuring Joe Kort Ph.D., LMSW
International Speaker, Author and Expert



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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients.

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn’t know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts. Don’t be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

Don’t miss this valuable opportunity to learn from a leading expert in the field!

“Brilliant presenter, could have kept listening for days!”
Tamara – Counselor

“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”
Sue – Social Worker

“I feel that I gained a lot of good info for my clients”
Angie – Counselor

“Best program I have been to!”
Christina – Psychologist

Outline

Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)

Intake session: questions about developing identity

Strategies to establish rapport and comfort

Tips for discussing sex and sexuality

Talk About Sex!

Don’t miss out on key info by ignoring the sex talk

Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions

Varieties of sexuality

Protect the client from your own biases and assumptions

Coming Out

Stigma and its impact on mental health from childhood to adulthood

6 distinct stages with interventions

Navigate the 3 phases of coming out to avoid isolation and alienation

Fear, shame and rejection unique to this population

Relationship concerns: family, friends, school or workplace

Finding a sense of belonging in LGBTQ community

Harmful and dangerous effects of conversion therapy

LGBTQ Adolescence

Coming out issues

It gets better but not before coming out

Bullying and other safety issues contributing to PTSD

Harm reduction adult dating apps such as Grindr, Scruff, etc.

Risk assessment for substance abuse

Assess for suicidality

Finding support

Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male

Accurate assessment of alcohol use with this high risk population

HIV & STI prevention strategies and risk and harm reduction

Generational differences informing different treatment plans

Internalized homophobia

Learn specific sexual terminology to avoid alienating your client

Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian

Specific terminology that is helpful and damaging in this population

Sex and sexuality: what to know, what to ask

Strategies to manage gender dynamics

Internalized homophobia manifests in development

Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships

Internalized biphobia and bisexual development from childhood into adulthood

Compare and contrast male and female bisexuality

Transgender

Overcome the knowledge barrier

Avoid using outdated treatment plans

Learn and differentiate correct terms such as gender queer, gender fluid and cisgender

Strategies to help your client tell their partner, families, friends and employers

Tips to discuss hormone treatments and surgical procedures

Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path

Differentiate between sexual fluidity from bisexuality, gay and lesbian identities

Differentiate between sexual identity, sexual behavior and sexual fantasies

Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths

Coming out discrepancy causing turbulence for couples

Recognize and identify how internalized homophobia creates conflicts

Open relationships in gay male couples

Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple

Specialized treatment programs for the straight spouses

Helping LGBTQ spouse integrate their identity into their mixed orientation relationships

Learn how to identify which couples will succeed and which won’t

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Hassle-Free Cancellation Policy:
If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Target Audience Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers
Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals

Seminar on CD or DVD Package: If you cannot attend this seminar, you can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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QUESTIONS? Call **800-844-8260** or e-mail us at info@pesi.com.

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ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. *Advance registration required.* *Cannot be combined with other discounts.*

4 Indicate method of payment:

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____ Seminar on DVD* (video) \$199.99 (RNN046550)
____ **LGBTQ Clients in Therapy** book* \$27.95 (SAM085315)
____ **LGBTQ+ Youth** workbook* \$29.99 (PUB085455)
____ **Mindfulness Tools for Gay Men In Therapy** book* \$24.99 (PUB084585)
____ **Couples Therapy Workbook*** \$24.99 (PUB083085)

____ Seminar on CD* (audio) \$169.99 (RNA046550)

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