## Outline

Ethics of Using Technology Covering the codes Similarities and differences Competency and skills for using technology

#### The Benefits of Using Technology

Enhance services Increased client access to services Convenience for all parties Financial benefits to all

## Risks and Reluctance to Using Technology

Safety concerns Trouble building therapeutic alliance Misunderstandings and misinterpretations Equipment failure Insurance reimbursement Baby boomer reluctance to technology

## Safety Concerns When Using Technology

Privacy of client and MHP Identification of client Identity fraud Using Technology Across Different States Residency of the client License requirements Clients on vacation or going to college Services to other countries

Distance counseling

Laws Concerning Technology Confidentiality Informed consent HIPAA and HITECH

## Skype, Cell Phones, Computers and Social Media

The HIPAA compliance controversy To text or not to text What the codes say about Facebook

### Resources for Using Technology

Video-conferencing State licensing boards Federal resources Code of Ethics



Legal and Ethical Issues with **Technology** in Mental Health

ooo of Pl

Box 1 Claire

Hagerstown, MD

Wednesday, December 5, 2018

**Live Video Webcast** 

Thursday, December 6, 2018

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## **Objectives**

- 1. Articulate the legal and ethical codes that relate to utilizing technology while providing mental health services.
- 2. Establish ethical practices to ensure safety when utilizing telemental health services.
- 3. Consider ethical dilemmas clinicians may face related to therapeutic boundaries with respect to utilizing technology in clinical practice.
- 4. Specify interjurisdictional laws and regulations for using technology in clinical practice.
- 5. Consider cultural differences when using technology and articulate how this may inform the clinician's choice of treatment interventions.
- 6. Utilize an ethical decision making framework to recognize, analyze, resolve or prevent ethical dilemmas in your clinical practice.

#### Live Seminar & Webcast Schedule (Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea

- 8:00 Program begins
- **11:50-1:00** Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

## Target Audience:

Counselors • Psychologists • Social Workers Psychotherapists • Addiction Counselors • Therapists Marriage & Family Therapists • Case Managers Other Mental Health Professionals • Nurses

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## Rockville, MD Thursday, December 6, 2018 Frederick, MD Friday, December 7, 2018



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# Legal and Ethical Issues with **Technology** in Mental Health

• Laws, rules and risk management for using technology

• Boundary violations of using technology

Current changes and movements with technology in mental health

• Latest updates in the code of ethics



Hagerstown, MD Wednesday, December 5, 2018

Live Video Webcast Thursday, December 6, 2018 Rockville, MD Thursday, December 6, 2018

Frederick, MD Friday, December 7, 2018

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## Legal and Ethical Issues with **Technology in Mental Health**

A client goes on vacation and they want to schedule a session while they are out of state. How do you ethically and legally practice in this situation?

Smart phones are used for scheduling and for exchanging information. What happens if these phones are misplaced?

Emails are used to send important information to other professionals. How do we ensure the right person receives this information?

How do you ensure confidentiality of your clients in this digital age?

In today's technologically-advanced world it is difficult to keep up with the ever-changing laws and standards for using technology in our field. There are issues that are not clearly defined.

Joni Gilbertson MA, NCC, LCPC, will use her wealth of experiences, real-life case examples, entertaining videos, and thought-provoking scenarios to make challenging topics and concepts easy to discuss and learn. Be recognized for your experience and knowledge in compliance and ethics and technology and move your practice forward.

Attend this engaging workshop and walk away being more confident with:

- New laws regarding using technology in your mental health practice
- What the code of ethics states and how to apply this information
- Navigate the gray areas and practice safely
- The ability to immediately apply the information and new skills with your clients near and far

#### Speaker

Joni Gilbertson, MA, NCC, LCPC, is a licensed clinical professional counselor, court program specialist and credentialed distance counselor. She is licensed in Illinois and presently resides in Florida. Joni is also a college instructor in the Sociology Department where she teaches legal issues and numerous other mental health and criminal justice classes. She recently was nominated and presented with the award for "Teachers Who Make a Difference" due to her engaging style of teaching.

Joni is the owner/founder of COPE Counseling Services, LLC. These centers specialize in family treatment for both adults and children and court-ordered programming for people within the court system. Joni is also certified in domestic violence facilitation, sex offender training, distance counseling and selective creative therapies that enhance client awareness.

Joni has many years of experience working in law enforcement as a probation officer and chief of probation where she was directly responsible for training the staff on ethics and legal issues, suicide awareness, and other work-related topics. She has experience supervising a mental health staff and experience as a prison therapist where she trained the officers and mental health staff on legal issues, ethics, and other relative topics. She has given numerous trainings and lectures for agencies, hospitals and universities on ethics, legal issues, mental health and suicide prevention.

#### Speaker Disclosures:

Financial: Joni Gilbertson is owner of COPE Counseling Services. She receives a speaking honorarium from PESI, Inc. Non-financial: Joni Gilbertson has no relevant non-financial relationship to disclose.

#### Live Webcast Details and Live Webcast Continuing Education Credit Information

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Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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#### Legal and Ethical Issues for Mental Health Clinicians Best Practices for Avoiding Litigation, Complaints and Malpractice

#### By Susan Lewis, Ph.D., J.D.

Psychologist and attorney Susan J. Lewis, PhD, JD, brings her 25 years of clinical practice and legal expertise directly to you - with practical guidance, strategies, solutions and up-to-date information to help keep you out of court and jail. Dr. Lewis uses easy-to-understand language to step you through the legalese, highlighted by 30 engaging case examples to illustrate how you can overcome legal and ethical challenges that arise in your practice.

#### The Happiness Toolbox

56 Practices to Find Happiness, Purpose & Productivity in Love, Work and Life

By Jonah Paquette, Psy.D.

So many books, websites, apps, and podcasts claim they contain the secrets to finding happiness. But rarely are they backed by research or real tools - instead just anecdotal fairy tales that work for a select few.

The Happiness Toolbox is here to help, by providing you with science-backed exercises to change your life. An interactive journaling format helps you learn how to choose happiness by adding simple habits into your daily life - putting you in a long-lasting and fulfilling state of mind.

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If your profession is not listed, please contact your licensing board to determine your continuing education equirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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VIRGINIA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national o state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation

WEST VIRGINIA COUNSELORS: An application has been submitted to the West Virginia Board of Examiners in Counseling.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards.

A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation PSYCHOLOGISTS: PESI, Inc. is approved by the American

Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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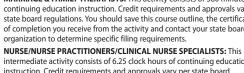
6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

WEST VIRGINIA SOCIAL WORKERS: The West Virginia Board of Social Work Examiners can only approve programs held in the state of West Virginia. This course does not qualify for West Virginia social work credits. You will still receive a certificate of completion at the end of the seminar to retain for your records

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