

# Outline

## THE NATURE OF CHARACTER DISTURBANCE

Key differences between “neurotic” and character-impaired personalities

- Anxiety
- Conscience
- Guilt
- Shame
- Awareness

Ten commandments of character development

Manipulative personality types

Framework to identify manipulators

## DISTORTED THINKING AND HABITUAL PROBLEMATIC BEHAVIOR PATTERNS

Thinking errors

- Circumstantial
- End-game
- Egomaniacal
- Combative
- Opportunistic
- Unreasonable

Tactics used to evade responsibility and manipulate others

Techniques to manage thinking errors and tactics

## INTERVENTIONS

Practical strategies to promote genuine change

Empowerment tools

- Set limits
- Respect boundaries
- Judge actions, not intentions
- Make direct requests, expect direct responses
- Know yourself

Sample therapy vignettes

### Live Seminar & Webcast Schedule:

(Times listed in Pacific)

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (*on your own*)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

### Target Audience:

Psychiatrists • Psychologists • Social Workers  
Counselors • Marriage and Family Therapists  
Alcoholism and Drug Abuse Counselors  
Mental Health Nurses

# Objectives

1. Develop new treatment strategies for helping clients understand and manage manipulators
2. Summarize key differences between “neurotic” and character-impaired personalities as they relate to clinical treatment
3. Articulate the primary power tactics manipulators use to control others while avoiding responsibility for their behavior
4. Determine how to effectively confront manipulation tactics during treatment sessions
5. Demonstrate practical strategies for promoting genuine change even in the most difficult and irresponsible clients
6. Teach clients empowerment tools to overcome emotional manipulation

Questions? Call customer service at 800-844-8260



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# MANIPULATORS & CHARACTER DISORDERS

## Interventions, Perspectives, & Strategies

Lynnwood, WA

Thursday, January 17, 2019

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# MANIPULATORS & CHARACTER DISORDERS

## Interventions, Perspectives, & Strategies

FROM THE INTERNATIONALLY RECOGNIZED EXPERT

AND BEST SELLING AUTHOR, DR. GEORGE SIMON

- ◆ Apply a practical framework to identify manipulators within the context of other personality disorders
- ◆ Discover unique characteristics and why traditional therapy doesn't work with emotional manipulators
- ◆ Explore and recognize tactics used to evade responsibility and manipulate others
- ◆ Obtain empowerment tools to gain maximum leverage
- ◆ Promote constructive change and growth even with the most difficult personalities

Lynnwood, WA

Thursday, January 17, 2019

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# MANIPULATORS & CHARACTER DISORDERS

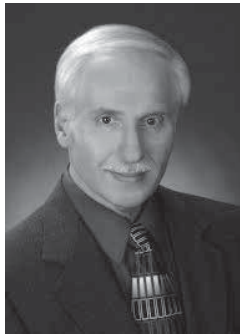
## Interventions, Perspectives, & Strategies

### Gain practical tips to successfully work with manipulators!

Manipulators are among a more troublesome group of disturbed and disordered characters that helping professionals increasingly find themselves dealing with, whether or not those clients have been primarily diagnosed with a personality disorder. Like the proverbial wolves in sheep’s clothing,

manipulators know how to get the better of others and look good while doing it. Dealing with them can be a lot like getting whiplash, you fully realize what’s transpired only after the damage is already done. Most clinicians know that traditional insight-oriented approaches designed to treat “neurosis” aren’t very effective when it comes to intervening with the character-impaired. Join one of the foremost authorities on manipulative personalities, Dr. George Simon, as he shares a unique perspective along with practical, effective strategies that promote positive change in clients of troubled character.

## Speaker



**GEORGE SIMON, PhD**, has specialized in disturbances of personality and character for over 30 years. He is widely regarded as one of the foremost authorities on manipulative personalities and other problem characters. Dr. Simon received his PhD in clinical psychology from Texas Tech University, and, until just a few years ago, he maintained an active private practice, during which he served both individuals with serious character disturbances and their relationship partners. He has also served as the supervising psychologist for the Arkansas Sex Offender Risk Assessment program, as well as in their only inpatient treatment program for offenders. His books, *In Sheep’s Clothing*, *Character*

*Disturbance - The Phenomenon of our Age*, and *The Judas Syndrome*, are all bestsellers. Dr. Simon has appeared on CNN and the Fox News Network, and he has conducted over 200 instructional seminars and workshops nationwide. He is a full clinical member of ATSA and a Diplomate of the American College of Forensic Examiners.

Speaker Disclosure:

Financial: George Simon receives a speaking honorarium from PESI, Inc.

Non-financial: George Simon is a clinical member of ATSA; and a Diplomate of the American College of Forensic Examiners.

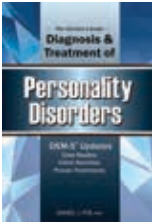
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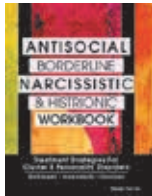
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By Daniel Fox, Ph.D.

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### Antisocial, Borderline, Narcissistic & Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders

By Daniel J. Fox, Ph.D.

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.

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### MANIPULATORS & CHARACTER DISORDERS Interventions, Perspectives, & Strategies

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