Meet Your Speaker

oe Kort, Ph.D., LMSW, is a board-certified sexologist and the founder of The Center for ✓ Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr.



Kort is a blogger for the Huffington Post and Psychology Today on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and "sexual addiction". Dr. Kort is the author of several books, including LGBTQ Clients in Therapy, Gay Affirmative Therapy for the Straight Clinician, 10 Smart Things Gay Men Can Do To Improve Their Lives, 10 Smart Things Gay Men Can Do To Find Real Love, and Is My Husband Gay, Straight or Bisexual.

Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc. Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

"This was a wonderful, informative workshop. Presenter's delivery was great, open and created comfortable environment."

Nancy – Social Worker

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This

intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board

regulations. Please contact your licensing board to determine if they accept

programs or providers approved by other national or state licensing boards

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participants who are in full attendance and who complete the program

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for

Education (ACE) Program. PESI, Inc. maintains resp

following type and number of credit(s): Clinical 6.25.

credits will be offered for partial attendance.

psychologists, PESI maintains responsibility for this program and

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education credit. Full attendance is required; no partial credits will be offered

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of

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Social Work Boards (ASWB), www.aswb.org through the Approved Continuing

ASWB Approval Period: January 27, 2017 - January 27, 2020, Social workers

receive 6.25 (Clinical) continuing education clock hours for this Intermediate

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NEW JERSEY SOCIAL WORKERS: This course is approved by the Association

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Course #829 from 06/30/2018 to 06/30/2018. Social workers will receive the

ASWB NJ Continuing Education Course Approval Program for the New Jersey

PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional

content as required by many national, state and local licensing boards

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should contact their regulatory board to determine course approval for

Live Seminar Continuing Education Information

for partial attendance

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arriv late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit wi be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

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authorized practice of mental health professionals. As a licensed professional, you are responsible fo eviewing the scope of practice, including activities that are defined in law as beyond the boundaries of

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the counseling services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programm Full attendance is required; no partial credit will be awarded for partial attendance.

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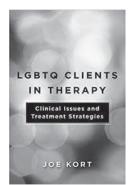
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LGBTQ Clients in Therapy

Clinical Issues and Treatment Strategies

By Joe Kort, Ph.D., LMSW YOUR SPEAKER

All the answers clinicians need to work effectively with LGBTQ clients.

A therapist who treats LGBTQ clients often must be more than "gay friendly." Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.

*Publishing February 2018 – pre-order now to quarantee your copy! If in-stock before the seminar, we will ship it to the seminar, if not we will ship it to your address free of charae.

Sex Made Simple:

Clinical Strategies for Sexual Issues in Therapy

By Barry McCarthy, Ph.D., ABPP

A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.

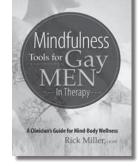


Mindfulness Tools for Gay Men In Therapy:

A Clinician's Guide for Mind-Body Wellness

By Rick Miller, LICSW

Mindfulness Tools for Gay Men in Therapy is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.

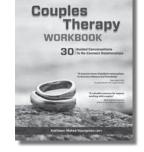


Couples Therapy Workbook:

30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.



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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients:

Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: $\|\bigcup\bigcup\bigcupddalget\|igcape$ Clinical Issues and Treatment Strategies

re you making the biggest mistake treating your LGBTQ clients? Are you pushing them to "come out"? And if you are...you could be traumatizing

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn't know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this rapidly changing population to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, "a couple is a couple" and treating LGBTQ couples the same as their heterosexual counterparts.

Don't be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

Don't miss this valuable opportunity to learn from a leading expert in the field!

"Brilliant presenter, could have kept listening for days!"

Tamara – Counselor

"Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!"

Sue – Social Worker

"I feel that I gained a lot of good info for my clients"

Angie – Counselor

"Best program I have been to!" Christina – Psychologist

Do No Harm: Make Your LGBTQ **Client Feel Safe & Respected** in Therapy

Red-flag words: Offensive words you might use (without you knowing!)

Intake session: questions about developing identity

Strategies to establish rapport and comfort Tips for discussing sex and sexuality

Talk About Sex!

Don't miss out on key info by ignoring the sex talk

Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions

Varieties of sexuality

Protect the client from your own biases and assumptions

Coming Out

Stigma and its impact on mental health from childhood to adulthood

6 distinct stages with interventions Navigate the 3 phases of coming out to avoid isolation and alienation

Fear, shame and rejection unique to this population

Relationship concerns: family, friends, school or workplace Finding a sense of belonging in

LGBTQ community

Harmful and dangerous effects of conversion therapy

Objectives

- 1. Assess gay, lesbian, bisexual, transgender and questioning clients for psychological trauma to assist in informing treatments interventions.
- 2. Establish and understand the six distinct stages of the coming out process to provide optimal amount of support to the client.
- 3. Distinguish between mental health disorders that mimic the effects of the trauma from growing up LGBTQ.
- 4. Utilize specific clinical interventions and assessment tools to more effectively treat LGBTQ clients.
- 5. Employ adaptable clinical interventions to work more effectively with LGBTQ clients from different generations.
- 6. Consider the dynamics of same gendered couple, including vulnerabilities and strengths, when working with LGB couples in session.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) reterans and active duty military personnel. Advance registration by phone required.

LGBTO Adolescence

Coming out issues

It gets better but not before coming out Bullying and other safety issues contributing to PTSD

Harm reduction adult dating apps such as Grindr, Scruff, etc.

Risk assessment for substance abuse Assess for suicidality Finding support

Gav Male

Develop a treatment plan and goals for unique challenges growing up gay male

Accurate assessment of alcohol use with this high risk population

HIV & STI prevention strategies and risk and harm reduction

Generational differences informing different treatment plans

Internalized homophobia

Learn specific sexual terminology to avoid alienating your client

Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian Specific terminology that is helpful and

damaging in this population Sex and sexuality: what to know, what to ask

Strategies to manage gender dynamics Internalized homophobia manifests in development

Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships

Internalized biphobia and bisexual development from childhood into adulthood

Compare and contrast male and female bisexuality

Transgender

Overcome the knowledge barrier Avoid using outdated treatment plans

Learn and differentiate correct terms such as gender queer, gender fluid and cisgender

Strategies to help your client tell their partner, families, friends and employers

Tips to discuss hormone treatments and surgical procedures

Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path

Differentiate between sexual fluidity from bisexuality, gay and lesbian identities

Differentiate between sexual identity, sexual behavior and sexual fantasies

Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths

Coming out discrepancy causing turbulence for couples

Recognize and identify how internalized homophobia creates conflicts

Sexual issues and strategies on compatibility, incompatibility, frequency

Specific stages of coming out as a mixed orientation couple

Specialized treatment programs for the straight spouses

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

4:00 Program ends

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and satisfaction

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Helping LGBTQ spouse integrate their identity into their mixed orientation relationships

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