

— 2-DAY CERTIFICATE COURSE —

# ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment

Attend this 2-day certificate course in Animal-Assisted Therapy (AAT) and learn a practical framework that facilitates incorporating evidence-based AAT into your current treatment methodology. You will receive specific, practical examples of how to implement AAT to greatly improve treatment outcomes for children, adolescents, adults, and geriatric client outcomes in a surprisingly broad range of areas, including:

- Reduce stress and anxiety and lower blood pressure
- Lessen symptoms of depression and loneliness
- Enhance mindfulness and attachment
- Lessen the effects of trauma and PTSD
- Improve human-to-human social functioning
- Help people suffering from agoraphobia
- Improve sensory recognition in people recovering from a stroke
- Help individuals with learning disabilities and speech and language deficits
- Improve Activities of Daily Living (ADLs)
- Assist addicts to remain clean and sober
- Increase feelings of acceptance and belonging
- And more!

You will receive resources to help you immediately implement your own AAT program, including how to select a therapy animal, tools to assess for the animal's temperament, limitations and stress levels, and how to include AAT on a treatment plan and document it in the progress notes. Learn the latest research outcomes, solid neuroscience about the human-animal emotional bond and information about relevant laws.

AAT improves treatment outcomes in a wide variety of fields, including mental health, speech and language pathology, occupational therapy, physical therapy, education and medical.

*"It was a well-spent day filled with truly useful activities! I highly recommend this seminar to any healthcare professional."*

—MS, CCC-SLP



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*

## Conference Target Audience:

Social Workers • Counselors • Psychologists • Occupational Therapists • Physical Therapists  
Speech-Language Pathologists • Educators • School-Based Personnel • Activity Directors  
Addiction Professionals • Marriage & Family Therapists • Nurses • Nursing Home Administrators

## Objectives

- 1 Utilize the KADRA Model to incorporate animals in your current treatment to improve clinical outcomes.
- 2 Summarize the role of animals in enhancing mindfulness in humans to help reduce symptomology.
- 3 Explain the difference between a therapy animal and a service animal as it relates to clinical treatment.
- 4 Describe the difference between the roles of the animal handler and the treatment provider in a therapeutic setting.
- 5 Summarize the research related to clinical outcomes of Animal-Assisted Therapy as it relates to assessment and treatment planning.
- 6 Implement Animal-Assisted Therapy (AAT) interventions to reduce symptoms of trauma, stress, anxiety and depression in clients.
- 7 Develop AAT interventions to treat deficits and disabilities related to speech-language pathology, occupational therapy and physical therapy.
- 8 Construct a comprehensive treatment plan that incorporates AAT interventions to improve clinical outcomes.
- 9 Differentiate between the major federal laws that impact AAT to inform clinical treatment.
- 10 Articulate the definition of Animal-Assisted Therapy and how it differs from other animal-assisted interventions.
- 11 Implement three different types of AAT that are included in the KADRA Model.
- 12 Present specific attributes and characteristics to identify when choosing a suitable therapy animal for AAT.

## Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on November 13 & 14, 2018, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$39.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/65526](http://www.pesi.com/webcast/65526)

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TUES & WED  
November 13 & 14, 2018

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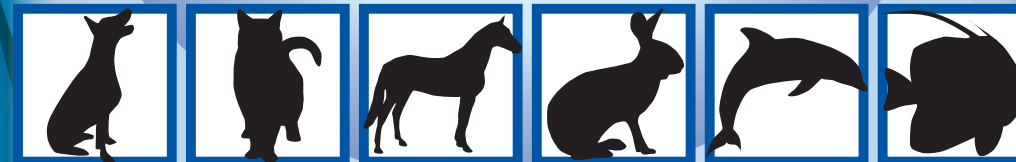
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# ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment



**Fairfax, VA**  
Tuesday & Wednesday  
November 13 & 14, 2018

**Live Video Webcast**  
Tuesday & Wednesday  
November 13 & 14, 2018

**Columbia, MD**  
Thursday & Friday  
November 15 & 16, 2018

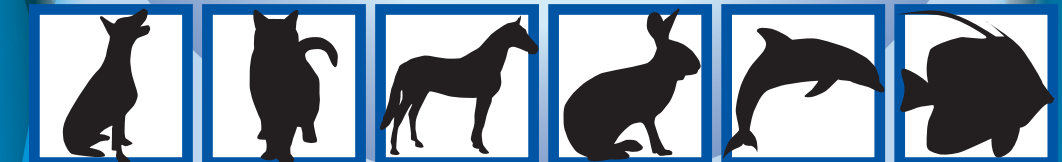


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— 2-DAY CERTIFICATE COURSE —

# ANIMAL-ASSISTED THERAPY

A Practical Model to Incorporate Animals in Your Current Treatment



**Harness the Power of the Human-Animal Bond for Treatment of:**

- Anxiety, depression and other mental health disorders
- Trauma and attachment issues
- Autism Spectrum Disorder and Sensory Processing Disorder
- ADHD and learning disabilities
- Fine and gross motor skills deficits
- Language and literacy concerns
- Stroke and other geriatric issues
- Activities of Daily Living (ADLs)
- And more!

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Tuesday & Wednesday  
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★ **Satisfaction 100% Guaranteed** ★



Outline

A Framework to Harness the Power of the Human-Animal Bond in Treatment

The KADRA Model of Animal-Assisted Interventions  
Incorporate AAT with other evidence-based therapies  
The major categories of AAT

Mindfulness of Animals - Help Humans Thrive Not Just Survive

The neuroscience of the human-animal emotional bond  
Why zebras don't get ulcers  
How animals help us overcome trauma

The Incredible Range of Therapeutic Benefits in Animal-Assisted Therapy (AAT)

Evidence-based research and outcomes  
Therapy animals, service animals and emotional support animals  
Disorders that respond well to AAT  
Enhance the therapeutic relationship  
Limitations and potentials risks

*"The relationship between a therapy animal and a patient extends far deeper than simple companionship; there are physical, emotional, and mental benefits to this type of treatment."*  
—Jackie Pavelski, NHA

**Seminar on CD or DVD Package:**  
You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

**Hassle-Free Cancellation Policy:**  
If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

**Have a seminar idea? A manuscript to publish?**  
The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Cyndi Postlewaite at [cpostlewaite@pesi.com](mailto:cpostlewaite@pesi.com) or call 715-855-5253.

PRACTICAL APPLICATION OF THE KADRA MODEL

**Treatment Planning and Goals**  
How to include AAT on a treatment plan  
How to document AAT in progress notes  
What you need to know about billing  
Considerations for closure  
Interaction techniques for client and animal

Practical Examples/Case Studies of AAT for:

**Mental, Emotional and Behavioral Disorders**  
Trauma and PTSD  
Anxiety and depression  
Attachment  
Conduct Disorders  
Autistic Spectrum Disorder  
ADHD  
Social-emotional regulation  
Loneliness and self-esteem

Speech-Language and Learning Disabilities

Dyslexia  
Language and literacy  
Vocabulary improvement  
Increase verbal interactions and communication

Physical and Occupational Issues

Fine and gross motor skills  
Standing balance  
Stroke and geriatric issues  
Sensory processing  
Activities of Daily Living (ADLs)

Start Your Own Animal-Assisted Program

How to choose your therapy animal:  
Qualifications and characteristics  
Common and less common animal species involved in treatment  
Dog training basics  
Protocol for introducing animal and client  
Organizations and resources

The Legal Landscape

Major federal laws that impact animal-assisted interventions  
Client rights and when not to involve an animal  
Informed consent

**Live Seminar Schedule (Both Days)**  
*(Times listed in Eastern)*

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch *(on your own)*  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

**Questions?**  
Call customer service at  
**800-844-8260**



**Meet Your Speaker**  
**Jonathan Jordan, MSW, LCSW, ACSW,** is a renowned licensed psychotherapist and clinical supervisor who has a love for both animals and neuroscience. For decades, he has combined these two loves by incorporating animal-assisted interventions into his brain-based professional practice. Over the years Jonathan has trained several of his own dogs to be successful therapy animals. Not only does he integrate his therapy dogs into his own practice, Jonathan also works closely with a variety of other medical and mental health professionals to engage his therapy animals in their respective treatment modalities. He has co-developed a unique and evidence-based approach to animal-assisted intervention, the KADRA Model, which engages animals to enhance mindfulness in humans. Jonathan is a long-time member of the prestigious Society for Neuroscience and is a charter member of the Society for Social Neuroscience. Thus, he has extensive knowledge of both human and animal neuroscience research.

Jonathan is an international speaker and author on the topic of animal-assisted interventions motivating others to harness the power of the human-animal bond. He has trained thousands of professionals in his unique synthesis of East-West brain-based practices and AAT. Jonathan is currently writing a book about animal-assisted interventions that explains the incredible range of therapeutic benefits that come from the human-animal emotional bond. He serves as a faculty fellow of Florida State University and was engaged by the United States Senate to deliver brain-based professional development workshops to the entire Senate Staff on Capitol Hill in Washington, DC.

**Speaker Disclosures:**  
Financial: Jonathan Jordan is the President and part owner of Global Change Management, Inc. He is a financial donor to Pet Partners; and Canine Companions for Independence. Mr. Jordan receives a speaking honorarium from PESI, Inc.  
Non-financial: Jonathan Jordan is a member of the National Association of Social Workers; Society for Neuroscience; and Society for Social Neuroscience.

Live Conference Continuing Education Information

**Credits listed below are for full attendance at the live event only.** Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend both full days. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocity approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [ce@pesi.com](mailto:ce@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professional standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**COUNSELORS:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**DISTRICT OF COLUMBIA COUNSELORS:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**MARYLAND COUNSELORS:** This intermediate activity is approved for 12.5 clock hours of continuing education instruction. The Maryland Board of Professional Counselors recognizes courses and providers that are approved by the NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

**VIRGINIA COUNSELORS:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 12.5 clock hours in length.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** This activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements.

**NURSING HOME ADMINISTRATORS:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 12.5 clock hours and 12.5 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 12.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**MARYLAND PHYSICAL THERAPISTS AND PHYSICAL THERAPIST ASSISTANTS:** This course has been submitted to the Maryland Board of Physical Therapy Examiners for review.

**VIRGINIA PHYSICAL THERAPISTS AND PHYSICAL THERAPIST ASSISTANTS:** This course has been submitted to the Virginia Physical Therapy Association. Credit is pending.

**PSYCHOLOGISTS:** This live activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements. American Psychological Association credits are not available.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for 12.5 ASHA CEUs (Intermediate level, Professional area).

\*\* Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts Section of the webcast.

**SOCIAL WORKERS:** PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB). [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 12.5 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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More info and resources at [www.pesi.com/bookstore](http://www.pesi.com/bookstore)

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